

## Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten
1	427	Kaminsky Peter	LG Emsdetten	3:12:21	1	M30	1977	22:46 22:54 22:40 22:31 23:06 22:42 23:02 22:53
2	10	Basten Silvan	*Messel	3:17:07	1	M35	1976	23:29 23:02 23:01 22:43 22:48 23:17 24:25 24:35
3	2	Vogt Wolfgang	Feuerwehr SV Düsseldorf	3:20:39	1	M50	1959	23:13 23:29 23:11 23:38 24:02 24:35 24:15 23:53
4	35	Schröteler Franz	*Düren	3:24:02	1	M40	1967	23:18 23:46 23:57 24:02 24:22 24:12 25:15 24:43
5	15	Van Loo DR Chris	*Brühl	3:24:05	2	M50	1959	23:27 23:44 23:48 25:10 24:15 24:46 24:50 23:49
6	34	Kuschel Tom	Marathon-Club Menden	3:35:06	2	M40	1970	26:08 26:02 25:44 25:15 25:14 25:28 25:23 24:34
7	435	Saadi Robert	LG Rheinbach	3:36:01	1	M45	1966	23:46 24:56 24:29 25:05 25:32 26:03 28:17 27:32
8	29	Pfohl Stefan	LT Rennhamster	3:37:48	3	M40	1967	26:08 26:09 25:47 25:18 25:18 25:33 26:11 26:13
9	44	Sadrina Gereon	SG BMF Bonn	3:39:28	3	M50	1958	26:09 26:09 25:52 25:43 25:54 25:56 26:22 26:10
10	45	Schwaeppe Harald	Bonner RG	3:39:28	4	M50	1958	26:09 26:09 25:52 25:43 25:54 25:56 26:22 26:10
11	33	Michollek Wolfgang	GSV Porz Köln	3:40:08	5	M50	1960	26:12 26:43 26:52 26:37 26:19 25:34 25:32 24:46
12	40	Schulte-Zweckel Michael	BSG WAZ Essen	3:41:27	6	M50	1960	26:29 27:24 27:02 25:47 25:52 25:30 26:17 25:49
13	36	Grau Philipp	*Köln	3:42:36	2	M35	1972	26:11 26:47 26:22 25:12 25:17 26:29 27:05 27:39
14	49	Becker Mattin	Troisdorfer LG	3:48:51	7	M50	1960	26:10 26:22 27:05 26:40 27:43 27:53 28:10 27:30
15	31	ROTH DR Edwin	LG D.U.V.	3:49:16	1	M55	1953	26:29 27:07 26:29 26:57 27:08 27:36 28:18 27:57
16	17	Theisen Andreas	*Weiler	3:49:46	3	M35	1972	26:35 26:51 26:54 27:03 27:15 27:23 28:10 28:00
17	48	Willems Andre	Troisdorfer LG	3:50:25	4	M40	1967	25:22 25:50 27:30 26:45 26:34 29:03 28:29 30:13
18	426	Masermann Dietmar	*Köln	3:53:03	8	M50	1957	23:24 24:31 25:15 26:24 27:22 28:30 30:52 37:07
19	5	Schmidt-Soltau Peer	100 Marathon Club	3:54:47	2	M30	1981	27:38 28:14 27:56 27:56 28:31 27:49 28:16 27:17
20	30	Dumke Holger	BSG Waz Medien	3:55:08	4	M35	1974	26:20 26:06 26:30 26:28 26:19 28:45 31:26 32:12
21	47	Wilden Heinz	Abteiläufer	3:55:52	9	M50	1960	27:53 27:35 27:29 27:46 27:57 28:18 28:33 28:34
22	11	Mackenrodt André	TSV Immenhausen	3:56:18	5	M35	1976	28:15 27:49 27:29 27:35 27:37 28:17 29:08 28:46
23	28	Schreurs Piet	AV Heythuysen	3:57:31	2	M55	1955	26:31 26:58 27:17 27:16 27:28 28:16 30:14 31:55
24	431	Kahla Dr. Said	LG DUV	4:02:20	1	M60	1950	28:57 27:26 27:30 29:25 29:45 29:08 29:02 29:04
25	26	Wachsmann Rainer	LSF Münster	4:03:44	2	M45	1965	28:11 28:55 29:03 29:01 29:34 29:34 29:32 27:58
26	37	Peikert Alexander	Brücker Lauffreunde	4:04:27	3	M55	1956	28:11 28:52 29:07 29:02 29:34 29:20 29:31 28:57
27	425	König Volker	*Bergisch Gladbach	4:04:28	10	M50	1960	28:17 29:09 29:15 29:13 28:53 29:24 29:31 28:57
28	25	Jüchter Birger	Rennschnecken 2000	4:04:47	6	M35	1972	29:19 29:02 29:11 29:34 29:46 30:34 27:30 27:22
29	38	Wittkämper Klaus	Laufftreff Bundesnetzagentur	4:04:47	2	M60	1947	29:19 29:05 28:17 28:41 28:53 29:59 29:26 29:14
30	20	Thome Niko	Meddys LWT Koblenz	4:05:24	3	M45	1966	29:19 29:05 28:17 28:42 28:53 30:00 29:26 29:52
31	32	Kalsbach Mirco	*Köln	4:09:22	7	M35	1976	25:41 25:49 27:30 26:45 26:56 30:49 36:26 39:05
32	18	Ackermann Detlev	SG Bockenberg	4:10:25	5	M40	1970	27:25 28:06 28:13 27:10 28:53 31:26 33:18 34:56
33	41	Halder Roland	Anne Frank Gesamtschule Dü	4:10:43	6	M40	1970	28:08 28:13 27:55 27:56 28:31 27:50 28:16 43:13
34	24	Schranz Jörg	*Oberhausen	4:12:40	4	M45	1965	29:19 29:02 29:11 29:34 29:46 30:35 31:07 31:38

**Frauen**

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten							
1	19	Ebert Silke	K1-media	3:43:51	1	W40	1969	26:30	27:06	26:09	25:51	25:31	26:06	27:15	28:09
2	43	Nikelowski Renate	LT Köln-Esch	3:45:07	1	W45	1965	27:05	26:08	26:26	26:01	26:27	26:57	27:06	27:43