

Gemischte Teams

Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195 Runde / 5km Runden)
1	195	laufen-und-gesundheit.de Irek Meyer - Alexandra Geringer - Vasilis Nonas - Joanna Meyer - Pascal Meißner - Alexandra Geringer		2:39:51	07:24 18:10 21:09 17:53 18:06 22:34 16:28 16:30 21:32
2	115	ASV Köln Triathlon VIII Johannes Franzky - Kathy Syring - Patrick Lohmeier - Anne-Katrin Reinl - Andreas Buhs - Anke Schmitz-Elvenich		2:44:55	07:28 18:38 20:33 18:48 20:16 21:12 18:53 18:49 20:14
3	303	TV REFRATH mixed pickels Stefan Wietscher - Julia Boye - Heiko Wilmes - Karin Meuser - Arthur Ralenovsky - Silke Schäpers		2:46:32	08:03 18:43 21:53 19:55 19:52 21:13 18:08 18:46 19:56
4	178	Krelder-Kanu-Klub ASC Mixed Sebastian Minke - Angela Müller - Ivo Dobos - Tina Pütthe - Angela Müller - Alexander Kuhlbusch		2:46:37	07:32 17:53 20:07 19:03 19:07 20:26 21:01 21:03 20:20
5	187	KTT 01 Mixed Dawid Jakubowsky - Ruth Jeckel - Marcel Wüst - Rabea Schmitter - Marco Mühlnikel - Ann-Julie Geske		2:52:44	08:13 19:10 25:08 41:09 00:00 23:46 17:18 17:35 20:23
6	217	LG RWE Power 7 - Mixed Marianne Jerosch - Annette Geiken - Thomas Schneider - Annette Geiken - Jürgen Reiser - Thomas Schneider		2:53:47	08:53 22:02 20:26 19:42 19:35 20:29 21:00 20:56 20:40
7	149	FC Straberg mixed 1 Wolfgang Golder - Katrin Homes - Christian Ehlert - Rebekka Bojer - Jürgen Cziommer - Monika Michel		2:54:55	07:53 19:28 23:45 19:03 19:24 23:01 20:15 20:32 21:30
8	317	Team Liquid Shit Robin von Hagen - Katharina Ise - Erik Somssich - Lena Pletzinger - David Zopes - Mareike Theisling		3:00:01	09:28 21:36 28:13 17:43 18:14 23:56 18:54 18:51 23:01
9	221	LG WANDERHODEN Bruno Lemke - Lina Bullermann - Dominik Reinecke - Lisa Laakmann - Tim Bullermann - Pia Modrow		3:00:20	08:24 21:03 26:41 19:16 19:33 25:11 18:04 18:23 23:41
10	202	LCW1 Dagmar Wilde - Sabine Schubert - Jörg Hanisch - Siegfried Schönberg - Ewout Hilferink - Veronika Scharbatke		3:03:11	09:24 22:40 22:46 21:54 22:09 22:03 19:06 18:36 24:30
11	198	Lauftreff Hersel Frank Niefanger - Karola Jud-Wawrzinek - Karl-Heinz Bartsch - Gabriele Enkirch-Schmidt - Michael Theissen - Christa Schroeder		3:10:01	09:14 22:14 27:23 20:27 20:49 24:56 19:58 19:36 25:15
12	125	COLOGNE TRIATHLON WEEKEND 2 Uwe Niessing - Claudia Nussbaum - Erik Theisen - Ivelina Shopova - Helmut Korbella - Melanie Graf		3:12:46	09:11 23:23 24:16 19:54 20:43 28:16 22:28 22:22 22:09
13	249	PSV Bonn Triathlon Team 7 Dennis Sautter - Helmut Schwarz - Fabian Schönherr - Pauline Sautter - Ansgar Grüne - Johanna Grünewalc		3:13:13	08:43 21:51 29:33 20:34 21:02 26:07 19:27 20:10 25:42
14	196	Laufgruppe Herr Joonas Simone Ulbrich - Daniel Kannapinn - Marie-Jose Werner - Joelle Werner - Daniel Kannapinn - Svetlana Schröter		3:14:22	10:23 25:58 19:17 23:30 24:22 24:33 19:33 19:44 26:58
15	304	VfL Engelskirchen Doris Meisel - Aline Meisel - Frank Zimmermann - Eva Prange - Diddi Opper - Stefani Richter		3:15:31	09:48 23:15 22:02 22:52 23:29 24:15 22:13 23:13 24:13
16	316	1. Kölner Laufstall Stine Dietze - Claudia Ebelshäuser - Carsten Bauß - Stine Dietze - Thomas Schepers - Birgit Dütting		3:16:06	09:53 23:17 24:01 21:50 22:07 24:46 22:17 24:35 23:16
17	270	Sonnenblume eV TVRodenkirchen1 Johannes Orthen - Christina Pannhausen - Lars Wölm - Katinka Ehlers - Willma Nicole - Barthelmeß Dirk		3:16:33	07:31 18:17 18:30 22:21 22:13 34:13 25:54 27:13 20:16
18	180	Krelder-Kanu-Klub Mixed Sandra Klubunde - Susanne Blum - Berenike Gensior - Wolfgang Schmaus - Matthias Gensior - Yvonne Schmaus		3:17:10	09:37 23:03 22:59 22:28 22:30 26:32 23:08 24:00 22:47
19	246	PSV Bonn Triathlon Team 4 Ilona Wald - Isabelle Keller - Markus Rauch - Marion Eggers - Laurenz Mülheims - Ilona Wald		3:17:25	10:21 25:29 23:50 21:02 21:14 27:41 20:06 21:09 26:14
20	209	LG RWE Power 11 - Hambach Birgit Weber-Steinhauer - Monika Mostert-Ostermann - Helmut Esser - Ines Dantz - Achim Steinhauer - Maik Kötting		3:17:56	09:40 24:10 25:24 23:38 23:35 46:12 00:00 22:04 23:11
21	133	Die Grauen Burggeister 1 Sandra Hemgesberg - Claudia Hartmann - Ralph Schneider - Sandra Hemgesberg - Frank Sommer - Ralph Schneidei		3:18:01	11:07 26:57 28:00 20:08 20:36 27:12 21:12 22:36 19:57
22	146	ESV Gremberghoven Mix 1 Sabine Lücke - Heike Kosmol - Peter Jäger - Gisela Flätgen - Patricia Mandziara - Manfred Langer		3:18:45	10:45 25:51 24:59 19:26 19:27 25:38 25:15 25:20 21:44
23	296	TSV Rönsahl Dieter Wermekes - Petra Nies - Karl-Heinz Klitscher - Waltraud Nölker - Harald Niederwipper - Karoline Wirths- Ladwig		3:20:37	09:24 22:09 24:39 23:08 23:23 25:29 23:46 21:54 26:37
24	191	LAKTATKÖNIGE Sabine Drumm-Becker - Lisa Lewandowski - Günter Langensiepen - Petra Ladenburger - Michael Lönhardt - Sabine Heinrich		3:21:25	09:05 21:38 24:10 23:38 24:03 26:16 23:45 23:34 25:04

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Platz	Start.	Name	Verein/*Ort	Brutto	Rundenzeiten (2.195 Runde / 5km Runden)
25	279	SSK Kerpen Staffel 2		3:22:18	09:43 23:32 22:58 21:57 21:28 30:17 22:36 22:57 26:38
		Dieter Lotz - Marion Bauer - Christoph Bauer - Marion Steffens - Andreas Krutmann - Janina Krutmann			
26	199	Lauftreff HSZ Aachen		3:23:30	09:58 22:37 23:37 25:34 26:38 22:40 24:39 26:00 21:44
		Fabian Hampel - Kyra Bratz - Leonie Schirmer - Kyra Bratz - Rafael Cichocki - Fabian Hampel			
27	234	NL Brief Köln- West		3:24:55	10:33 23:12 24:43 25:36 25:58 26:14 23:26 23:25 21:27
		Nicole Kroggel - Winfried Vering - Irene Anita Pereira Teixeira - Rosamunde Garito - Hüseyin Atamtuerk - Jürgen Cremer			
28	315	TG Neuss		3:25:41	08:45 21:55 32:19 22:58 22:51 26:53 23:48 24:15 21:52
		Ingolf Winkler - Birgitta Schacht - Anke Wolf - Emily Freund - Uwe Hemb - Klaus Grösche			
29	320	Ennert Runners		3:25:46	11:24 26:31 28:53 21:33 22:16 25:49 23:09 23:44 22:23
		Miriam Klein - Ulrike Jeschke - Michael Hellmann - Clare Lonergan - Kioran MacDonell - Michael Hellmann			
30	124	COLOGNE TRIATHLON WEEKEND 1		3:26:06	08:41 21:36 27:04 24:49 25:30 22:07 25:56 26:05 24:16
		Stephan Eisermann - Mareike Röwekamp - Christoph Schill - Tobias Esser - Stefanie Profus - Daniela Dulak			
31	277	SSK Kerpen 5. Staffel		3:26:23	36:37 25:48 00:00 23:05 23:26 23:16 22:13 22:09 29:33
		Tina Bartneck - Jan Krückeberg - Ellen Buttenbruck - Cornelis Van Zwieten - Jürgen Walbeck - Christine Van Zwieten			
32	248	PSV Bonn Triathlon Team 6		3:26:30	08:47 21:42 26:07 25:43 26:07 25:10 24:47 25:28 22:36
		Bernd Roland - Monika Guschmann - Monika Schäfer - Ursula Hildebrandt - Beate Pfeil-Bonnin - Bernd Roland			
33	280	SSK Kerpen Staffel 3		3:26:34	12:35 28:21 28:33 23:32 23:55 24:33 26:27 18:47 19:48
		Christoph Dulak - Birgit Krückeberg - Daniela Dulak - Claudia Gossmann - Reiner Heitz - Manuel Ettler			
34	309	Run_ by RUNNERS POINT 2		3:27:34	10:04 24:44 20:19 25:34 26:44 26:23 24:45 24:03 24:53
		Jessica Jacob - Ralf Schmerer - Martin Maasackers - Tanja Olbertz - Ralf Schmerer - Jessica Jacob			
35	307	BSG Stadt Köln Runners		3:30:50	40:42 00:00 25:47 23:50 23:28 24:46 23:38 24:02 24:37
		Axel Speelmans - Heike Ahrens - Sara Könsgen - Heike Ahrens - Arno Thome - Heike Ahrens			
36	247	PSV Bonn Triathlon Team 5		3:30:55	10:35 24:25 22:32 32:33 34:15 24:11 21:16 20:56 20:07
		Michael Hartmann - Lukas Ahlborn - Nicola Vukota - Alexandra Caspers - Tobias Maschke - Helmut Völker			
37	230	mehrrals5kannichnich		3:31:02	11:33 26:28 33:57 19:50 19:52 27:10 20:51 21:06 30:11
		Nicole Chatzichristidis - Tina Hahn - Markus Neumann - Sally Schächter - Matthias Fischer - Nikoleta Simitsi			
38	165	GVG-Laufteam01		3:32:20	08:19 20:22 23:17 27:16 28:15 27:52 24:06 24:51 27:56
		David Beil - Günter Weidenfeld - Wicolay Hudziak - Verena Hajek - Günter Weidenfeld - Verena Hajek			
39	116	bachemer wahnsinn		3:33:41	10:39 26:01 29:25 22:29 22:23 31:37 22:21 22:50 25:44
		Regine Ehrgott - Rainer Kiehn - Kirsten Eisenbach - Pierre Desprez - Hans Krosch - Andrea Schiefke			
40	135	Die Leichtfüße		3:33:46	09:24 22:09 28:03 24:19 24:55 31:41 24:05 23:46 25:18
		Claus-Dieter Lackmann - Julia Ebeling - Lindce Ziegler - Annika Lörjes - Horst Schmitz - Hans-Werner Wüst			
41	205	LG BADEWANNE		3:34:20	10:25 25:09 28:39 25:16 25:36 27:38 21:07 21:45 28:25
		KLAAS-STEFFEN JACOBS - BEATE WELSCH - KLAUS MONZEL - RAHEL JACOBS - WOLFGANG WIRTHS - BEATE WELSCH			
42	232	Mia san Mia		3:36:17	10:24 25:58 27:02 24:38 24:55 27:58 24:15 24:41 26:12
		Steffi Klein - Carolin Baird - Matt Baird - Verena Conrad - Ansgar Neisius - Inga Berendes			
43	238	Only Fun Runners		3:36:30	12:09 28:57 28:24 24:04 25:03 25:40 21:05 22:25 28:24
		Martha Gwotzdek - Annemone Grünfeld - Klaus Schneider - Jürgen Eich - André Grünfeld - Annemone Grünfeld			
44	102	6Run4Fun		3:36:33	10:35 25:11 29:26 26:15 26:36 28:31 21:57 21:59 25:48
		Elena Gimbarova - Frank Elsner - Sandra Weeger - Antje Wiemuth - Sergej Gimbarov - Tanith Elsner			
45	308	GVG-Laufteam03		3:40:27	11:57 31:11 24:57 25:21 28:06 27:41 24:02 23:43 23:20
		Sabine Nitz - Ralf Nitsch - Jürgen Schnell - Jürgen Willms - Joachim Hillemacher - Christine Hillemacher			
46	235	NL Rentenservice		3:44:47	09:43 23:32 30:06 29:54 28:37 31:18 23:39 25:54 22:00
		Andreas Schweter - Birgit Schlenke - Ute Schaaf - Monika Grotheer - Ralf Kühnel - Richard Heß			
47	138	Die Supernasen		3:44:54	10:39 26:58 31:02 22:10 22:45 33:01 25:07 26:13 26:51
		Daniela Kolter - Daniele Knief - Sönke Schacht - Sabine Höller - Tim Pelargus - Andreas Siegl			
48	265	Sixpack		3:45:25	11:46 28:28 30:47 25:47 27:12 28:42 23:06 24:09 25:05
		Sandra Wolff - Sylvia Reich - Oliver Herbst - Nadja Labudda - Werner Obermann - Volker Herde			

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49	298	Türkisweg 2 Dörte Hapig - Wiebke Herpel - Karin Bürk - Richard Jerosch - Gerd Schoepe - Stefan Weyer		3:45:29	12:12 29:25 27:57 27:50 28:15 22:52 23:54 23:13 29:48
50	147	ESV Gremberghoven Mix 2 Sven Pagers - Nadine Pannke - Ilona Schons - Robert Kosmol - Alexandra Witt - Bernd Sarnetzki		3:45:32	11:08 27:32 24:04 26:56 28:43 27:27 26:02 26:29 26:51
51	150	FC Straberg mixed 2 Sonja Richter - Markus Theinen - Peter Mühlenberg - Nadja Spinrath - Christian Jung - Ulrike Ehlert		3:46:26	10:16 25:27 27:22 27:42 29:25 29:00 23:15 24:16 29:32
52	160	GPL Speedteam Anna Hemmerich - Janna Günther - Marcus Schwarz - Katja Linnemann - Jürgen Weingarten - Michael Eßmann		3:46:39	10:50 28:22 30:08 24:52 26:18 27:52 25:42 26:36 25:48
53	197	Laufrausch Jan Sicking - Klaus Weber - Dirk Kaiser - Petra Slowik - Sarah Sicking - Silke Kaiser		3:46:44	10:56 27:26 21:55 26:14 28:10 32:24 24:39 26:08 28:40
54	264	SG Zons 2 Erik Jezernik - Eva Klingbeil - Stefan Peschke - Karin Niehues - Ulrike Heising - Wilfried Schnitzler		3:46:53	11:14 28:13 25:38 25:32 26:03 28:51 26:59 28:30 25:30
55	272	Spaßvögel Uta Wergen - Marco Pennazzato - Martin Donaiski - Sahra Odenkirchen - Willi Breuer - Uta Wergen		3:47:11	11:55 29:30 27:07 26:17 25:48 27:08 25:36 27:24 26:07
56	227	Lustlauf mein Verein Monika Deuster - Ralf Hagens - Yvonne Klein - Kathrin Cloos - Catharine Meyer - Stefanie Ludwig		3:49:18	11:30 28:19 20:54 29:04 29:14 27:16 26:30 28:13 28:15
57	305	Vollmilch 3,5 Stephan Gudemann - Thomas Kreuer - Nils Jahn - Denise Heuser - Lioba Hackman - Albina Leitova		3:49:51	13:12 32:30 27:11 24:22 27:41 33:32 23:54 23:06 24:03
58	177	körpermanager Simone Römhild - Sarah Hammer - Petra Kniebes - Marc Haag - Jan Peters - Michael Keller		3:51:08	11:37 28:41 23:33 27:52 27:36 26:14 30:16 31:44 23:11
59	132	Die Flodders Ingo Junkers - Susanne Wilden - Bert Wilden - Iris Junkers - Heinz Wilden - Jutta Wilden		3:51:35	11:15 27:27 28:25 28:41 28:26 28:43 22:52 23:50 31:51
60	163	Gummy Baer Runners Günther Schulz - Beate Astner - Annette Kobylka - Beate Astner - Günther Schulz - Annette Kobylka		3:52:12	10:27 27:10 25:53 29:43 32:45 26:07 25:37 25:40 28:40
61	263	SG Zons 1 Reiner Goldbach - Marliese Schwerdtfeger - Brigitte Görner - Julia Haack - Yvonne Danisch - Alexandra Lelittko		3:54:56	10:45 26:18 28:51 26:20 26:43 26:05 30:50 32:32 26:28
62	203	LCW2 Dani Krüger - Annette Bohnes - Gabi Krüger - Gerlinde Kiel - Rainer Krüger - Kurt Scharbatke		3:57:10	11:15 27:14 25:45 31:31 33:32 31:52 23:24 23:37 28:48
63	219	LG Rwe Power 9 - Garzweiler Armin Sauer - Nina Sauer - Olaf Schmitz - Bettina Schmitz - Marie Cecil Aufmkolk - Michaela Lübben		3:59:22	11:08 25:31 32:32 27:35 29:00 26:14 27:34 00:00 59:45
64	129	Diakonie Michaelshoven Doreen Markworth - Birgit Fischer - Mareike Carlitscheck - Thorsten Pulskamp - Rudolf Porten - Wolfgang Schmidt		4:00:11	12:09 30:03 36:48 25:45 26:27 25:14 25:55 27:32 30:02
65	159	Fun Runners Dagmar Müller - Kläre Schmid - Kirschen Heller - Sandra Steinkrüger - Henning Richter - Thomas Schmid		4:00:55	12:56 31:53 35:20 26:07 26:23 34:21 21:07 21:52 30:34
66	273	SPORTABZEICHEN-TEAM BARBARA ENGELHARDT - ELKE KÜPPER - ACHIM KOPPMANN - WOLFGANG SCHMITZ - WILFRIED LENZEN - BARBARA ENGELHARDT		4:01:56	12:04 28:21 31:07 24:21 29:09 30:11 28:15 29:46 28:34
67	171	Impuls 1 Brigitte Wilden - Simone Huwe - Dirk Rohr - Susanne Hoßdorf - Peter Heller - Regina Ravenstein		4:04:40	11:18 26:18 35:46 24:32 24:20 34:39 26:11 26:34 34:57
68	207	LG RWE Power 1 - Dormagen Gerd Gorzahnik - Elke Jennert - Lothar Gerke - Nannette Gorzahnik - Bernd Linnartz - Jolanta Chojnicki		4:05:55	11:01 26:39 33:18 24:47 25:29 33:13 30:38 34:52 25:45
69	172	Impuls 2 Michael Steller - Gabriele Heller - Astrid Gätting - Dieter LaNoutelle - Petra Becker - Martina Simke-Müller		4:07:51	12:55 31:20 32:26 25:40 29:12 32:38 24:08 24:45 34:30
70	259	Schnell weg hier Diemo Eisele - Sabine Eisele - Marco Wolfgarten - Natascha Elissen - Tobias Gössling - Svenja Oguz		4:15:39	11:15 29:54 33:37 27:34 31:15 31:49 29:38 29:34 30:37
71	220	LG Stadt Frechen Markus Köppinger - Ursula Hudziak - Thorsten Friedmann - Marianne Kihm - Dieter Dumstorff - Mareike Mischke		4:15:45	12:02 30:31 37:10 25:37 27:03 34:02 27:46 29:45 31:30