

## Männer

Startnr	Name	Verein/*Ort	Gesamt	Brutto	Runden
1822	Ahrens Gerhard		0:43:59	0:44:05	15:07 14:53 13:58
1826	Angst Norbert	Kein	0:35:22	0:35:26	12:06 11:37 11:39
1843	Basse Christian	SKN Hardlopers	0:38:00	0:38:05	12:49 13:05 12:04
1919	De Boer Thomas		0:29:09	0:29:11	09:39 09:53 09:37
1969	Evers Gero	SV Komet Walle	0:31:32	0:31:34	10:36 10:39 10:16
2035	Gronewold Wolfgang	SV Komet Walle	0:32:21	0:32:24	10:54 10:53 10:32
2212	Lühns Wilhelm	SSV	0:32:12	0:32:12	10:44 10:55 10:32
2294	Pfaff Andreas	Grundschule Rechtsupweg	0:28:30	0:28:32	09:29 09:38 09:22
2339	Saathoff Uwe		0:33:37	0:33:40	11:18 11:25 10:52
2358	Schindler Rainer		0:35:06	0:35:10	12:06 11:37 11:22
2384	Schwarz Wolfgang	SV Komet Walle	0:31:32	0:31:33	10:37 10:39 10:16
2423	Thomsen Tanno	TV Norden	0:37:01	0:37:02	12:09 12:43 12:08

## Frauen

Startnr	Name	Verein/*Ort	Gesamt	Brutto	Runden
1820	Ahrends Gisela		0:34:08	0:34:11	11:20 11:32 11:15
2542	Albuwitz Anja		0:37:46	0:37:51	12:34 12:44 12:27
1837	Bakker Heike	SSV	0:36:52	0:36:56	12:19 12:25 12:07
1869	Bohlen Kerstin		0:40:55	0:40:59	13:28 14:08 13:18
1879	Bracklo Lydia	SSV	0:36:52	0:36:56	12:19 12:25 12:07
1887	Brumm Henny	TV Norden	0:35:03	0:35:10	11:49 11:50 11:23
1924	De Vries Ilse	SV Komet Walle	0:36:00	0:36:02	11:58 12:13 11:47
1974	Fechner Adelheid	SV Komet Walle	0:34:02	0:34:05	11:22 11:35 11:05
2016	Glogger Giesela	TV Norden	0:37:07	0:37:07	12:31 12:39 11:56
2017	Gminder Martina	SSV	0:33:27	0:33:28	11:12 11:24 10:50
2027	Götze DR Birgit		0:35:41	0:35:44	12:08 11:49 11:43
2043	Hahn Ines	TV Norden	0:31:45	0:31:46	10:13 10:53 10:38
2091	Higgen Michaela	SV Hage	0:35:15	0:35:20	11:52 11:54 11:29
2129	Janitz Christa		0:39:14	0:39:18	13:06 13:18 12:50
2759	Janssen Hella	BUTTERFLY	0:32:58	0:32:59	10:53 11:05 10:59
2143	Janssen Rita	SV Komet Walle	0:33:29	0:33:31	11:22 11:34 10:32
2154	Jürgens Edda	SV Komet Walle	0:35:31	0:35:34	11:52 12:00 11:39
2190	Kutscher Brigitte	ssv SÜDERNEULAND	0:33:26	0:33:28	11:11 11:24 10:50
2211	Lücht Elke	SV Komet Walle	0:31:21	0:31:22	10:19 10:34 10:27
2217	Manninga Sonja	SSV	0:35:31	0:35:34	11:52 12:00 11:39
2238	Meyer Lotte	TV Norden	0:41:00	0:41:02	13:27 14:09 13:23
2241	Meyer Romy	TV Norden	0:41:00	0:41:02	13:27 14:09 13:23
2289	Peters Gisela	TV Norden	0:34:34	0:34:35	11:37 11:43 11:12
2293	Petry Klara	TV Norden	0:36:24	0:36:24	12:21 12:16 11:46
2322	Roberts DR Ursula		0:37:07	0:37:09	12:42 12:41 11:44
2335	Saathoff Hilke	SSV Süderneuland	0:33:57	0:34:00	11:17 11:27 11:12
2354	Scheepker Uda	RVB Fresena eG	0:33:29	0:33:33	11:23 11:24 10:40
2367	Schneider Gisela	TV Norden	0:37:06	0:37:07	12:31 12:39 11:55
2407	Streckel Marianne	SV Hage	0:39:17	0:39:20	13:08 13:17 12:50
2439	Vaak Bärbel		0:35:10	0:35:16	11:53 11:52 11:25
2543	Vogel Gabriele		0:37:03	0:37:06	12:40 12:41 11:41
2459	Warfsmann Cornelia	Butterfly, Gold-Club	0:34:06	0:34:09	11:25 11:34 11:06