

9. Kerpener OBI-Stadtlauf am 5. April 2010

Lauf über 10 km

Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg AK	Platz	Runden
1	301	Haferkamp Lars	LG ASV DSHS Köln	0:32:04 0:32:05	1979M30	1	08:05 08:05 08:06 07:47
2	355	Austin-Kerl Jürgen	LG Göttingen	0:32:13 0:32:13	1970M40	1	08:04 08:04 08:08 07:55
3	358	Giesen Boris	PSV Grün-Weiss-Kassel	0:33:07 0:33:09	1977M30	2	08:13 08:22 08:23 08:08
4	385	von Kuk Carsten	LG ASV DSHS Köln	0:33:43 0:33:44	1967M40	2	08:15 08:29 08:43 08:14
5	380	Emmerich Roland	LG ASV DSHS Köln	0:33:44 0:33:44	1971M35	1	08:18 08:30 08:39 08:14
6	302	Lieberz Martin	Mysporty Team	0:34:14 0:34:15	1977M30	3	08:18 08:37 08:46 08:30
7	183	Schneider Norbert	Tus Mechernich 1897	0:34:34 0:34:35	1968M40	3	08:22 08:43 08:47 08:41
8	367	Schneider Torsten	LAZ Puma	0:34:39 0:34:40	1972M35	2	08:17 08:42 08:57 08:42
9	290	Meurer Sebastian	LC Euskirchen	0:35:16 0:35:16	1986M20	1	08:16 09:02 09:07 08:50
10	99	Salvatore Di Dio	LKD Düsseldorf	0:35:19 0:35:20	1972M35	3	08:18 08:49 09:17 08:53
11	377	Martin Marcel	Running Team Bad Ems	0:35:39 0:35:40	1987M20	2	08:31 09:12 09:09 08:45
12	23	Schmitz Markus	bronny.de Running Team	0:35:57 0:35:59	1973M35	4	08:48 09:04 09:07 08:56
13	228	Lakämper Henner		0:36:17 0:36:19	1985M20	3	08:43 09:13 09:17 09:03
14	17	Teicher Ralf	AXA	0:36:30 0:36:32	1969M40	4	08:52 09:13 09:25 08:59
15	38	Kirch André	Dürener TV 1847	0:36:34 0:36:36	1968M40	5	08:53 09:15 09:21 09:03
16	95	Schneider Thomas	LG RWE Power	0:36:37 0:36:39	1969M40	6	08:57 09:18 09:20 09:00
17	65	Körbs Joe	Laufen im Rheinland	0:36:42 0:36:43	1968M40	7	08:58 09:18 09:28 08:57
18	139	Frehe Timo	RTC Frechen 80	0:36:47 0:36:49	1980M30	4	09:02 09:15 09:19 09:10
19	396	Malhofer Thorsten	SG Neukirchen-Hülchrath	0:36:49 0:36:51	1977M30	5	08:52 09:16 09:26 09:13
20	266	Willuweit Tobias		0:36:50 0:36:53	1978M30	6	08:53 09:23 09:26 09:07
21	73	Trauβnig Gottfried	LC Euskirchen	0:37:28 0:37:30	1965M45	1	08:59 09:17 09:47 09:23
22	371	Klug Oliver	LG Donatus Ertstadt	0:37:32 0:37:35	1971M35	5	09:13 09:30 09:37 09:10
23	90	Bippus Jürgen	LG RWE Power	0:38:07 0:38:09	1959M50	1	09:11 09:35 09:42 09:38
24	68	Engelhardt Kai	Laufmonster	0:38:11 0:38:13	1967M40	8	09:09 09:40 09:47 09:34
25	33	Wagner Helmut	Brühler TV 1879	0:38:15 0:38:18	1965M45	2	09:12 09:40 09:52 09:29
26	70	Seiferth Kay-Uwe	Laufmonster	0:38:19 0:38:19	1966M40	9	09:17 09:40 09:51 09:30
27	379	Klein Dieter	DJK Löwe Hambach	0:38:29 0:38:31	1970M40	10	09:17 09:43 09:52 09:34
28	407	Tolksdorf Frank	bonnerbenefizlauf.de	0:38:40 0:38:44	1967M40	11	09:33 09:48 09:50 09:28
29	42	Davidi Hartmut	FC Keldenich	0:38:41 0:38:44	1954M55	1	09:36 09:47 09:49 09:27
30	395	Kräker Thorsten	*Köln	0:38:44 0:38:48	1969M40	12	09:29 09:49 09:52 09:31
31	410	Sommershof Joachim	PSV Bonn	0:38:48 0:38:51	1963M45	3	09:15 09:40 10:01 09:51
32	351	Berg Guido	VFB Erfstadt Triathlon	0:39:01 0:39:05	1970M40	13	09:28 09:54 10:01 09:35
33	72	Schöller Robert	LC Euskirchen	0:39:06 0:39:09	1970M40	14	09:26 09:53 09:53 09:52
34	286	Tröger Sven	VSK Orberholz	0:39:07 0:39:12	1993MJB	1	09:12 09:54 10:14 09:46
35	182	Bank Dirk	TUS	0:39:18 0:39:20	1968M40	15	09:16 09:56 10:18 09:47
36	21	Ruhnke Robert	Bewegungsfelder	0:39:23 0:39:26	1958M50	2	09:15 10:06 10:10 09:50
37	144	Rademacher Oliver	RTC Frechen 80	0:39:31 0:39:34	1967M40	16	10:02 10:02 10:03 09:23
38	308	Judel Dr. Bernd	SG Neukirchen -	0:39:35 0:39:40	1950M60	1	09:59 09:53 09:56 09:45
39	177	Nölp Hans-Georg	SV Kelz	0:39:39 0:39:44	1961M45	4	09:41 10:05 10:07 09:45
40	258	Vaaßen Peter		0:39:41 0:39:49	1965M45	5	09:58 09:59 10:03 09:39
41	43	Hensch Wolfgang	FC Keldenich	0:39:43 0:39:46	1966M40	17	09:35 09:51 10:20 09:55
42	26	Messner Michael	Brühler TV 1879	0:39:48 0:39:51	1962M45	6	09:38 10:06 10:12 09:50
43	314	Küpper Jörg	Sportpuls	0:39:50 0:39:55	1974M35	6	09:35 10:09 10:19 09:46
44	201	Petschellies Harald	www.der-fahrradmister.de	0:40:09 0:40:13	1974M35	7	09:12 09:40 10:56 10:19
45	35	Räbiger Roland	DJK Löwe Hambach	0:40:24 0:40:29	1971M35	8	09:49 10:12 10:23 09:59
46	409	Grande Thomas	Alfterer SC	0:40:26 0:40:33	1964M45	7	09:47 10:09 10:22 10:07
47	252	Schröder Heinz		0:40:35 0:40:37	1967M40	18	09:35 10:06 10:28 10:24
48	368	Winkelmann Sven	LG Donatus Ertstadt	0:40:36 0:40:41	1972M35	9	10:13 10:34 10:12 09:35
49	267	Wolsiffer Frank		0:40:39 0:40:44	1965M45	8	09:48 10:13 10:24 10:13
50	390	Lohse Maik	Run_ by Runners Point	0:40:43 0:40:46	1982M20	4	09:32 10:14 10:28 10:28
51	196	Haentjes Peter	VT 1859 Kempen	0:40:44 0:40:48	1957M50	3	09:55 10:14 10:25 10:08

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	Bruttozeit	Jahrg AK	Platz	Runden
52	216	Heinze Michael		0:40:44	0:40:48	1964M45	9	09:45 10:17 10:33 10:07
53	298	Choukri Abderrahim	Bad Honnef	0:40:45	0:40:47	1972M35	10	09:47 10:17 10:33 10:06
54	100	Jenniges Heinz Peter	LT Jugend 07 Bergheim	0:40:53	0:40:59	1965M45	10	09:59 10:14 10:30 10:09
55	140	Gusinde Frank	RTC Frechen 80	0:40:54	0:40:57	1977M30	7	09:47 10:27 10:28 10:09
56	374	Nolte Jörn	Brühler TV	0:40:55	0:40:59	1965M45	11	10:00 10:20 10:26 10:07
57	24	Abts Lucas	Brühler TV 1879	0:40:57	0:41:03	1989M20	5	10:03 10:26 10:28 09:59
58	401	Wasel Josef	LG RWE Power	0:40:59	0:41:03	1960M50	4	09:49 10:22 10:33 10:13
59	162	Süßmann Jörg	Running TV Bedburg	0:41:02	0:41:02	1965M45	12	10:05 10:14 10:29 10:12
60	320	Mörsch Willi	Brühler TV 1879	0:41:03	0:41:08	1959M50	5	09:36 10:21 10:53 10:12
61	131	Rindelaub Oliver	Rhein-Erft-Akademie	0:41:07	0:41:18	1961M45	13	10:17 10:25 10:23 10:00
62	359	Carbach Frank	Laufmonster	0:41:18	0:41:19	1970M40	19	10:02 10:25 10:37 10:12
63	197	Brillen Christian	VT Kempen	0:41:19	0:41:24	1962M45	14	09:59 10:26 10:38 10:15
64	31	Schieffer Andre	Brühler TV 1879	0:41:21	0:41:24	1980M30	8	08:53 09:24 10:55 12:08
65	240	Raschke Andreas		0:41:26	0:41:33	1986M20	6	09:50 10:43 10:47 10:04
66	250	Schiffer Kai		0:41:39	0:41:47	1987M20	7	10:39 10:32 10:27 10:01
67	54	Oelze Heiko	kein Verein	0:41:41	0:41:52	1958M50	6	10:23 10:24 10:30 10:23
68	106	RAUTENBERG STEFAN	medi vital	0:41:43	0:41:50	1967M40	20	10:11 10:37 10:42 10:12
69	175	Wildförster Heinz-Dieter	SSK Kerpen	0:42:02	0:42:05	1962M45	15	09:48 10:36 10:56 10:41
70	364	Püschmann Steffen	*Rösrath	0:42:03	0:42:13	1958M50	7	10:18 10:30 10:45 10:28
71	32	Staschik Lothar	Brühler TV 1879	0:42:11	0:42:17	1960M50	8	10:13 10:39 10:47 10:31
72	145	Schnitzler Ralf	RTC Frechen 80 e.V.	0:42:21	0:42:27	1961M45	16	10:14 10:38 10:43 10:44
73	297	Bahr Frank	TVA Arnsberg	0:42:26	0:42:38	1963M45	17	10:10 10:35 11:02 10:38
74	391	Görner Christoph	Run_ by Runnerspoint	0:42:27	0:42:31	1982M20	8	10:04 10:45 10:54 10:43
75	389	Reitz Friedhelm	FC Keldenich	0:42:32	0:42:34	1967M40	21	09:52 10:55 10:54 10:49
76	25	Erstfeld Sven	Brühler TV 1879	0:42:32	0:42:39	1975M35	11	10:21 10:45 10:51 10:35
77	154	Hecker Wolfgang	Running TV Bedburg	0:42:35	0:42:41	1965M45	18	10:17 10:49 10:56 10:31
78	245	Salmon Heiko		0:42:44	0:42:50	1966M40	22	10:21 10:46 10:52 10:45
79	248	Schaffgans Franz		0:42:48	0:42:54	1963M45	19	10:26 10:49 11:09 10:22
80	105	Blöcker Thomas	Meckenheim	0:42:52	0:42:55	1962M45	20	10:15 10:40 10:58 10:58
81	218	Heller Dennis		0:42:52	0:42:59	1991MJA	1	09:53 10:50 11:13 10:54
82	47	Klinkenberg Friedrich	Germania 07 Dürwiß	0:42:52	0:42:57	1945M65	1	10:41 10:57 10:54 10:18
83	141	Koopmann Oliver	RTC Frechen 80	0:42:54	0:43:02	1980M30	9	10:26 10:46 11:00 10:41
84	126	Mielczarek Norbert	Rhein-Erft-Akademie	0:42:58	0:43:03	1955M55	2	10:24 10:56 11:05 10:32
85	362	Wankerl Peter	Team Laufcampus	0:43:03	0:43:08	1972M35	12	10:26 10:50 11:10 10:35
86	274	Simons Klaus	Team-Erdinger-Alkoholfrei	0:43:20	0:43:30	1960M50	9	10:56 11:06 11:02 10:15
87	303	Hielscher Ralf	*Frechen	0:43:21	0:43:25	1969M40	23	10:24 10:48 11:12 10:55
88	199	Nerger Andreas	Weinor	0:43:22	0:43:26	1964M45	21	10:34 10:55 11:06 10:45
89	120	Janko Hans-Jörg	Rhein-Erft-Akademie	0:43:24	0:43:28	1966M40	24	10:35 10:59 11:22 10:26
90	48	Lietz Jan	Gesamtschule Bergheim	0:43:34	0:43:36	1996MJB	2	10:28 11:10 11:21 10:33
91	80	Bretz Heinz	LG Donatus Erftstadt	0:43:35	0:43:40	1955M55	3	10:35 10:58 11:06 10:54
92	69	Fink Daniel	Laufmonster	0:43:38	0:43:44	1979M30	10	10:53 11:04 10:57 10:43
93	412	Baas Karl-Heinz	FSB Erftland-Ville e.V.	0:43:38	0:43:45	1969M40	25	10:53 11:04 11:03 10:37
94	219	Hochkirchen Frank		0:43:41	0:43:53	1967M40	26	10:39 11:08 11:13 10:40
95	398	Pretorius Dirk	LG Donatus Erftstadt	0:43:51	0:44:05	1969M40	27	11:00 11:11 11:14 10:25
96	369	Kaumanns Friedrich	Spvgg.	0:43:54	0:43:59	1961M45	22	10:50 11:06 11:12 10:45
97	67	Claaßen Manfred	Laufmonster	0:43:54	0:44:02	1940M70	1	10:57 11:05 11:03 10:48
98	110	Thelen Guido	Pulheimer SC	0:43:59	0:44:05	1969M40	28	10:54 11:02 10:58 11:04
99	372	Schödder Günter	Team Laufcampus	0:44:03	0:44:11	1963M45	23	10:56 11:09 11:12 10:45
100	111	Spölggen Joachim	Rhein-Erft Akademie	0:44:06	0:44:10	1954M55	4	10:33 11:11 11:26 10:54
101	411	Desprez Pierre	Bachemer Wahnsinn	0:44:07	0:44:20	1954M55	5	10:47 11:06 11:19 10:55
102	383	Kamp Udo	LG DUV	0:44:10	0:44:18	1962M45	24	10:54 11:06 11:11 10:57

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Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg AK	Platz	Runden
103	234	Meier Detlef		0:44:11 0:44:27	1953M55	6	10:46 11:06 11:17 11:00
104	74	Dreesbach Dirk	LC Weilerswist	0:44:17 0:44:29	1968M40	29	11:02 11:17 11:20 10:36
105	123	Lemke Robert	Rhein-Erft-Akademie	0:44:26 0:44:32	1967M40	30	10:36 11:10 11:27 11:12
106	235	Molitor Peter		0:44:26 0:44:33	1970M40	31	10:38 11:11 11:24 11:11
107	224	König Daniel		0:44:34 0:44:56	1979M30	11	11:36 11:08 11:09 10:39
108	34	Dahmen Heinrich	BSG Erftverband	0:44:49 0:44:52	1956M50	10	10:22 11:40 11:42 11:04
109	307	Troé Michael	SWO	0:44:50 0:45:12	1970M40	32	11:08 10:56 11:32 11:13
110	271	Schultheiß Volker	Team-Erdinger-Alkoholfrei	0:45:11 0:45:19	1956M50	11	10:41 11:19 11:42 11:28
111	404	Pütz Wolfgang	KFW Bankengruppe	0:45:15 0:45:20	1956M50	12	10:59 11:26 11:32 11:16
112	292	Oenings Walter	LN Nütterden	0:45:20 0:45:24	1953M55	7	11:01 11:31 11:44 11:02
113	239	Peters Joachim		0:45:20 0:45:32	1974M35	13	11:03 11:23 11:28 11:25
114	365	Rodekirchen Achim	Rhein Erft Akademie	0:45:32 0:45:51	1961M45	25	11:25 11:32 11:27 11:06
115	134	Siebert Peter	Rhein-Erft-Akademie	0:45:36 0:45:41	1954M55	8	11:26 11:27 11:38 11:04
116	82	Grell Ludwig	LG Donatus Erftstadt	0:45:37 0:45:42	1950M60	2	10:58 11:32 11:44 11:21
117	238	Peters K.G.		0:45:45 0:45:57	1956M50	13	11:02 11:25 11:58 11:18
118	180	Heinrichs Alex	Trialex	0:45:45 0:45:53	1966M40	33	11:18 11:43 11:43 11:00
119	166	Dittrich Winfried	SCB Horrem	0:45:58 0:46:20	1960M50	14	11:25 11:46 11:46 10:59
120	259	van Zwieten Cornelis		0:45:59 0:46:04	1950M60	3	11:05 11:31 12:01 11:22
121	205	Dinter Martin		0:46:00 0:46:09	1967M40	34	11:20 11:38 11:42 11:18
122	413	Werth Dr. Peter	TV Bedburg	0:46:09 0:46:25	1943M65	2	11:46 11:43 11:37 11:02
123	147	Wahnfried Uwe	Running TV Beburg	0:46:13 0:46:23	1961M45	26	11:16 11:50 12:01 11:05
124	406	Hansonis Guido	Tradition Burbach	0:46:18 0:46:33	1974M35	14	11:22 11:40 11:43 11:32
125	237	Peitsch Volker		0:46:20 0:46:30	1964M45	27	11:08 11:47 11:58 11:26
126	178	Sillmanns Manuel	Team Luftwaffe	0:46:23 0:46:31	1979M30	12	10:39 11:35 12:11 11:58
126	361	Erken Claus	Rhein-Erft-Akademie	0:46:23 0:46:38	1965M45	28	11:14 11:27 11:53 11:47
128	6	Aretz Manfred	Alfterer SC	0:46:26 0:46:34	1947M60	4	11:36 11:42 11:45 11:22
129	316	Nissing Thomas	Niers Runners	0:46:27 0:46:36	1966M40	35	11:23 11:45 11:53 11:24
130	255	Spengler Stefan		0:46:30 0:46:42	1962M45	29	11:44 11:51 11:46 11:07
131	93	Lambertz Herm.-Josef	LG RWE Power	0:46:33 0:46:42	1957M50	15	11:14 11:40 11:53 11:44
132	315	Winkler Gotthard	RTC Frechen 80	0:46:36 0:46:47	1944M65	3	11:25 11:47 11:54 11:29
133	392	Krause Jürgen	Team Dolorgiert	0:46:38 0:46:47	1957M50	16	11:26 11:42 11:52 11:36
134	92	Königs Manfred	LG RWE Power	0:46:42 0:46:52	1961M45	30	11:08 11:38 12:00 11:54
135	226	Krausen Michael		0:46:50 0:47:13	1978M30	13	11:37 11:28 11:58 11:45
136	78	Vidal Luis	LG ASV DSHS Köln	0:46:57 0:47:05	1998MJB	3	10:26 11:24 12:46 12:20
137	405	Dietrich Karl-Heinz	Lahm Söck Frechen	0:47:06 0:47:23	1960M50	17	11:47 11:44 11:57 11:36
138	319	Wods Frank	LC Duisburg	0:47:07 0:47:20	M	0	11:38 11:50 11:58 11:40
139	352	Müller Norbert	MAS - Training	0:47:10 0:47:19	1964M45	31	12:01 12:28 11:23 11:16
140	236	Nöldgen Markus		0:47:21 0:47:31	1975M35	15	11:11 12:03 12:17 11:49
141	356	Kyrion Frank	LLG St. Augustin	0:47:33 0:47:47	1966M40	36	11:45 12:14 12:17 11:16
142	253	Schwarz Hannes		0:47:38 0:47:46	1980M30	14	11:07 12:01 12:24 12:04
143	101	Matheisen Peter	LT Jugend 07 Bergheim	0:47:49 0:48:12	1961M45	32	13:10 12:06 11:34 10:57
144	233	Mak Stefan		0:47:54 0:48:05	1967M40	37	11:05 11:53 12:32 12:22
145	244	Saerbeck Dr. Ulrich		0:48:00 0:48:20	M30	15	12:23 12:25 11:42 11:28
146	96	Steinhauer Achim	LG RWE Power	0:48:14 0:48:23	1965M45	33	11:46 12:18 12:16 11:53
147	200	Petschellies Ralf	www.der-fahrradmister.de	0:48:19 0:48:31	1972M35	16	12:11 12:14 12:18 11:35
148	275	Krüger Willi	Team-Erdinger-Alkoholfrei	0:48:21 0:48:27	1947M60	5	11:29 12:10 12:28 12:12
149	291	Geenen Dieter	*Merzenich	0:48:24 0:48:33	1961M45	34	11:48 12:26 12:21 11:47
150	56	Dinslaken Dirk	Kreissparkasse Köln	0:48:27 0:48:42	1973M35	17	11:18 11:53 12:07 13:07
151	53	Heller Peter	Impuls-Lauftreff Kerpen	0:48:32 0:48:49	1951M55	9	12:09 12:18 12:18 11:45
152	167	Weidenfeld Günter	SCB-Horrem	0:48:35 0:48:46	1956M50	18	11:55 12:25 12:30 11:44
153	269	Weber Till	Team-Erdinger-Alkoholfrei	0:48:40 0:48:56	1982M20	9	11:41 12:51 12:41 11:26

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Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	Bruttozeit	Jahrg AK	Platz	Runden
154	116	Hand Jürgen	Rhein-Erft-Akademie	0:48:44	0:48:51	1981M20	10	11:32 12:15 12:40 12:15
155	293	Kirfel Manfred	TV Huchen-Stammeln	0:48:52	0:49:00	1951M55	10	11:57 12:23 12:39 11:52
156	127	Mücke Klaus	Rhein-Erft-Akademie	0:48:56	0:49:02	1960M50	19	12:05 12:22 12:26 12:02
157	165	Meyer Wilfried	SC Kölsch Fründe	0:49:02	0:49:10	1948M60	6	11:41 12:31 12:41 12:08
158	108	Parragi Dirk	PSV Brühl Triathlon Team	0:49:04	0:49:17	1966M40	38	12:17 12:18 12:25 12:03
159	181	Giesler Matthias	TTC Brühl Vochem	0:49:06	0:49:30	1968M40	39	12:32 12:18 12:25 11:51
160	114	Engels Josef	Rhein-Erft-Akademie	0:49:08	0:49:17	1948M60	7	11:46 12:24 12:40 12:17
161	89	Bayer Stephan	LG RWE Power	0:49:14	0:49:25	1962M45	35	12:01 12:30 12:36 12:05
162	256	Steffens Guido		0:49:15	0:49:28	1976M30	16	12:21 12:32 12:25 11:56
163	294	De Raad Helmut	*Bergheim	0:49:22	0:49:33	1944M65	4	12:34 12:28 12:17 12:02
164	159	Peters Werner	Running TV Bedburg	0:49:25	0:49:42	1950M60	8	12:12 12:25 12:29 12:17
165	376	Kerp Michael	LG Eifel-Runners	0:49:36	0:49:48	1976M30	17	11:49 12:19 12:42 12:45
166	59	Ewert Stefan	Kreissparkasse Köln	0:49:44	0:50:00	1977M30	18	11:55 12:33 12:52 12:22
167	212	Grabow Daniel		0:49:44	0:50:03	1979M30	19	13:10 13:07 12:33 10:53
168	408	Övermöhle Matthias		0:50:08	0:50:23	1964M45	36	11:55 12:31 12:55 12:45
169	285	Altenbäumker Dirk	Brühler Bolzbrüder	0:50:08	0:50:15	1969M40	40	12:11 12:49 12:45 12:22
170	87	Plewnia Wilfried	LG Donatus Ertstadt	0:50:11	0:50:22	1952M55	11	12:19 12:37 12:48 12:25
171	19	Dörpinghaus Norbert	Bayer CropScience AG	0:50:12	0:50:31	1958M50	20	11:57 12:34 12:52 12:48
172	198	Kleff Simon	Waldläufer	0:50:12	0:50:30	1980M30	20	13:10 13:07 12:33 11:20
173	279	Becker Sven	*Kerpen	0:50:14	0:50:31	1986M20	11	13:30 13:12 12:31 10:59
174	81	Erken Ralf	LG Donatus Ertstadt	0:50:15	0:50:29	1964M45	37	12:03 12:40 12:59 12:31
175	232	Lüngen Arno		0:50:18	0:50:41	1969M40	41	13:05 12:52 12:27 11:52
176	204	Diehl René		0:50:19	0:50:29	1974M35	18	12:01 12:47 12:59 12:31
177	44	Elter Sven	Feuerwehr Frechen	0:50:26	0:50:32	1978M30	21	11:27 12:55 13:21 12:41
178	156	Heitz Dietmar	Running TV Bedburg	0:50:28	0:50:40	1949M60	9	11:43 12:55 13:13 12:36
179	282	Dreifert Thomas	*Kerpen	0:50:31	0:50:46	1963M45	38	11:21 13:10 13:07 12:52
180	10	Debald Volker	ASV Wesseling 1985 e.V.	0:50:35	0:50:53	1944M65	5	12:09 12:26 13:06 12:52
181	265	Wienand Dirk		0:50:48	0:51:05	1974M35	19	11:59 12:47 13:18 12:43
182	91	Büsgen Herbert	LG RWE Power	0:50:55	0:51:05	1949M60	10	12:08 12:51 13:20 12:36
183	295	Kusche Hans Joachim	Viktoria Glosch/Paffendorf	0:51:03	0:51:14	1948M60	11	12:34 12:28 13:08 12:51
184	173	Heitz Reiner	SSK Kerpen	0:51:10	0:51:21	1949M60	12	11:47 13:15 13:12 12:56
185	128	Plück Thomas	Rhein-Erft-Akademie	0:51:18	0:51:40	1974M35	20	13:17 13:27 12:27 12:06
186	185	Groß Josef	TV Altendorf-Ersdorf	0:51:19	0:51:44	1955M55	12	13:07 13:15 12:45 12:10
187	625	Castello Jose Luis	Gymnasium der Stafdt	0:51:33	0:51:54	1992MJA	2	13:04 11:57 13:29 13:02
188	85	Inden Herbert	LG Donatus Ertstadt	0:51:38	0:51:52	1954M55	13	12:37 13:03 13:12 12:44
189	138	Sellugga Rainer	Rhein-Erft-Akademie	0:51:47	0:52:09	1959M50	21	12:56 13:02 13:05 12:42
190	135	Steinbach Dieter	Rhein-Erft-Akademie	0:51:52	0:52:14	1954M55	14	12:56 12:54 13:17 12:43
191	94	Roggendorf Hans Josef	LG RWE Power	0:52:03	0:52:22	1955M55	15	12:33 12:50 13:20 13:18
192	231	Linden Werner		0:52:13	0:52:33	1968M40	42	13:22 13:20 12:58 12:32
193	386	Lauten Jürgen	Running TV Bedburg	0:52:18	0:52:36	1972M35	21	12:10 12:53 13:40 13:33
194	304	Ruschke Ulf	*Marienheide	0:52:30	0:52:48	1967M40	43	13:18 13:19 13:10 12:41
195	225	Koziol Andreas		0:52:37	0:52:57	1979M30	22	13:25 14:19 12:38 12:13
196	157	Höppner Thomas	Running Tv Bedburg	0:52:38	0:52:56	1978M30	23	13:18 13:28 13:25 12:26
197	118	Horst Heinz	Rhein-Erft-Akademie	0:52:42	0:53:04	1960M50	22	12:55 13:05 13:35 13:05
198	186	Hansen Uwe	TV Altendorf-Ersdorf	0:52:45	0:53:16	1960M50	23	13:24 13:26 13:19 12:34
199	51	Münsch Hans-Jürgen	hwsc	0:52:50	0:53:02	1953M55	16	12:42 13:28 13:35 13:03
200	264	Weyl Frank		0:52:51	0:52:58	1969M40	44	12:28 13:23 13:43 13:14
201	168	Dittmann Lars	Schocker-Club	0:53:09	0:53:21	1970M40	45	12:15 13:12 13:45 13:56
202	281	Schapeler Dirk	*Kerpen	0:53:14	0:53:27	1971M35	22	12:28 13:18 13:52 13:35
203	133	Rothkamp Ralf	Rhein-Erft-Akademie	0:53:17	0:53:27	1965M45	39	11:28 11:47 11:55 18:06
204	203	Breuer Tim		0:53:21	0:53:44	1975M35	23	12:54 13:23 13:49 13:14

9. Kerpener OBI-Stadtlauf am 5. April 2010

Lauf über 10 km

Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg AK	Platz	Runden
205	223	Kittler Torsten		0:53:25 0:53:55	1970M40	46	13:41 13:29 13:22 12:52
206	229	Lange Detlef		0:53:30 0:53:54	1966M40	47	13:43 13:26 13:28 12:51
207	214	Hahn Arne		0:53:36 0:54:01	1964M45	40	12:47 13:18 13:48 13:42
208	254	Emmerich Jürgen		0:53:50 0:54:11	1952M55	17	13:22 13:30 13:28 13:28
209	137	Wittig Axel	Rhein-Erft-Akademie	0:53:50 0:54:13	1957M50	24	13:41 13:24 13:32 13:12
210	288	Friedt Franz Theo	*Elsdorf	0:54:03 0:54:23	1962M45	41	13:27 13:49 13:50 12:55
211	161	Reisch Karsten	Running TV Bedburg	0:54:05 0:54:22	1983M20	12	12:56 13:51 13:51 13:25
212	287	Friedt David	Gesamtschule Bergheim	0:54:06 0:54:25	1997MJB	4	13:28 13:49 13:50 12:57
213	261	Vidal Miguel		0:54:10 0:54:21	1963M45	42	13:12 13:39 13:38 13:40
214	393	Krompers Dieter	*Erfstadt	0:54:11 0:54:36	1964M45	43	13:44 13:27 13:43 13:16
215	243	Saerbeck Marc		0:54:14 0:54:36	1976M30	24	13:42 13:34 13:48 13:09
216	280	Köhler Peter	*Bergheim	0:54:22 0:54:41	1953M55	18	13:33 13:34 13:43 13:30
217	213	Große Daniel		0:54:33 0:54:56	1981M20	13	11:37 13:31 15:13 14:12
218	192	Bantin Holger	Unser Wasser	0:54:37 0:54:55	1953M55	19	13:21 13:40 14:03 13:32
219	283	Hübsch Timo	*Berlin	0:54:59 0:55:26	1977M30	25	14:17 14:09 13:52 12:39
220	86	Kaulen Peter	LG Donatus Erfstadt	0:55:11 0:55:25	1959M50	25	13:38 14:03 13:53 13:35
221	83	Gudermann Joachim	LG Donatus Erfstadt	0:55:11 0:55:25	1968M40	48	13:38 14:04 13:53 13:35
222	76	Götte Roland	LC Weilerswist	0:55:14 0:55:29	1961M45	44	13:02 13:46 14:15 14:09
223	370	Volkmer Rainer	LT Sommersberg	0:55:32 0:55:53	1961M45	45	13:11 13:37 14:28 14:14
224	40	Schewiola Hans	Erflläufer	0:55:43 0:56:09	1949M60	13	13:56 13:52 14:12 13:42
225	227	Krug Wilfried		0:56:03 0:56:16	1950M60	14	14:11 14:06 13:59 13:46
226	115	Greveling Andreas	Rhein-Erft-Akademie	0:56:05 0:56:27	1964M45	46	13:17 13:53 14:31 14:23
227	39	Dalheimer Jürgen	Düsseldorfer TV	0:56:10 0:56:20	1948M60	15	13:51 14:17 14:14 13:47
228	242	Rymus Norbert		0:56:16 0:56:36	1966M40	49	14:11 14:11 14:12 13:40
229	58	Etzbach Michael	Kreissparkasse Köln	0:56:46 0:57:02	1978M30	26	14:29 14:48 13:56 13:32
230	211	Fuhrmann Hans Alfred		0:56:54 0:57:18	1955M55	20	14:17 14:23 14:22 13:51
231	284	Preska Enzo	*Bergheim	0:57:07 0:57:19	1973M35	24	13:14 14:35 14:50 14:27
232	309	Hartl Peter	Feuerwehr Frechen	0:57:12 0:57:19	1964M45	47	13:32 13:57 14:47 14:55
233	16	Marx Wilfried	ASV-Wesseling 1985 e.V.	0:57:26 0:57:45	1958M50	26	13:38 14:09 14:47 14:51
234	41	Schmidt Andreas	Erfrock	0:57:47 0:58:13	1970M40	50	13:23 14:22 14:51 15:09
235	257	Trimborn Karl Heinz		0:57:58 0:58:24	1945M65	6	14:08 14:30 14:36 14:43
236	357	Hölscher Klemens	*Aachen	0:58:00 0:58:24	1964M45	48	14:46 14:52 14:49 13:31
237	360	Thelen Michael	*Kerpen	0:58:03 0:58:24	1965 M	0	14:20 14:38 14:50 14:14
238	403	Clever Ulrich	Ärztlicher Kreisverein	0:58:06 0:58:35	1953M55	21	15:01 14:44 14:54 13:27
239	171	Thomessen Björn	Sportring Balkhausen	0:58:10 0:58:29	1967M40	51	13:46 14:41 15:01 14:40
240	129	Quiede Uwe	Rhein-Erft-Akademie	0:58:29 0:58:52	1963M45	49	15:07 15:04 14:58 13:19
241	4	Lederbuhr Jürgen	ASV Wesseling	0:58:29 0:58:48	1955M55	22	14:12 14:30 14:58 14:48
242	55	Detmer Hanspeter	Kölner Roll-Möpse	0:58:30 0:58:43	1946M60	16	14:20 14:40 14:55 14:34
243	79	Arenz Frank	LG Donatus Erfstadt	0:58:43 0:58:57	1959M50	27	14:23 14:51 15:01 14:26
244	109	Göpel Volker	Pulheimer SC	0:59:09 0:59:24	1946M60	17	14:51 15:16 15:03 13:58
245	104	Deiters Lothar	LTD Köln-Dellbrück	0:59:10 0:59:28	1934M75	1	14:48 14:48 15:05 14:28
246	63	Wallstab Frank	Kreissparkasse Köln	0:59:42 0:59:57	1970M40	52	14:29 14:49 15:35 14:48
247	57	Dinslaken Heinz-Jürgen	Kreissparkasse Köln	0:59:45 1:00:01	1955M55	23	14:36 15:05 15:15 14:47
248	15	Orsag Otmar	ASV Wesseling 1985 e.V.	1:00:05 1:00:24	1949M60	18	14:12 14:47 15:54 15:11
249	151	Dussard Jürgen	Running TV Bedburg	1:00:46 1:01:04	1962M45	50	14:49 15:16 15:32 15:08
250	113	Cem Adem	Rhein-Erft-Akademie	1:00:52 1:01:15	1957M50	28	15:50 15:06 15:14 14:40
251	45	Hartl Sascha	Feuerwehr Frechen	1:01:08 1:01:13	1979M30	27	14:36 16:06 15:56 14:28
252	62	Schmidt Harald	Kreissparkasse Köln	1:05:10 1:05:25	1953M55	24	16:08 16:15 16:52 15:54
253	143	Persé Jürgen	RTC Frechen 80	1:06:01 1:06:18	1956M50	29	15:11 16:04 17:37 17:07
254	174	Valbert Josef	SSK Kerpen	1:23:17 1:23:42	1932M75	2	20:26 20:51 20:58 21:01

9. Kerpener OBI-Stadtlauf am 5. April 2010

Lauf über 10 km

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg AK	Platz	Runden
1	378	Viebahn Christl	TV Refrath	0:37:35 0:37:39	1976W30	1	09:09 09:23 09:38 09:24
2	71	Günther Marlen	LAZ Puma	0:38:11 0:38:15	1983W20	1	09:19 09:39 09:51 09:21
3	191	Schäpers Silke	TV Refrath	0:38:23 0:38:27	1970W40	1	09:17 09:39 09:52 09:34
4	98	Türk Constance	LG TELIS FINANZ	0:40:03 0:40:05	1982W20	2	09:30 10:03 10:17 10:11
5	366	Jenke Ute	ASC Rosellen/Neuss	0:40:15 0:40:17	1964W45	1	10:00 10:11 10:13 09:49
6	190	Eschweiler Marion	TV Refrath	0:40:53 0:40:58	1972W35	1	09:58 10:21 10:25 10:07
7	313	Hild Fabia	Sportpuls	0:41:00 0:41:04	1980W30	2	10:00 10:29 10:32 09:58
8	402	Sokolowska Agnieszka	RTC Frechen 80 e.V.	0:41:15 0:41:20	1976W30	3	09:59 10:25 10:38 10:12
9	27	Neumann Claudia	Brühler TV 1879	0:41:15 0:41:20	1967W40	2	09:59 10:20 10:30 10:25
10	195	Kostrzewa Florence	VfR Unterbruch LG	0:41:57 0:42:00	1976W30	4	10:15 10:36 10:43 10:21
11	381	Otto Carmen	LG Südsauerland	0:42:08 0:42:13	1975W35	2	09:55 10:39 10:50 10:42
12	28	Peters Sandra	Brühler TV 1879	0:42:32 0:42:39	1980W30	5	10:22 10:44 10:51 10:34
13	36	Rainer Kathy	DJK LÖWE HAMBACH	0:43:01 0:43:05	1961W45	2	10:43 10:57 10:54 10:26
14	193	Kaufmann Anja	vfl engelskirchen	0:43:07 0:43:13	1969W40	3	10:29 10:55 11:06 10:36
15	384	von Kuk Stefanie	LGS ASV DSHS Köln	0:43:44 0:43:47	1976W30	6	10:44 11:04 11:10 10:45
16	30	Schieffer Sarah	Brühler TV 1879	0:44:23 0:44:29	1979W30	7	10:41 11:09 11:25 11:07
17	125	Methner Annette	Rhein-Erft-Akademie	0:44:32 0:44:37	1966W40	4	10:24 11:11 11:30 11:25
18	158	Köhn Gaby	Running TV Bedburg	0:45:16 0:45:22	1964W45	3	11:09 11:23 11:29 11:13
19	317	Zoth Nora	TUS Köln rrh.	0:45:18 0:45:21	1980W30	8	10:38 11:26 11:50 11:23
20	363	Dillmann Kirsten	KALS Köln	0:45:59 0:46:09	1965W45	4	11:20 11:37 11:43 11:17
21	146	Thalheimer Susanne	RTC FRechen80	0:47:17 0:47:30	1965W45	5	11:15 11:55 12:13 11:52
22	22	Miketta Helga	Birkesdorfer TV	0:47:20 0:47:26	1941W65	1	11:27 11:53 12:10 11:48
23	262	Vidal Marina		0:47:50 0:47:59	1967W40	5	11:24 12:04 12:19 12:01
24	97	Weber-Steinhauer Birgit	LG RWE Power	0:48:13 0:48:22	1963W45	6	11:45 12:18 12:17 11:52
25	7	Schmieder Petra	ASV Wesseling	0:48:20 0:48:36	1962W45	7	11:28 12:09 12:28 12:13
26	230	Langhammer Jana		0:48:26 0:48:39	1986W20	3	11:51 12:14 12:28 11:52
27	153	Haas Jenny	Running TV Bedburg	0:48:38 0:48:54	1989W20	4	12:05 12:11 12:32 11:48
28	64	Obernosterer Ute	Lahm Söck Frechen	0:48:45 0:49:01	1963W45	8	11:22 12:13 12:44 12:24
29	52	Golüke Angie	Impuls-Lauftreff Kerpen	0:48:45 0:49:01	1971W35	3	12:01 12:20 12:24 11:58
30	387	Bellinghausen Nicole	Bundespolizei	0:49:30 0:49:51	1976W30	9	12:23 12:27 12:37 12:02
31	149	Bremer Ulrike	Running TV Bedburg	0:49:35 0:49:48	1958W50	1	11:56 12:24 12:47 12:26
32	388	Dantz Ines	LG RWE Power	0:49:35 0:49:56	1960W50	2	12:33 12:34 12:25 12:01
33	354	Wagner Daniela	*Erfstadt	0:49:39 0:49:49	1969W40	6	12:00 12:31 12:46 12:21
34	122	Korgel Anke	Rhein-Erft-Akademie	0:49:58 0:50:09	1971W35	4	12:20 12:37 12:48 12:12
35	206	Dr. Mayer Beate		0:50:44 0:50:54	1960W50	3	12:21 12:45 12:59 12:38
36	400	Radermacher Birgit	RTC Frechen	0:51:12 0:51:25	1971W35	5	12:26 13:07 13:15 12:23
37	176	Reece Elizabeth	St George's School	0:51:45 0:52:00	1958W50	4	12:16 13:18 13:26 12:43
38	305	Reese Lydia	*Köln	0:51:51 0:52:11	1979W30	10	13:33 13:16 12:43 12:16
39	142	Lewentz Julia	RTC Frechen 80	0:52:27 0:52:38	1981W20	5	12:10 13:00 13:40 13:35
40	12	Ledebuhr Anita	ASV Wesseling 1985 e.V.	0:52:39 0:52:56	1960W50	5	13:17 13:27 13:24 12:29
41	353	Dockhorn Heidrun	MAS - Training	0:52:50 0:52:59	1966W40	7	12:48 13:24 13:36 13:00
42	77	Kolter Danuta	LC Weilerswist	0:52:51 0:53:01	1955W55	1	12:52 13:19 13:36 13:03
43	289	Stier Gisela	*Bornheim	0:53:20 0:53:36	1944W65	2	13:18 13:27 13:24 13:09
44	148	Bickendorf Marion	Running TV Bedburg	0:53:23 0:53:41	1963W45	9	13:18 13:28 13:25 13:11
45	155	Heer Marianne	Running TV Bedburg	0:53:48 0:54:04	1950W60	1	13:57 13:51 13:24 12:35
46	296	Witt Christina	MRS "Mater Salvatoris"	0:53:57 0:54:05	1996WJB	1	12:58 13:24 13:56 13:37
47	84	Hajek Verena	LG Donatus Erfstadt	0:54:11 0:54:18	1952W55	2	12:49 13:49 13:54 13:38
48	263	Weeger Sandra		0:54:29 0:54:40	1967W40	8	13:08 13:46 13:56 13:38
49	210	Fritz-Kawczynski Yvonne		0:54:39 0:54:54	1976W30	11	13:28 14:00 13:54 13:16
50	152	Haas Lydia	Running TV Bedburg	0:54:56 0:55:12	1959W50	6	13:58 13:57 13:41 13:19
51	184	Groß Stefani	TV Altendorf-Ersdorf	0:56:03 0:56:31	1961W45	10	13:55 14:06 14:06 13:55

9. Kerpener OBI-Stadtlauf am 5. April 2010

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg AK	Platz	Runden
52	189	Wolf Ursula	TV Huchem-Stammeln	0:56:10 0:56:26	1955W55	3	13:39 14:03 14:23 14:04
53	163	Wasel Alexandra	Running TV Bedburg	0:56:34 0:56:51	1970W40	9	13:55 14:03 14:35 14:00
54	75	Flecken Heidrun	LC Weilerswist	0:57:01 0:57:08	1954W55	4	14:17 14:19 14:29 13:55
55	260	Vetter Kerstin		0:57:21 0:57:23	1978W30	12	12:25 14:36 15:21 14:57
56	124	May Daniela	Rhein-Erft-Akademie	0:58:01 0:58:07	1980W30	13	13:48 14:52 14:52 14:28
57	220	Höltge Sara		0:58:02 0:58:22	1981W20	6	13:26 14:26 15:11 14:57
58	103	Steffen Natalie	Lt Lindenthal	0:58:23 0:58:49	1973W35	6	14:22 14:31 14:50 14:39
59	373	von Schaewen Anne	LG Donatus	0:58:43 0:58:57	1993WJB	2	14:24 14:52 15:01 14:25
60	249	Scheid Waltraud		0:58:47 0:59:12	1963W45	11	14:42 14:44 14:54 14:25
61	399	Peters Gabi	TV Altendorf-Ersdorf	0:58:55 0:59:24	1956W50	7	14:57 14:51 14:50 14:16
62	187	Hansen Pia	TV Altendorf-Ersdorf	0:58:57 0:59:24	1962W45	12	14:59 14:51 14:50 14:16
63	208	Esser Heidrun		0:59:07 0:59:22	1960W50	8	14:51 15:16 15:03 13:56
64	300	Groth Karin	ASV Wesseling	0:59:17 0:59:36	1959W50	9	14:12 14:47 15:08 15:09
65	375	Wichterich Andrea	Kölner Roll-Möpsse	1:00:38 1:00:51	1969W40	10	14:23 15:01 15:35 15:37
66	150	Dussard Nadine	Running TV Bedburg	1:00:46 1:01:04	1986W20	7	14:49 15:16 15:32 15:07
67	311	Kirschbaum Silvana	SC Buchenhöhe	1:01:13 1:01:27	1993WJB	3	14:22 15:19 15:51 15:40
68	310	Aetz Finnja	SC Buchenhöhe	1:01:14 1:01:27	1993WJB	4	14:22 15:19 15:50 15:40
69	14	Orsag Wilma	ASV Wesseling 1985 e.V.	1:01:21 1:01:39	1950W60	2	14:51 15:15 15:49 15:25
70	312	Clever Haltraud	*Brühl	1:01:22 1:01:50	1965W45	13	15:01 15:04 15:47 15:28
71	397	Soldan Claudia	Lauffreunde Aphrodite	1:02:41 1:02:56	1966W40	11	13:30 15:53 16:24 16:54
72	299	von Wüfling Birgitt	ASV Wesseling	1:02:54 1:03:18	1948W60	3	15:44 15:46 15:57 15:26
73	132	Roscher Hilde	Rhein-Erft-Akademie	1:03:29 1:03:41	1940W70	1	14:56 15:51 16:41 16:00
74	66	Ruhland Dagmar	Laufftreff Wesseling	1:04:19 1:04:43	1942W65	3	15:58 16:15 16:23 15:42
75	160	Peters Resi	Running TV Bedburg	1:05:25 1:05:43	1953W55	5	15:45 16:29 16:56 16:14
76	164	Windhausen Beate	Running TV Bedburg	1:05:29 1:05:47	1963W45	14	15:45 16:29 16:56 16:17
77	321	Rohden-Strupp Helga	ASV Wesseling	1:06:15 1:06:39	1947W60	4	16:15 16:32 16:46 16:40
78	9	Debald Christiane	ASV Wesseling 1985 e.V.	1:06:16 1:06:39	1948W60	5	16:16 16:33 16:46 16:40