

Männer

Startnr	Name	Verein*/Ort	Gesamt	Brutto	Runden
1474	Abels Heinz	KVHS Norden	0:39:43	0:39:50	13:53 13:16 12:32
1502	Basse Christian	SKN Hardlopers	0:43:53	0:43:59	14:44 15:01 14:07
1578	De Boer Thomas		0:33:20	0:33:21	10:42 11:20 11:17
1660	Evers Gero	SV Komet Walle	0:37:23	0:37:26	12:25 12:34 12:23
1723	Goldenstein Heinrich	Doepke Kurzschluss Teams	0:38:08	0:38:13	12:54 12:44 12:29
1793	Hinrichs Wolfgang	TV Norden	0:52:39	0:52:43	16:54 17:59 17:45
1891	Köller Paul-Dieter	de Optimisten	0:45:21	0:45:24	14:50 15:37 14:54
1935	Lühns Wilhelm	Süderneuland SV	0:36:41	0:36:42	12:07 12:16 12:17
1968	Moll Johannes	Viersener TV	0:43:56	0:44:02	14:36 14:45 14:34
1972	Müller Andreas	Doepke Kurzschluss Teams	0:41:25	0:41:30	13:44 14:10 13:30
2040	Pfaff Andreas	GS Rechtsupweg	0:31:58	0:31:59	10:31 10:45 10:41
2062	Riegler Dieter	BUTTERFLY	0:45:18	0:45:24	15:10 15:20 14:47
2083	Saathoff Uwe		0:39:49	0:39:53	13:21 13:20 13:07
2103	Schindler Rainer	Tura-Marienhafte	0:40:05	0:40:08	13:30 13:27 13:08
2122	Schneider Manfred	TV Norden	0:44:54	0:44:56	14:14 15:30 15:09
2140	Schwarz Wolfgang	SV Komet Walle	0:35:57	0:35:59	11:50 11:53 12:13
2147	Siebener Heinz Jürgen	TSG 1856 Mülheim	0:48:32	0:48:35	15:48 16:33 16:09
2186	Topf Olaf	KVHS Norden	0:39:44	0:39:51	13:52 13:15 12:36
2200	Umbach Christoph	KVHS Norden	0:35:04	0:35:11	12:31 11:33 10:58

Frauen

Startnr	Name	Verein*/Ort	Gesamt	Brutto	Runden
1482	Ahrends Gisela		0:38:45	0:38:49	12:50 12:56 12:59
1539	Bohlen Kerstin	Doepke Kurzschluss Teams	0:46:59	0:47:01	15:19 16:06 15:33
1549	Brinkmann Gisela	KVHS Norden	0:43:39	0:43:46	14:05 14:50 14:44
1558	Brumm Henny	TV Norden	0:40:22	0:40:24	13:18 13:32 13:31
1560	Büttner Anja	SV Amisia Wolthusen	0:41:50	0:41:55	14:01 14:03 13:45
1623	Donath Andrea		0:42:13	0:42:20	14:27 14:13 13:32
1625	Donath Bianca		0:42:13	0:42:20	14:27 14:13 13:32
1641	Eden-Wolkenhauer Helene	KVHS Norden	0:43:39	0:43:46	14:05 14:49 14:44
1643	Eger Heike	TV Norden	0:43:51	0:43:52	14:30 14:45 14:35
1661	Evers Nicole		0:38:05	0:38:07	13:05 12:44 12:15
1670	Feldmann Tanja		0:45:13	0:45:20	15:21 15:10 14:41
1693	Frerichs Rita	Dr.Becker Physio Gym	0:48:29	0:48:35	16:13 16:04 16:11
1705	Gempel DR Corinna		0:44:51	0:44:54	15:08 15:08 14:34
1717	Gloger Giesela	TV Norden	0:41:28	0:41:30	13:57 13:58 13:31
1722	Goldenstein Elise	Doepke Kurzschluss Teams	0:38:08	0:38:13	12:54 12:44 12:29
1748	Hahn Ines	TV Norden	0:36:11	0:36:12	11:27 12:29 12:13
1757	Harms Annegret	de Optimisten	0:41:38	0:41:42	13:50 14:01 13:46
1794	Hinrichs-Clauß Odi	BUTTERFLY	0:45:15	0:45:20	15:12 15:18 14:45
1795	Höppner Anke	de Optimisten	0:39:04	0:39:06	13:11 13:04 12:48
1810	Hruska Jane	KVHS Norden	0:39:17	0:39:21	13:15 13:15 12:47
1835	Janssen Hella	Butterfly Lütetsburg	0:38:26	0:38:29	12:53 12:56 12:36
1844	Janssen Rita	SV Komet Walle	0:38:10	0:38:15	13:06 12:37 12:26
1868	Kaschube Nina	RVB Fresena eG	0:46:06	0:46:16	15:12 15:32 15:21
1910	Kutscher Brigitte	HEALTH ANGELS	0:38:42	0:38:51	13:01 13:00 12:39
1915	Lammers Heike		0:51:55	0:52:05	16:29 17:48 17:36
1933	Lücht Elke	SV Komet Walle	0:35:57	0:35:59	11:59 12:18 11:38
1952	Meyer Birgit	TV Norden	0:52:39	0:52:44	16:54 18:00 17:44
1957	Meyer Lotte	TV Norden	0:48:00	0:48:03	16:36 16:01 15:22
1959	Meyer Romy	TV Norden	0:48:00	0:48:03	16:36 16:02 15:21
1969	Moll Karin	Viersener TV	0:43:56	0:44:02	14:37 14:45 14:34
1967	Möller Christine		0:39:57	0:40:05	13:20 13:20 13:16
1974	Müller DR Heike	Dr.Becker Rehaklinik Norddeich	0:39:25	0:39:28	13:28 13:07 12:49
2031	Peters Gisela	TV Norden	0:38:46	0:38:47	13:04 13:04 12:36
2034	Peters Jutta		0:41:20	0:41:25	14:09 13:57 13:13
2039	Petry Klara	TV Norden	0:39:55	0:39:58	13:17 13:32 13:06
2063	Riegler Hannelore	BUTTERFLY	0:45:18	0:45:24	15:09 15:20 14:47
2065	Roberts DR Ursula		0:43:07	0:43:10	14:34 14:29 14:04
2077	Saathoff Hilke	HEALTH ANGELS	0:38:42	0:38:51	13:01 12:58 12:42
2078	Saathoff Marion	KVHS Norden	0:40:17	0:40:19	13:42 13:30 13:03
2081	Saathoff Silvia		0:39:53	0:39:57	13:21 13:19 13:12
2082	Saathoff Stefanie	Doepke Kurzschluss Teams	0:41:27	0:41:29	13:44 14:07 13:36
2084	Sallner Verena		0:57:52	0:58:03	19:09 19:45 18:57
2091	Saueressig Gerda		0:41:08	0:41:16	13:53 13:46 13:27
2099	Scheepker Uda	RVB Fresena eG	0:37:58	0:38:08	12:44 12:38 12:36
2121	Schneider Gisela	TV Norden	0:41:29	0:41:30	13:30 14:08 13:49
2184	Tjarden Monika	BUTTERFLY	0:38:26	0:38:30	12:53 12:57 12:36
2203	Vaak Bärbel		0:42:29	0:42:35	14:11 14:13 14:04
2225	Weinrank Anke		0:39:57	0:40:04	13:20 13:20 13:16
2238	Wiede Christina	BUTTERFLY	0:45:16	0:45:20	15:12 15:18 14:45
2243	Wilken Ilka	KVHS Norden	0:41:34	0:41:42	14:03 14:09 13:20
2244	Wilken Silvia	BUTTERFLY	0:45:16	0:45:20	15:13 15:17 14:45
2261	Zitting Anne		0:41:21	0:41:26	14:09 13:57 13:14
2263	Zorn Gundula		0:38:46	0:38:48	13:07 13:01 12:37