

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	196	Gezahai Samson	Brooks Run Happy Team	0:30:11	MHK	1	0:30:10	- 06:20 06:06 06:05 05:56 05:41	19,88 km/h
2	187	Gebregziabher Sium Abrah	Brooks Run Happy Team	0:30:13	MHK	2	0:30:13	- 06:21 06:07 06:05 05:51 05:47	19,85 km/h
3	321	Kering Kipchumb Ezra	Brooks Run Happy Team	0:30:26	MHK	3	0:30:25	- 06:20 06:06 06:05 05:56 05:55	19,73 km/h
4	1318	Biwott Sammy	Brooks Run Happy Team	0:30:28	MHK	4	0:30:28	- 06:21 06:06 06:05 05:56 05:58	19,68 km/h
5	1316	Kaino Patrick	Brooks Run Happy Team	0:31:46	MHK	5	0:31:44	- 06:18 06:12 06:21 06:28 06:22	18,90 km/h
6	1413	Fabianowski Dominik	ASV Köln	0:31:50	MHK	6	0:31:49	- 06:21 06:12 06:21 06:28 06:25	18,85 km/h
7	1407	Hamann Jan Simon	USV Bochum	0:32:20	MHK	7	0:32:19	- 06:27 06:26 06:26 06:31 06:28	18,56 km/h
8	457	Neuhaus Christof	Brooks Running Team / LG	0:32:31	MHK	8	0:32:30	- 06:20 06:15 06:33 06:42 06:38	18,46 km/h
9	789	Schlegel Tom	Brooks Run Happy Team	0:33:46	MHK	9	0:33:45	- 06:42 06:40 06:50 06:49 06:42	17,78 km/h
10	555	Schönherr David	LSF Münster	0:33:56	MHK	10	0:33:54	- 06:42 06:39 06:51 06:53 06:48	17,69 km/h
11	262	Hövelmann Philipp	Brooks Running Team / LG	0:34:10	M30	1	0:34:09	- 06:42 06:40 06:49 06:58 06:57	17,56 km/h
12	512	Rinne Yannick	LSF Münster	0:34:25	MHK	11	0:34:24	- 06:42 06:42 06:59 07:04 06:55	17,44 km/h
13	530	Salger Fabian Hanns-Carl	HC	0:34:31	MHK	12	0:34:23	- 08:15 08:33 08:47 00:00 00:00	17,45 km/h
14	288	Jakob Simon	GSV Eintracht Baunatal	0:34:50	MHK	13	0:34:48	- 06:52 06:57 07:04 07:03 06:49	17,24 km/h
15	1403	Wiese Stefan	HSP Münster Laufteam	0:34:58	MHK	14	0:34:57	- 06:42 06:45 07:20 07:10 06:57	17,17 km/h
16	1397	Kelker Ruben	LV Oelde	0:35:42	MHK	15	0:35:40	- 06:47 07:02 07:18 07:22 07:08	16,82 km/h
17	1387	Kott Georg	LC Rabid Dortmund	0:35:51	M50	1	0:35:50	- 07:01 07:07 07:14 07:17 07:09	16,74 km/h
18	1420	Kantzoglou Myron	Runners Point-World of R	0:35:59	M40	1	0:35:58	- 06:57 07:02 07:13 07:34 07:11	16,68 km/h
19	174	Floer Stefan	LSF Greven	0:36:30	M40	2	0:35:57	- 08:50 08:58 09:12 00:00 00:00	16,69 km/h
20	305	Kaminski Damian	LSF Münster	0:36:31	MHK	16	0:36:30	- 07:02 07:11 07:22 07:29 07:24	16,43 km/h
21	300	Jürgens Markus	LG Emsdetten	0:36:33	MHK	17	0:36:32	- 07:00 07:10 07:20 07:35 07:25	16,42 km/h
22	285	Isensee Gunnar	Wolfenbütteler THV	0:36:36	MHK	18	0:36:32	- 07:00 07:18 07:19 07:29 07:26	16,42 km/h
23	516	Röthemeyer Marvin	Geo-Running	0:36:47	MHK	19	0:36:44	- 07:06 07:25 07:30 07:32 07:10	16,33 km/h
24	737	Altebäumer Fabian		0:37:07	M30	2	0:37:03	- 07:09 07:18 07:32 07:35 07:29	16,19 km/h
25	753	Prott Michael	LG Lovely Lisa	0:37:08	M35	1	0:37:07	- 07:04 07:25 07:33 07:37 07:27	16,16 km/h
26	30	Auerswald Steffen	Brooks Run Happy Team	0:37:13	M45	1	0:37:11	- 07:02 07:20 07:32 07:44 07:31	16,13 km/h
27	277	Hug Marc	Brooks Run Happy Team	0:37:13	M30	3	0:37:12	- 07:01 07:19 07:26 07:47 07:36	16,13 km/h
28	764	Machauer Marcel	HSP Münster Laufteam	0:37:16	M30	4	0:37:14	- 07:09 07:23 07:35 07:40 07:25	16,11 km/h
29	600	Steffen Markus	SV Eintracht Neuenkirche	0:37:20	M35	2	0:37:18	- 07:00 07:17 07:33 07:44 07:42	16,08 km/h
30	400	Luengo Wiewel Daniel		0:37:21	M35	3	0:37:18	- 07:10 07:21 07:30 07:37 07:39	16,08 km/h
31	1458	Wiesen Christoph	LSF Münster	0:37:24	M30	5	0:37:22	- 07:10 07:23 07:36 07:48 07:32	16,05 km/h
32	774	Hussmann Bert	Brooks Run Happy Team	0:37:29	M40	3	0:37:26	- 07:12 07:23 07:35 07:40 07:35	16,03 km/h
33	1325	Weilen Lukas		0:37:36	MHK	20	0:37:25	- 07:08 07:22 07:32 07:44 07:38	16,03 km/h
34	1412	Eiden Matthias	HSP Münster	0:37:36	MHK	21	0:37:30	- 07:21 07:29 07:36 07:36 07:25	16,00 km/h
35	590	Sonnenburg Tim	Ratzeburger SV - Triathlon	0:37:43	MHK	22	0:37:39	- 07:10 07:28 07:41 07:46 07:31	15,93 km/h
36	274	Hoyer Jan	HSP Münster	0:37:47	MHK	23	0:37:39	- 07:11 07:34 07:42 07:43 07:28	15,93 km/h
37	68	Brinker Klaus	LSF Münster	0:37:49	M35	4	0:37:47	- 07:24 07:27 07:41 07:48 07:25	15,88 km/h
38	568	Schulze Ralf	LSF Münster	0:38:15	M35	5	0:38:12	- 07:24 07:28 07:41 07:51 07:46	15,70 km/h
39	1446	Kleine Vorholt Theo	Run for their lives	0:38:21	M45	2	0:38:16	- 07:22 07:33 07:44 07:50 07:45	15,67 km/h
40	548	Schlusen Sebastian	TuS Germania Horstmar	0:38:23	MHK	24	0:38:15	- 07:19 07:21 07:44 08:01 07:48	15,68 km/h
41	663	Vollbrecht Steffen		0:38:29	M45	3	0:38:26	- 07:19 07:36 07:47 07:51 07:51	15,61 km/h
42	367	Kruse Manuel		0:38:33	MHK	25	0:38:00	- 07:48 07:16 07:36 07:55 07:23	15,79 km/h
43	550	Schmidt Jörn	Runners Club Münster	0:38:34	MHK	26	0:38:28	- 07:28 07:38 07:41 07:51 07:47	15,60 km/h
44	246	Henrique Antonio	Lsf-münster	0:38:35	M55	1	0:38:35	- 07:26 07:33 07:48 07:54 07:52	15,55 km/h
45	214	Günther Christoph	PSV Grün-Weiß Kassel	0:38:38	M30	6	0:38:24	- 07:33 07:37 07:47 07:53 07:33	15,62 km/h
46	151	Exeler Ralf	Tretroller Münsterland	0:38:41	M50	2	0:38:35	- 07:17 07:36 07:49 07:59 07:53	15,55 km/h
47	1433	Kamp Jörg	TV Mettingen	0:38:45	M40	4	0:38:39	- 07:23 07:26 07:48 08:02 07:58	15,52 km/h
48	1327	Loke Frank	TuS Lübbecke	0:38:50	M30	7	0:38:44	- 07:28 07:39 07:54 08:00 07:42	15,49 km/h
49	396	Lühns Philipp Rainer	Life is simple	0:38:51	M30	8	0:38:48	- 07:08 07:31 08:03 08:10 07:55	15,46 km/h
49	793	Risiko Sebastian	Brooks Run Happy Team	0:38:51	MHK	27	0:38:47	- 07:09 07:32 07:56 08:06 08:02	15,47 km/h
51	140	Eich Benedikt	Brooks Run Happy Team	0:38:51	M35	6	0:38:47	- 07:11 07:44 08:01 08:03 07:46	15,47 km/h
52	788	Wulfmeyer Henning	Brooks Run Happy Team	0:38:53	M30	9	0:38:46	- 07:29 07:41 07:53 07:58 07:43	15,47 km/h
53	755	Marten Franz	SFD 75	0:38:56	MHK	28	0:38:44	- 07:38 07:34 07:47 07:57 07:47	15,49 km/h
54	442	Müller Gerold	Mondi Tri Finish Münster	0:39:20	M55	2	0:39:19	- 07:29 07:49 07:53 07:58 08:06	15,26 km/h
55	116	Döring Julian	HSP Münster Laufteam	0:39:30	MHK	29	0:39:27	- 07:46 07:55 07:58 07:57 07:49	15,21 km/h
56	594	Sprute Johannes		0:39:31	M30	10	0:39:25	- 07:28 07:49 08:07 08:13 07:46	15,22 km/h
57	1416	Holtkötter Stefan	Mondi Team Tri Finish Mü	0:39:32	MHK	30	0:39:29	- 06:47 07:01 08:20 08:41 08:38	15,19 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	1335	Schneider Kristian	WSV Mülheim	0:39:32	MHK	31	0:39:29	- 07:30 08:02 08:02 08:01 07:52	15,19 km/h
59	706	Witte Lino	LSF Münster	0:39:32	MHK	32	0:39:28	- 07:32 07:59 08:02 08:01 07:52	15,20 km/h
60	163	Fels Sven	Billerbecker Läufer	0:39:33	MHK	33	0:39:28	- 07:29 07:57 08:04 08:03 07:52	15,20 km/h
61	679	Weischer Dirk	Pascal Gymnasium	0:39:39	M40	5	0:39:30	- 07:42 07:48 07:59 08:00 07:58	15,19 km/h
62	1377	Enxius Ruben	LSF Münster	0:39:45	M40	6	0:39:37	- 07:42 07:53 07:59 08:09 07:52	15,14 km/h
63	456	Navratil Peter	St. Franziskus	0:39:47	M45	4	0:39:40	- 07:39 07:50 08:04 08:12 07:53	15,13 km/h
64	156	Faust Johannes		0:39:47	M40	7	0:39:40	- 07:39 07:50 08:04 08:12 07:53	15,12 km/h
65	413	Marco Laukötter		0:39:51	M40	8	0:39:46	- 07:47 08:00 08:03 08:00 07:54	15,08 km/h
66	1391	Ilgemann Carsten	LSF Münster	0:39:52	M40	9	0:39:50	- 07:35 07:58 08:03 08:09 08:03	15,06 km/h
67	661	Vogt Sven	Hundefreunde Lengerich e	0:39:53	M35	7	0:39:50	- 07:36 07:56 08:07 08:09 08:00	15,06 km/h
68	65	Boschmann Artur	GWS Münster	0:39:55	M35	8	0:39:47	- 07:36 07:53 08:09 08:15 07:52	15,08 km/h
69	480	Peck Thomas	Marathon Soest	0:39:59	MHK	34	0:39:53	- 07:37 07:59 08:12 08:08 07:56	15,04 km/h
70	460	Neumann Jan	TuS Sythen	0:40:00	M35	9	0:39:44	- 07:52 07:55 08:04 08:03 07:49	15,10 km/h
71	671	Walther Julius David		0:40:05	MHK	35	0:40:00	- 07:25 07:50 08:09 08:33 08:00	14,99 km/h
72	309	Kanne Martin	LSF Münster	0:40:34	M45	5	0:40:31	- 07:46 07:55 08:11 08:19 08:18	14,80 km/h
73	425	Menning Thorsten	LG Deiringsen	0:40:35	M35	10	0:40:25	- 07:35 07:56 08:16 08:24 08:12	14,84 km/h
74	459	Neuhaus Markus	Realschule im Kreuzviertel	0:40:45	M45	6	0:40:43	- 07:41 08:00 08:17 08:28 08:14	14,73 km/h
75	206	Gottwald Dieter	SV Teuto Riesenbeck	0:40:46	M50	3	0:40:41	- 07:50 08:00 08:14 08:24 08:10	14,75 km/h
76	1406	von Spiczak Vochen	HSP Münster Laufteam	0:40:48	M30	11	0:40:33	- 08:00 07:51 08:07 08:09 08:23	14,80 km/h
77	644	Urbanowski Frank		0:40:51	M45	7	0:40:44	- 08:06 08:11 08:10 08:17 07:59	14,73 km/h
78	1317	Müller Ulrich		0:40:56	M40	10	0:40:50	- 07:29 07:49 08:17 08:43 08:30	14,69 km/h
79	1347	Veauthier David	Pascal Gymnasium	0:40:57	MU18	1	0:40:14	- 07:42 07:48 08:15 08:32 07:55	14,91 km/h
80	205	Gossling Reinhard		0:40:59	M40	11	0:40:53	- 07:52 08:10 08:18 08:21 08:11	14,67 km/h
81	245	Henninger Max	Skate Aid e.V.	0:41:02	M30	12	0:40:53	- 08:12 08:06 08:10 08:14 08:09	14,67 km/h
82	1448	Westermann Tobias		0:41:05	M35	11	0:40:59	- 08:00 08:11 08:19 08:21 08:05	14,64 km/h
83	404	Machill Michael	LSF Münster	0:41:08	MHK	36	0:41:04	- 07:32 08:00 08:16 08:33 08:40	14,61 km/h
84	242	Heimann David	SG Borken	0:41:08	M35	12	0:40:51	- 08:04 07:36 08:27 08:29 08:13	14,68 km/h
85	582	Simon Spicker		0:41:12	MHK	37	0:41:07	- 07:37 07:54 08:24 08:43 08:28	14,59 km/h
86	1366	Klein Sebastian	LSF Münster	0:41:13	MHK	38	0:41:09	- 07:47 08:01 08:16 08:29 08:34	14,58 km/h
87	36	Bardtke Thomas	BSG LVM Versicherung	0:41:13	M45	8	0:41:07	- 07:39 08:03 08:18 08:38 08:28	14,59 km/h
88	682	Wenke Christoph	Fritten und Bier	0:41:15	M35	13	0:40:56	- 08:11 07:53 08:07 08:08 08:34	14,66 km/h
89	572	SCHWARZ Hendrik	1 (GE/NL) Corps	0:41:15	M30	13	0:41:01	- 07:49 08:06 08:25 08:33 08:07	14,62 km/h
90	313	Kasprik Michael	LSF Münster	0:41:16	M35	14	0:41:14	- 07:30 08:02 08:27 08:39 08:34	14,55 km/h
91	1372	Wennmann Dirk Oliver	*Münster	0:41:17	M30	14	0:41:09	- 07:50 08:09 08:25 08:26 08:18	14,58 km/h
92	662	Voigt Jens	SV Teuto Riesenbeck	0:41:17	M45	9	0:41:11	- 07:57 08:04 08:18 08:32 08:17	14,57 km/h
93	1437	Arnsberg Ulrich	TuS Heiltrup	0:41:18	M45	10	0:41:05	- 08:06 08:10 08:11 08:19 08:18	14,60 km/h
94	429	Meyer Stephan	LSF Münster	0:41:22	M40	12	0:41:19	- 07:43 07:50 08:19 08:45 08:40	14,52 km/h
95	298	Jotzo Daniel	SUS Stadtlohn	0:41:29	M35	15	0:41:11	- 08:16 08:11 08:14 08:18 08:11	14,56 km/h
96	111	Dinslage Lutz	Brooks Running Team	0:41:29	M35	16	0:41:28	- 07:26 07:47 08:23 08:40 09:10	14,47 km/h
97	630	Többen Michael	BSG Sparkasse Münsterl	0:41:33	M45	11	0:41:27	- 07:46 08:10 08:25 08:31 08:33	14,47 km/h
98	534	Sassenrath Carl-Philipp		0:41:36	MHK	39	0:41:14	- 08:18 07:56 08:13 08:28 08:17	14,55 km/h
99	785	Silvestri Francesco	Brooks Run Happy Team	0:41:39	M	0	0:41:34	- 07:35 08:03 08:30 08:49 08:35	14,43 km/h
100	1336	Harrower Jeremy		0:41:46	M50	4	0:41:23	- 07:58 07:57 08:23 08:37 08:25	14,50 km/h
101	220	Hackler Sebastian	Geo-Running	0:41:51	MHK	40	0:41:46	- 07:35 07:59 08:33 08:57 08:41	14,36 km/h
102	121	Fischer Dr. Arne	LSF Münster	0:41:52	M45	12	0:41:49	- 07:41 08:03 08:18 08:47 08:58	14,34 km/h
103	1374	Voß Lars	LG Ems/WSV Warendorf	0:41:58	M40	13	0:41:51	- 08:02 08:18 08:29 08:35 08:25	14,33 km/h
104	1354	Brüseke Andreas	TV Hohne	0:42:01	M40	14	0:41:58	- 08:02 08:20 08:29 08:40 08:25	14,30 km/h
105	421	Meerkamp Marc		0:42:05	MHK	41	0:41:58	- 07:57 08:12 08:23 08:44 08:40	14,30 km/h
106	297	Josef Grond	Marathon Steinfurt	0:42:09	M60	1	0:42:07	- 08:16 08:19 08:24 08:36 08:31	14,24 km/h
107	409	Mally Artur	TUS Hiltrup	0:42:09	M35	17	0:42:04	- 07:52 08:29 08:39 08:42 08:21	14,26 km/h
108	668	Wälte Daniel		0:42:10	M30	15	0:41:53	- 08:16 08:05 08:21 08:36 08:33	14,32 km/h
109	43	Becker Matthias	Fritten und Bier	0:42:10	M30	16	0:41:53	- 08:15 08:11 08:23 08:36 08:26	14,32 km/h
110	361	Kreher Patrick		0:42:12	M30	17	0:42:00	- 08:20 08:09 08:29 08:37 08:22	14,28 km/h
111	646	van der Weem Jonas	Geo-Running	0:42:13	MHK	42	0:42:07	- 07:44 08:11 08:39 08:58 08:33	14,24 km/h
112	521	Rossa Frank	Radbod Runners	0:42:14	M45	13	0:42:08	- 07:49 08:16 08:37 08:50 08:34	14,24 km/h
113	551	Schmiedek Anatol		0:42:15	MHK	43	0:42:06	- 07:35 08:06 08:36 08:57 08:50	14,25 km/h
114	784	Eibner Reno	Brooks Run Happy Team	0:42:16	M50	5	0:42:10	- 07:41 08:22 08:50 08:48 08:27	14,23 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
115	749	Tillack Hans-Joachim	LG Emsdetten	0:42:17	M50	6	0:42:07	- 08:04 08:15 08:30 08:43 08:33	14,24 km/h
116	96	Damwerth Matthias	Wasser+Freizeit	0:42:17	M45	14	0:42:06	- 08:08 08:13 08:27 08:40 08:36	14,25 km/h
117	371	Kuhlmann Julian	TuS Eintracht Minden	0:42:19	MHK	44	0:42:12	- 08:07 08:16 08:31 08:51 08:25	14,21 km/h
118	249	Herrmann Sebastian		0:42:20	MHK	45	0:41:36	- 08:02 08:15 08:25 08:37 08:15	14,42 km/h
119	50	Bellanova Piero	Geo-Running	0:42:21	MHK	46	0:42:15	- 07:35 08:21 08:41 08:58 08:38	14,20 km/h
120	301	Kämper Marcel	LSF Münster	0:42:21	MHK	47	0:42:11	- 08:21 08:10 08:29 08:38 08:31	14,22 km/h
121	1455	Strathaus Wolfgang	W+F Münster	0:42:25	M50	7	0:42:20	- 07:49 08:20 08:32 08:56 08:43	14,17 km/h
122	415	Weissner Martin	LSF Münster	0:42:28	M35	18	0:42:21	- 07:49 08:11 08:29 09:11 08:39	14,17 km/h
123	775	Martens Marcel	Brooks Run Happy Team	0:42:38	M30	18	0:42:30	- 08:03 08:31 08:47 08:38 08:29	14,11 km/h
124	475	Othmer Andreas		0:42:39	M40	15	0:42:20	- 08:28 08:18 08:24 08:35 08:32	14,17 km/h
125	210	Griehl Stefan	H. Gautzsch	0:42:39	MHK	48	0:42:23	- 08:16 08:18 08:30 09:00 08:17	14,15 km/h
126	331	Klinge Daniel	WWU Münster	0:42:40	MHK	49	0:42:15	- 08:29 08:08 08:27 08:46 08:24	14,20 km/h
127	290	Janßen Christoph		0:42:44	MHK	50	0:42:19	- 08:28 08:09 08:26 08:46 08:27	14,18 km/h
128	511	Riesenbeck Ingo	H. Gautzsch	0:42:45	M35	19	0:42:36	- 08:01 08:17 08:35 09:01 08:40	14,08 km/h
129	762	Häger Simon		0:43:01	MHK	51	0:42:47	- 08:15 08:11 08:31 09:00 08:48	14,02 km/h
130	221	Hackmann Armin	Brooks Run Happy Team	0:43:03	M30	19	0:42:45	- 08:32 08:25 08:29 08:39 08:39	14,03 km/h
131	372	Kuhlmann Ludger	VfL Senden	0:43:11	M50	8	0:43:04	- 08:16 08:36 08:51 08:48 08:31	13,93 km/h
132	75	Brünen Andreas	UKM	0:43:11	M35	20	0:42:54	- 08:33 08:30 08:35 08:42 08:32	13,99 km/h
133	1370	Reimann Hansi		0:43:14	M60	2	0:43:09	- 08:21 08:31 08:43 08:50 08:42	13,90 km/h
134	571	Schwarte Christian	LG Emsdetten	0:43:19	M45	15	0:43:09	- 08:19 08:25 08:43 08:55 08:45	13,90 km/h
135	611	Stratmann Jörg		0:43:22	M45	16	0:43:07	- 08:19 08:24 08:40 09:01 08:41	13,91 km/h
136	691	Westphal Matthias		0:43:24	MHK	52	0:43:11	- 07:56 08:12 09:05 08:57 09:00	13,89 km/h
137	16	Ahring Udo	Landstreicher	0:43:29	M50	9	0:43:20	- 08:08 08:32 08:51 08:58 08:49	13,84 km/h
138	452	Nagelski Patrick	Spiridon Haltern	0:43:29	M35	21	0:43:18	- 08:31 08:38 08:43 08:51 08:33	13,85 km/h
139	601	Steiner Valentino		0:43:30	MHK	53	0:43:16	- 07:43 08:28 08:56 09:15 08:52	13,87 km/h
140	350	Kordes Karsten	LSF Münster	0:43:31	M30	20	0:43:20	- 08:21 08:29 08:45 08:57 08:45	13,85 km/h
141	18	Alecke Karsten	vorwärts vorwärts vorwärts	0:43:33	M30	21	0:42:46	- 08:04 08:23 08:40 08:56 08:41	14,02 km/h
142	337	Kobs Michael		0:43:35	M30	22	0:43:28	- 08:23 08:38 08:48 08:57 08:41	13,80 km/h
143	377	Lang Jörg		0:43:39	M40	16	0:43:12	- 08:02 08:29 09:04 08:54 08:41	13,89 km/h
144	564	Schubert Thomas	Laufsportteam WN	0:43:40	M55	3	0:43:35	- 08:01 08:38 09:01 09:08 08:46	13,76 km/h
145	256	Hilbrandt Jonas	Realschule im Kreuzviertel	0:43:43	MU14	1	0:43:22	- 08:04 08:00 08:48 09:15 09:12	13,83 km/h
146	1388	Heinrichs Jörg	Team Laufrausch e.V.	0:43:45	M40	17	0:43:39	- 07:47 08:08 08:43 09:19 09:41	13,74 km/h
147	397	Lüken Aloys	BV Garrel	0:43:46	M40	18	0:43:33	- 08:29 08:34 08:47 08:56 08:45	13,78 km/h
148	481	Peitzmann Martin	LV Oelde	0:43:50	M45	17	0:43:41	- 08:43 08:47 08:45 08:50 08:34	13,73 km/h
149	266	Holtrichter Rößmann Thorste		0:43:52	M30	23	0:43:38	- 08:27 08:34 08:46 08:55 08:54	13,75 km/h
150	1451	Willingmann Todt G.	Night Runners Hamm	0:43:52	M45	18	0:43:40	- 08:40 08:42 08:49 08:45 08:42	13,74 km/h
151	218	Gutowski Thomas	BSG Provinzial	0:43:54	M45	19	0:43:40	- 08:44 08:43 08:54 08:42 08:34	13,74 km/h
152	581	Simon Markus	ASV Senden	0:43:55	M40	19	0:43:47	- 08:17 08:43 08:57 09:06 08:42	13,70 km/h
153	1405	Austrup Henrik	LG Emsdetten	0:44:00	M40	20	0:43:48	- 08:30 08:36 08:55 09:01 08:44	13,70 km/h
154	621	Tessnow Holger	Waldfreibadverein Hörste e	0:44:01	M45	20	0:43:51	- 08:21 08:24 08:41 09:07 09:15	13,68 km/h
155	132	Dumschat-Hötte Oliver	LVM Versicherungen	0:44:02	M40	21	0:43:40	- 08:12 08:32 08:47 09:11 08:56	13,74 km/h
156	1423	Booen Rene	BSV Leeden	0:44:04	M50	10	0:43:46	- 08:09 08:26 08:47 09:17 09:06	13,71 km/h
157	34	Baggeroer Christian	FC St. Pauli Triathlon	0:44:06	M40	22	0:43:58	- 08:23 08:42 08:55 09:00 08:56	13,64 km/h
158	541	Scherer Arthur		0:44:07	MHK	54	0:43:53	- 08:18 08:35 08:52 09:15 08:51	13,67 km/h
159	359	Krause Lutz		0:44:11	M30	24	0:43:44	- 08:38 08:35 08:50 09:00 08:39	13,72 km/h
160	1384	Reinelt Ulrich	BV Gorrel	0:44:12	M50	11	0:43:59	- 08:31 08:41 08:54 09:04 08:47	13,64 km/h
161	69	Brischke Marc		0:44:13	M30	25	0:43:53	- 08:43 08:41 08:59 08:51 08:37	13,67 km/h
162	338	Koch Mathias	LSF Münster	0:44:15	M35	22	0:44:05	- 08:20 08:26 08:53 09:27 08:56	13,61 km/h
163	113	Dittmar Peter		0:44:15	MHK	55	0:43:49	- 07:56 08:26 09:00 09:16 09:10	13,69 km/h
164	463	Nientied Christoph		0:44:16	MHK	56	0:43:51	- 08:28 08:43 08:52 09:07 08:40	13,68 km/h
165	1355	Seffern Martin		0:44:16	M45	21	0:44:12	- 08:01 08:05 08:43 10:15 09:05	13,57 km/h
166	325	Kipp Stefan		0:44:20	M35	23	0:43:47	- 08:37 08:41 08:54 09:01 08:32	13,70 km/h
167	101	David Hermes	HSP Münster Laufteam	0:44:21	MHK	57	0:44:09	- 08:21 08:45 08:50 08:57 09:14	13,59 km/h
168	179	Frisch Martin	Running Gag	0:44:23	M50	12	0:44:11	- 08:29 08:43 08:48 09:11 08:59	13,58 km/h
169	494	Quezada Akamitl		0:44:25	M30	26	0:44:04	- 08:21 08:45 09:07 09:14 08:35	13,61 km/h
170	401	Lütke Schute Siegfried	Tus Hiltrup	0:44:27	M50	13	0:44:18	- 08:28 08:43 09:00 09:05 08:59	13,54 km/h
171	289	Jan Bunnenberg		0:44:28	MHK	58	0:44:23	- 07:37 08:18 09:20 09:46 09:20	13,52 km/h



7. Juli 2013  
10 km



Männer

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Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
172	395	Lüdemann Bernd	BSV Ostbevern	0:44:30	M55	4	0:44:20	- 08:35 08:52 09:03 09:02 08:46	13,53 km/h
173	411	Mann Klaus	Billerbecker Läufer	0:44:30	M50	14	0:44:07	- 08:45 08:31 08:43 08:55 09:11	13,60 km/h
174	1385	Zimmer Rudolf	*Metelen	0:44:32	M55	5	0:44:07	- 08:18 08:31 08:58 09:16 09:02	13,60 km/h
175	378	Lange David		0:44:33	MHK	59	0:44:26	- 07:59 08:42 09:04 09:19 09:20	13,50 km/h
176	746	Freye Andreas	HSP Münster	0:44:33	M30	27	0:44:15	- 08:36 08:52 08:55 09:03 08:47	13,56 km/h
177	141	Eiersbrock Josef	Dülmen läuft	0:44:35	M60	3	0:44:21	- 08:44 08:48 08:50 09:01 08:55	13,53 km/h
178	1443	Stein Uli	LC Rapid Dortmund	0:44:40	M60	4	0:44:35	- 08:27 08:53 08:58 09:12 09:02	13,46 km/h
179	747	Mester Daniel	RSV Steinfurt	0:44:46	M30	28	0:44:22	- 08:45 08:55 09:01 08:56 08:43	13,52 km/h
180	63	Born Malte		0:44:46	MHK	60	0:44:18	- 08:13 08:31 09:04 09:24 09:05	13,54 km/h
181	79	Buer Andreas	BSG LVM Versicherung	0:44:47	M45	22	0:44:25	- 08:33 08:50 08:59 09:02 08:59	13,50 km/h
181	1380	Michaelis Kevin	TSV Handorf	0:44:47	MHK	61	0:43:57	- 08:40 08:42 08:56 09:03 08:33	13,65 km/h
183	105	Deitmar Andre	SC Reckenfeld	0:44:49	M45	23	0:44:37	- 08:30 08:44 08:59 09:16 09:07	13,45 km/h
184	238	Hecking Michael	SuS Stadtlohn	0:44:53	M45	24	0:44:43	- 08:33 08:57 09:04 09:14 08:54	13,41 km/h
185	269	Homann Jürgen	Marathon Steinfurt	0:44:57	M40	23	0:44:39	- 08:36 08:50 09:00 09:07 09:04	13,44 km/h
186	1332	Blüher Steve		0:44:59	M30	29	0:44:46	- 08:47 08:38 09:03 09:22 08:54	13,40 km/h
187	1301	Johannigmeier Benjamin		0:45:00	MHK	62	0:43:53	- 09:06 08:57 08:49 08:48 08:11	13,67 km/h
188	493	Quenter Roman	Brooks Run Happy Team	0:45:04	MHK	63	0:44:31	- 08:53 08:39 08:47 09:07 09:03	13,48 km/h
189	434	Möller Christian		0:45:06	M35	24	0:44:53	- 08:44 08:44 08:56 09:10 09:18	13,37 km/h
190	708	Wolff Markus	SC Altenrheine	0:45:08	M35	25	0:45:05	- 08:40 08:57 08:59 09:06 09:22	13,31 km/h
191	1460	Stegemann Manfred	*Münster	0:45:10	M45	25	0:44:54	- 08:37 08:50 09:01 09:13 09:12	13,36 km/h
192	161	Fels Hubert	Billerbecker Läufer	0:45:13	M50	15	0:44:52	- 08:48 08:51 08:59 09:06 09:06	13,37 km/h
193	402	Lukassen Peter	BSG Westfalen AG	0:45:13	M40	24	0:44:38	- 08:15 08:49 09:03 09:22 09:07	13,44 km/h
194	627	Till Michael	BSG Westfalen AG	0:45:14	M45	26	0:44:38	- 08:31 08:43 08:57 09:18 09:07	13,44 km/h
195	1373	Fey Tilman	*Münster	0:45:14	M45	27	0:44:57	- 08:33 08:26 08:47 09:38 09:31	13,35 km/h
196	740	Killisch Robert		0:45:16	M35	26	0:45:01	- 08:28 09:00 09:20 09:15 08:56	13,33 km/h
197	399	Lüker Sebastian	HSP Münster Laufteam	0:45:21	MHK	64	0:45:05	- 08:16 08:48 09:15 09:27 09:17	13,30 km/h
198	168	Fischbach Andreas		0:45:25	MHK	65	0:45:04	- 08:28 08:49 09:14 09:17 09:14	13,31 km/h
199	296	Jocksch Gernot	SV Ems Westbevern	0:45:31	M50	16	0:45:09	- 08:58 08:52 09:02 09:12 09:05	13,29 km/h
200	765	Buller Oleg		0:45:33	MHK	66	0:45:11	- 09:45 09:10 08:54 08:47 08:33	13,28 km/h
201	1371	Vortkamp Markus		0:45:36	M40	25	0:45:25	- 08:17 09:03 09:17 09:28 09:18	13,21 km/h
202	427	Merta Ralf	Iserlohner Triathlon Team	0:45:39	M40	26	0:45:16	- 08:35 08:46 09:04 09:18 09:32	13,25 km/h
203	1356	Ringena Take	LSF Münster	0:45:40	M35	27	0:45:23	- 08:45 08:55 09:08 09:20 09:13	13,22 km/h
204	1365	Preuhsner Stefan		0:45:43	M40	27	0:45:15	- 08:42 08:49 09:07 09:14 09:22	13,26 km/h
205	312	Karsten Marcel	Realschule im Kreuzviertel	0:45:44	MU16	1	0:45:01	- 09:05 08:48 08:59 09:07 09:01	13,33 km/h
206	375	Kutschenko Stephan	TSVE 1890 Bielefeld	0:45:45	MHK	67	0:45:40	- 07:51 09:09 09:51 09:54 08:54	13,14 km/h
207	223	HAGEMANN Christian	1 (GE/NL) Corps	0:45:46	MHK	68	0:45:20	- 09:10 08:55 09:09 09:15 08:49	13,23 km/h
208	1183	Strumann Kjartan	Pascal-Gymnasium	0:45:53	MU16	2	0:45:43	- 08:25 09:05 09:15 09:28 09:29	13,12 km/h
209	715	Zolda Alexander		0:45:57	MHK	69	0:45:17	- 09:13 09:11 08:59 09:08 08:44	13,25 km/h
210	271	Hooek Andre	Renntiere	0:46:01	M45	28	0:45:52	- 08:33 08:55 09:13 09:36 09:33	13,08 km/h
211	177	Frewer Sebastian		0:46:08	MHK	70	0:45:41	- 09:09 09:03 09:09 09:25 08:54	13,13 km/h
212	33	Backer Malte		0:46:10	MHK	71	0:45:51	- 08:55 08:56 09:13 09:24 09:22	13,08 km/h
213	83	Busch Harald	SC Altenrheine	0:46:11	M45	29	0:46:08	- 08:41 09:03 09:15 09:36 09:31	13,00 km/h
214	1431	Möllers Peter	DJK Dyckburg MS	0:46:24	M50	17	0:45:50	- 09:07 09:00 09:03 09:21 09:18	13,09 km/h
215	697	Wiegel Markus	Team Erdinger Alkoholfrei	0:46:27	M35	28	0:46:07	- 08:35 08:59 09:19 09:35 09:38	13,01 km/h
216	365	Krömer Jürgen		0:46:29	M45	30	0:46:14	- 08:59 09:18 09:18 09:22 09:15	12,98 km/h
217	479	Patterson Dietmar	Münster	0:46:31	M45	31	0:46:19	- 08:43 09:02 09:16 09:45 09:31	12,95 km/h
217	574	Schwennen Stefan	FC Schwarz-Weiß Weiner	0:46:31	M30	30	0:46:00	- 09:28 09:11 09:22 09:09 08:48	13,04 km/h
219	1376	Laumann Markus		0:46:33	M35	29	0:46:26	- 08:29 08:56 09:24 09:51 09:44	12,92 km/h
220	329	Kleyboldt Matthias		0:46:35	MHK	72	0:45:38	- 08:34 08:59 09:13 09:29 09:21	13,15 km/h
221	1313	Schulte Stefan	FC Remblinghausen	0:46:41	MHK	73	0:46:12	- 08:57 09:09 09:17 09:28 09:20	12,98 km/h
222	652	Victor Holger	GW Gelmer	0:46:42	M45	32	0:46:25	- 08:47 09:05 09:24 09:34 09:32	12,93 km/h
223	471	Oertker Dirk	Wareндorfer SU	0:46:44	MHK	74	0:46:25	- 08:47 09:16 09:34 09:31 09:15	12,92 km/h
224	1434	Korella Dr. Dirk	*Münster	0:46:45	M50	18	0:45:43	- 09:29 09:04 09:03 09:09 08:56	13,12 km/h
225	302	kalisch jörg		0:46:46	M45	33	0:46:42	- 08:09 08:58 09:29 09:52 10:11	12,85 km/h
226	392	Lopes Gomes Julio	LSF	0:46:47	M45	34	0:46:43	- 08:31 09:07 09:30 09:47 09:47	12,84 km/h
227	632	Toplak Fred	TOPLAK TEAM	0:46:49	M50	19	0:46:19	- 09:07 09:15 09:21 09:30 09:05	12,95 km/h
228	699	Wierlemann Klaus		0:46:53	M45	35	0:46:30	- 09:07 09:16 09:14 09:32 09:19	12,90 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
229	112	Dirksen Sven	H. Gautzsch	0:46:54	M40	28	0:46:16	- 09:27 09:19 09:18 09:20 08:51	12,96 km/h
230	492	Probst René		0:47:00	MHK	75	0:46:46	- 08:48 08:57 09:22 09:57 09:41	12,83 km/h
231	1419	L'Autellier Jérôme	5 Sterne Laufteam Campus	0:47:01	M40	29	0:46:30	- 09:01 09:12 09:19 09:27 09:30	12,90 km/h
232	591	Spincke Martin	Running Gag	0:47:12	MHK	76	0:46:19	- 08:50 09:08 09:16 09:38 09:25	12,95 km/h
233	222	Hänscheid Jörg	Brooks Run Happy Team	0:47:14	M30	31	0:47:05	- 08:12 09:02 09:35 10:12 10:02	12,74 km/h
234	1302	Navratic Milan		0:47:17	MHK	77	0:46:37	- 09:37 09:30 09:18 09:26 08:45	12,87 km/h
235	698	Wiening Axel	Lauf Gemeinschaft Emsdel	0:47:20	M45	36	0:47:05	- 09:15 09:22 09:22 09:34 09:30	12,74 km/h
236	225	Hahn Donatus	Tri Finish	0:47:21	MHK	78	0:46:57	- 08:29 09:08 09:38 09:56 09:44	12,78 km/h
236	437	Moritz Seyffarth		0:47:21	MHK	78	0:47:12	- 08:33 09:44 10:03 09:50 09:00	12,71 km/h
238	1357	Kaiser Ulrich	LSF Münster	0:47:21	M50	20	0:47:05	- 08:38 09:04 09:34 09:51 09:57	12,74 km/h
239	607	Stephanblome Klaus	Marathon Steinfurt	0:47:25	M45	37	0:47:14	- 08:47 09:20 09:38 09:48 09:39	12,70 km/h
240	1426	Schwertner Torsten	Westbevern	0:47:30	M45	38	0:47:14	- 08:20 09:04 09:31 10:13 10:04	12,70 km/h
241	772	Friedrich Sebastian	Brooks Run Happy Team	0:47:33	M35	30	0:47:21	- 09:20 09:14 09:18 09:48 09:39	12,67 km/h
242	270	Honerkamp Stefan	Brooks Running Team	0:47:34	MHK	80	0:47:18	- 09:15 09:19 09:27 09:59 09:16	12,68 km/h
243	414	Markowitz Holger		0:47:43	M30	32	0:47:24	- 08:53 09:05 09:37 10:02 09:45	12,66 km/h
244	228	Halpaap Ingo		0:47:43	M35	31	0:47:25	- 09:01 09:10 09:47 09:58 09:27	12,65 km/h
245	153	Fache Pierre		0:47:43	MHK	81	0:46:58	- 08:50 09:03 09:29 09:54 09:41	12,77 km/h
246	565	Schütz Lars	H. Gautzsch	0:47:44	M30	33	0:47:03	- 09:14 09:19 09:22 09:43 09:23	12,75 km/h
247	560	Schröder Lars	BSG Selectric	0:47:47	M50	21	0:47:33	- 09:19 09:23 09:29 09:34 09:47	12,61 km/h
248	1402	Epping Martin	1.FC Gievenbeck	0:47:48	M45	39	0:47:36	- 08:30 09:21 09:51 10:05 09:48	12,60 km/h
249	1352	Fingerhut Max		0:47:50	MHK	82	0:47:38	- 08:32 09:03 09:55 10:18 09:48	12,59 km/h
250	515	Röring Christian	Die Schleicher	0:47:51	MHK	83	0:46:55	- 09:15 09:21 09:36 09:37 09:03	12,79 km/h
251	517	Rövekamp Philipp	DJK Wacker Mecklenbeck	0:47:53	MHK	84	0:47:23	- 08:57 09:38 09:50 09:58 08:58	12,66 km/h
252	1378	Huber Ronny	Laufjunkies	0:47:59	M35	32	0:47:53	- 08:34 09:02 09:41 10:19 10:15	12,53 km/h
253	224	Hagen Andreas	SC Reckenfeld	0:47:59	M35	33	0:47:47	- 08:54 09:33 09:43 10:01 09:35	12,55 km/h
254	1430	Klein Karsten	DJK SC Ninberge	0:48:00	M45	40	0:47:11	- 09:29 09:28 09:36 09:32 09:03	12,71 km/h
255	82	Buil Michael	Provinzial Rheinland	0:48:01	M50	22	0:47:54	- 09:04 09:34 09:44 09:53 09:36	12,53 km/h
256	59	Börger Christoph		0:48:01	M30	34	0:47:14	- 09:08 09:16 09:33 09:52 09:23	12,70 km/h
257	354	Kottke Carsten		0:48:05	M45	41	0:47:48	- 08:37 09:11 09:36 10:04 10:18	12,55 km/h
258	284	Ipsen Reinhard	Laufsportteam WN	0:48:06	M45	42	0:47:44	- 09:22 09:32 09:34 09:46 09:27	12,57 km/h
259	422	Meiser Stefan		0:48:08	M40	30	0:47:34	- 09:23 09:24 09:35 09:39 09:31	12,61 km/h
260	1415	Radof Alexander		0:48:10	M30	35	0:47:32	- 09:52 09:38 09:21 09:27 09:12	12,62 km/h
261	683	Wenzel Heiko		0:48:11	M40	31	0:47:47	- 09:04 09:18 09:37 09:53 09:54	12,55 km/h
262	1453	Lindner Hans Jürgen		0:48:12	M45	43	0:47:57	- 08:53 09:01 09:26 10:08 10:27	12,51 km/h
263	495	Ranneberg Stefan	Lsf Münster	0:48:16	M40	32	0:47:31	- 09:42 09:34 09:28 09:26 09:20	12,63 km/h
264	1398	Wittpahl Christian		0:48:17	M40	33	0:48:04	- 08:33 09:16 09:51 10:06 10:16	12,48 km/h
265	592	Splithoff Andreas	Laufsportteam WN	0:48:18	M50	23	0:47:59	- 09:07 09:20 09:38 10:03 09:48	12,50 km/h
266	561	Schröder Niklas		0:48:19	M30	36	0:47:36	- 08:59 09:28 09:37 09:47 09:43	12,60 km/h
267	294	Jeyakanthan Gowrisankar	Brooks Run Happy Team	0:48:20	MHK	85	0:48:17	- 08:48 09:59 09:59 09:55 09:35	12,42 km/h
268	232	Hampel Marco	LSF Münster	0:48:21	M40	34	0:48:13	- 09:06 09:12 09:45 10:03 10:05	12,44 km/h
269	383	Linhoff Andreas	SC Reckenfeld 1928 e.V.	0:48:23	M40	35	0:48:10	- 08:27 08:55 09:50 10:39 10:17	12,46 km/h
270	1429	Reiberg Christoph	SG DJK Dyckburg	0:48:24	MHK	86	0:47:37	- 10:04 09:43 09:20 09:27 09:01	12,60 km/h
271	1393	Föller Ludger	SG DJK Dyckburg	0:48:25	M55	6	0:48:05	- 08:53 09:19 09:44 09:59 10:09	12,47 km/h
272	88	Claudio Tomarchio	Polisportiva Colli Aniene	0:48:25	M30	37	0:48:13	- 09:19 09:56 10:00 09:38 09:18	12,44 km/h
273	1500	Kock Kai-Uwe	LSF Münster	0:48:25	M50	24	0:48:22	- 09:39 09:47 09:55 09:45 09:15	12,40 km/h
274	588	Soiron Kai		0:48:26	M40	36	0:48:03	- 09:05 09:26 09:48 10:00 09:42	12,48 km/h
275	257	Hilbrandt Nils	Realschule im Kreuzviertel	0:48:31	MU14	2	0:48:08	- 08:19 09:02 09:56 10:49 10:02	12,46 km/h
276	700	Wilken Marian		0:48:32	MHK	87	0:47:47	- 09:17 09:19 09:47 10:02 09:20	12,55 km/h
277	577	Seppendorf Felix		0:48:34	MHK	88	0:48:20	- 09:47 09:54 09:38 09:40 09:20	12,41 km/h
278	118	Dogan Erkan	SG Telgte	0:48:35	M30	38	0:48:32	- 09:11 09:41 09:50 10:00 09:48	12,36 km/h
279	273	Hosemann Lars		0:48:37	MHK	89	0:48:27	- 09:20 10:34 09:13 09:38 09:40	12,38 km/h
280	796	Blazajak Matthias	Brooks Run Happy Team	0:48:38	M40	37	0:47:49	- 09:23 09:10 09:24 09:51 10:00	12,55 km/h
281	1368	Sandmann Manfred	Getränke Dreper Münster	0:48:40	M55	7	0:48:32	- 09:09 09:39 09:56 09:56 09:51	12,36 km/h
282	1333	Blaschke Kai		0:48:42	M30	39	0:48:38	- 08:01 09:37 10:33 10:27 09:59	12,33 km/h
283	752	Minnemann Philipp	Ludwig Erhardt	0:48:44	MHK	90	0:48:30	- 09:08 09:28 10:00 10:04 09:48	12,37 km/h
284	154	Fälker Benedict		0:48:46	MHK	91	0:48:29	- 08:52 09:25 09:53 10:10 10:07	12,37 km/h
285	790	Duck Andreas	Brooks Run Happy Team	0:48:49	M30	40	0:48:23	- 09:25 09:31 09:56 09:52 09:36	12,40 km/h

Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
286	193	GERHARD ALTMANN		0:48:49	M40	38	0:48:24	- 08:56 09:28 09:57 10:11 09:50	12,39 km/h
287	649	Vehlow Sebastian	Brooks Running Team	0:48:50	MHK	92	0:48:33	- 09:25 09:31 09:50 09:56 09:49	12,36 km/h
288	251	Hesse Antonius		0:48:52	M60	5	0:48:48	- 08:48 09:39 10:09 10:05 10:06	12,29 km/h
289	92	Czupalla Martin	H. Gautzsch	0:48:56	MHK	93	0:48:39	- 09:29 09:41 09:47 09:46 09:54	12,33 km/h
290	464	Nierhoff Kai		0:49:02	M35	34	0:48:48	- 09:18 09:38 09:47 09:57 10:05	12,29 km/h
291	446	Münsterkötter Nils	Lauftreff Nottuln	0:49:03	MU16	3	0:48:17	- 10:00 08:57 08:59 10:21 09:57	12,43 km/h
292	80	Buhr Sascha	SG Bad Bentheim	0:49:03	M30	41	0:48:34	- 08:59 09:18 09:51 10:52 09:32	12,35 km/h
293	115	Dönnebrink Ansgar	SG Deutsche Bank Müntst	0:49:03	M40	39	0:48:40	- 09:25 09:51 09:55 09:54 09:33	12,33 km/h
294	1390	Philips Josef	LG Ems Warendorf	0:49:06	M60	6	0:48:54	- 09:06 09:40 09:52 10:02 10:12	12,27 km/h
295	358	Krasenbrink Sebastian	SG Deutsche Bank Müntst	0:49:06	MHK	94	0:49:00	- 07:22 09:58 10:48 10:29 10:20	12,24 km/h
296	227	Hahn Stefan	Laufteam Grenzland	0:49:06	M50	25	0:48:30	- 09:37 09:44 09:40 09:50 09:37	12,37 km/h
297	188	Geier Stefan		0:49:07	M35	35	0:48:07	- 10:03 09:26 09:39 09:42 09:15	12,47 km/h
298	292	Jaster Berthold	Gremmendorfer Laufkun	0:49:20	M45	44	0:48:15	- 09:37 09:39 09:41 09:46 09:29	12,43 km/h
299	148	Eßing Nicolas	SV Ems Westbevern	0:49:22	MU18	2	0:48:59	- 09:43 09:38 09:45 10:14 09:38	12,25 km/h
300	455	Naumann Robert	H. Gautzsch	0:49:23	MHK	95	0:49:07	- 09:24 09:44 09:52 09:54 10:12	12,21 km/h
301	74	Brüggemann Andreas	H. Gautzsch	0:49:27	M45	45	0:48:50	- 09:23 09:37 09:47 09:54 10:07	12,29 km/h
302	237	Havers Kai-Simon	LSF Münster	0:49:29	M30	42	0:49:13	- 09:13 09:42 09:59 10:06 10:10	12,19 km/h
303	702	Wilmsen Thorsten		0:49:30	M30	43	0:49:17	- 09:04 09:34 09:57 10:17 10:23	12,17 km/h
304	685	Wesener-Roth Michael	Realschule im Kreuzviertel	0:49:33	M50	26	0:49:05	- 09:26 09:46 09:54 10:05 09:52	12,22 km/h
305	616	Swoboda Jörg		0:49:40	M40	40	0:49:03	- 09:37 09:58 09:51 09:50 09:45	12,23 km/h
306	1447	Weiper Charly	Run for their Lives	0:49:41	M55	8	0:49:23	- 09:07 09:23 09:54 10:09 10:48	12,15 km/h
307	1436	Molitor Jan		0:49:46	M35	36	0:49:26	- 09:20 09:37 09:56 10:14 10:17	12,13 km/h
308	797	Pagenkämper Thomas	Brooks Run Happy Team	0:49:48	M40	41	0:49:36	- 09:11 09:42 09:58 10:23 10:21	12,09 km/h
309	794	Dahl Alf	Brooks Run Happy Team	0:49:50	M35	37	0:49:40	- 09:01 09:45 10:13 10:27 10:13	12,08 km/h
310	360	Krautwig Kai		0:49:51	MHK	96	0:49:21	- 09:00 09:31 10:04 10:24 10:21	12,15 km/h
311	230	Hames Thomas		0:49:53	M35	38	0:49:19	- 09:41 09:34 10:03 10:13 09:46	12,17 km/h
312	72	Bröskamp Heinz		0:49:54	M40	42	0:49:34	- 09:07 10:10 10:15 10:01 10:00	12,10 km/h
313	1409	Wesche Michael		0:49:55	M45	46	0:49:14	- 09:37 09:59 09:57 09:55 09:43	12,18 km/h
314	130	Düpmeyer Armin	LG Ems Warendorf	0:49:56	M50	27	0:49:27	- 09:54 09:53 09:56 09:58 09:45	12,13 km/h
315	584	Siring Werner		0:49:57	M55	9	0:49:52	- 09:19 10:02 10:13 10:25 09:51	12,03 km/h
316	676	Wehner Arne	LSF	0:50:04	MU20	1	0:50:01	- 08:04 10:43 10:15 10:31 10:27	11,99 km/h
317	472	Oester Thomas	H. Gautzsch	0:50:07	M45	47	0:49:48	- 09:25 09:54 10:16 10:25 09:45	12,05 km/h
318	170	Fischer Stephan		0:50:10	M40	43	0:49:56	- 09:17 09:29 09:52 10:42 10:33	12,02 km/h
319	776	Garber Andre	Brooks Run Happy Team	0:50:17	M35	39	0:49:51	- 08:33 09:28 10:14 10:42 10:51	12,03 km/h
320	129	Dünnwald Mathias		0:50:17	MHK	97	0:49:34	- 09:46 09:42 09:52 10:08 10:05	12,10 km/h
321	787	Heying Marc	Brooks Run Happy Team	0:50:19	M	0	0:49:22	- 10:29 09:57 09:46 09:46 09:22	12,15 km/h
322	120	Albers Dr. Christoph		0:50:21	M30	44	0:49:34	- 09:38 09:50 10:01 10:04 09:59	12,10 km/h
323	1428	Renneke Henning	SG DJK Dyckburg	0:50:22	MHK	98	0:49:35	- 10:22 10:12 10:01 09:43 09:16	12,10 km/h
324	529	Sackmann Thomas	BSG AGRAVIS	0:50:22	M45	48	0:49:41	- 09:24 09:56 10:06 10:08 10:04	12,08 km/h
325	171	Fitting Maximilian		0:50:23	MHK	99	0:50:01	- 09:25 10:00 10:20 10:14 10:00	12,00 km/h
326	1308	Correa Javier	1. Fuffi Verein	0:50:26	M35	40	0:49:57	- 09:49 10:07 10:11 10:12 09:36	12,01 km/h
327	106	Dekker Frank		0:50:27	M50	28	0:50:12	- 09:07 09:44 10:16 10:28 10:35	11,95 km/h
328	369	Kubitz Tino	BSV Roxel/ESPA	0:50:27	MU20	2	0:49:59	- 09:41 09:55 10:07 10:14 10:01	12,00 km/h
329	335	Knipp Stefan		0:50:28	M40	44	0:49:43	- 10:06 09:46 09:59 10:06 09:44	12,07 km/h
330	542	Schiller Jannik	SV Neubeckum	0:50:29	MU18	3	0:49:54	- 09:50 10:00 10:00 10:06 09:56	12,02 km/h
331	183	fulvio quattrocchi		0:50:30	M60	7	0:49:41	- 09:33 09:35 09:55 10:18 10:19	12,07 km/h
332	202	Goldberg Udo	LSF Münster	0:50:30	M50	29	0:49:56	- 09:48 09:40 09:52 10:12 10:23	12,02 km/h
333	1457	Schmitz Jürgen	LSF Münster	0:50:35	M50	30	0:50:03	- 09:33 09:38 10:04 10:19 10:27	11,99 km/h
334	576	Seidel Jürgen	lsf münster	0:50:36	M45	49	0:50:04	- 09:42 09:46 09:55 10:18 10:21	11,98 km/h
335	1392	Bartz Harald	LV Oelde	0:50:36	M65	1	0:50:19	- 09:56 10:00 09:59 10:10 10:12	11,92 km/h
336	637	Trumpf Henning	BSG AGRAVIS	0:50:37	M45	50	0:49:47	- 09:39 09:43 10:04 10:15 10:04	12,05 km/h
337	1456	Täger Jan	Brooks Run Happy Team	0:50:43	M	0	0:50:01	- 10:26 09:51 10:21 10:15 09:06	11,99 km/h
338	445	Münsterkötter Kai	Lauftreff Nottuln	0:50:43	MU18	4	0:50:00	- 10:08 09:35 09:52 10:08 10:17	12,00 km/h
339	1314	Garmann Peter		0:50:44	M	0	0:50:26	- 09:01 09:21 10:21 10:43 10:59	11,89 km/h
340	689	Weßling André		0:50:45	MHK	100	0:49:43	- 09:40 09:51 10:09 10:06 09:54	12,07 km/h
341	319	Kayser Thomas		0:50:47	M40	45	0:49:55	- 09:40 09:42 09:51 10:13 10:27	12,02 km/h
342	1404	Früchel Bernd		0:50:55	M50	31	0:50:20	- 09:23 09:50 10:09 10:33 10:23	11,92 km/h



Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
343	1427	Girnth Christian	BSG LVM	0:50:57	M45	51	0:50:33	- 10:03 10:05 10:05 10:08 10:10	11,87 km/h
344	0	unbekannt DY6CM6X		0:50:57	M	0	0:50:32	- 10:02 10:05 10:07 10:07 10:10	11,87 km/h
345	1414	Lukaschek Peter		0:51:00	MHK	101	0:50:23	- 10:07 10:12 10:06 10:10 09:47	11,91 km/h
346	44	Becker Michael	BSG LVM Versicherung	0:51:01	M40	46	0:50:38	- 09:00 09:09 09:39 13:10 09:38	11,85 km/h
347	328	Kleiner Axel	LG Emsdetten	0:51:02	M55	10	0:50:46	- 09:21 09:52 10:03 10:44 10:44	11,82 km/h
348	17	Albers Andreas		0:51:04	M30	45	0:50:07	- 09:56 09:52 10:04 10:19 09:53	11,97 km/h
349	1303	Borghorst Jan		0:51:06	M30	46	0:50:29	- 09:59 10:07 10:16 10:12 09:53	11,88 km/h
350	559	Schrewe Franz Bernhard	Theater-mitallensinnen	0:51:10	M55	11	0:51:00	- 09:06 09:54 10:25 10:44 10:49	11,76 km/h
351	1320	Jäger Manuel		0:51:18	MHK	102	0:50:38	- 09:16 09:29 09:53 10:39 11:19	11,85 km/h
352	185	Gallmeister Wolfgang	Werse-Läufer-Münster	0:51:20	M50	32	0:50:25	- 10:00 09:52 10:07 10:13 10:11	11,90 km/h
353	1389	Franke Michael		0:51:22	M	0	0:50:51	- 09:28 10:04 10:29 10:46 10:02	11,80 km/h
354	433	Möcklinghoff Heiko		0:51:24	M45	52	0:50:44	- 09:47 10:01 10:12 10:22 10:20	11,82 km/h
355	104	Deiters Maximilian	H. Gautzsch	0:51:27	MHK	103	0:50:46	- 09:53 09:57 10:18 10:32 10:04	11,82 km/h
356	738	Schlingemann Rudi		0:51:29	M50	33	0:51:13	- 09:14 09:41 10:26 10:47 11:03	11,71 km/h
357	428	Metten Alex	Brooks Run Happy Team	0:51:29	MHK	104	0:50:39	- 10:05 10:05 10:15 10:12 10:00	11,84 km/h
358	721	Telgmann Michael	Brooks Run Happy Team	0:51:29	MHK	105	0:50:39	- 10:05 10:06 10:14 10:12 10:01	11,84 km/h
359	486	Piegza Sebastian		0:51:30	M30	47	0:50:39	- 10:08 10:05 10:09 10:15 09:59	11,85 km/h
360	307	KAMPERT Martin	1 (GE/NL) Corps	0:51:35	M45	53	0:51:15	- 09:44 10:06 10:21 10:26 10:36	11,71 km/h
361	519	Rohwerder Christoph	Brooks Run Happy Team	0:51:37	MHK	106	0:50:34	- 10:11 09:56 09:57 10:16 10:13	11,86 km/h
362	570	Schumacher Marcus	TUS Hiltrup	0:51:44	M40	47	0:51:32	- 09:14 10:05 10:29 10:51 10:51	11,64 km/h
363	60	Böwing Marc-Andre	Billerbecker Läufer	0:51:47	MHK	107	0:50:55	- 09:52 10:00 10:26 10:27 10:08	11,78 km/h
364	306	Kamp Christoph		0:51:48	M35	41	0:50:48	- 10:10 09:58 10:37 10:12 09:49	11,81 km/h
365	1435	Leimbach Hans-Peter	LSF Münster	0:51:51	M55	12	0:51:23	- 09:56 10:10 10:19 10:44 10:12	11,68 km/h
366	1349	Ludwig Christian		0:51:52	M40	48	0:50:54	- 10:15 10:21 09:57 10:32 09:47	11,79 km/h
367	648	Vechtel Jan		0:51:53	MHK	108	0:50:53	- 10:36 10:29 10:14 10:07 09:25	11,79 km/h
368	15	Ahmann Sigi	TV Friesen Telgte	0:51:58	M60	8	0:51:37	- 10:19 10:16 10:24 10:27 10:08	11,62 km/h
369	553	Schmillenkamp Dieter	LV Oelde	0:52:00	M70	1	0:51:58	- 09:25 10:06 10:31 10:52 11:03	11,54 km/h
370	149	Eßmann Martin	MSC Münster	0:52:01	M50	34	0:51:01	- 10:12 10:04 09:53 10:24 10:26	11,76 km/h
371	282	Ilgner Oliver		0:52:01	M45	54	0:51:19	- 10:06 10:16 10:28 10:29 09:59	11,69 km/h
372	387	Loddenkötter Stefan	H. Gautzsch	0:52:03	M45	55	0:51:22	- 09:35 09:57 10:29 10:39 10:39	11,68 km/h
373	127	Dreymann Christopher	Brooks Run Happy Team	0:52:07	M30	48	0:51:34	- 09:08 09:55 10:31 10:57 11:01	11,63 km/h
374	654	Vieten Niclas		0:52:08	MHK	109	0:51:42	- 09:34 10:14 10:51 10:47 10:13	11,60 km/h
375	444	Mümken Udo		0:52:19	M35	42	0:51:15	- 09:47 09:58 10:16 10:42 10:30	11,71 km/h
376	11	Abendroth Christian	SC Spelle/Venhaus	0:52:21	M35	43	0:51:49	- 09:43 10:00 10:05 11:03 10:56	11,58 km/h
377	656	Vlasceanu Dragos	Laufsportteam WN	0:52:24	MHK	110	0:52:03	- 09:44 10:19 10:39 10:29 10:49	11,52 km/h
378	320	Keimer Bernd	Laufsportteam WN	0:52:24	M45	56	0:52:06	- 09:46 10:20 10:39 10:29 10:50	11,52 km/h
379	742	Weinekötter Peter		0:52:27	M35	44	0:51:25	- 10:44 10:21 10:16 10:07 09:56	11,67 km/h
380	745	Kretz Dennis		0:52:27	M35	45	0:51:26	- 10:44 10:21 10:16 10:07 09:56	11,66 km/h
381	264	Hofmann Holger	Realschule im Kreuzviertel	0:52:29	M50	35	0:51:53	- 10:22 10:21 10:27 10:26 10:17	11,56 km/h
382	1329	Müller-Ehrenberg Alessandr		0:52:31	MU18	5	0:51:59	- 10:59 10:50 10:29 10:12 09:27	11,54 km/h
383	758	Lingk Marco		0:52:41	M40	49	0:51:48	- 10:14 10:01 10:09 10:34 10:48	11,58 km/h
384	283	Ilgner Uwe	H. Gautzsch	0:52:42	M40	50	0:52:00	- 10:16 10:19 10:23 10:32 10:28	11,54 km/h
385	85	Busmann Daniel	GS Hohenholte	0:52:47	M30	49	0:51:38	- 10:24 10:09 10:18 10:25 10:20	11,62 km/h
386	144	Elling Marco	Laufsportteam WN	0:52:47	M35	46	0:52:27	- 09:44 10:19 10:40 10:45 10:56	11,44 km/h
387	692	Weweler Markus	Pascal-Gymnasium	0:52:54	M45	57	0:52:40	- 09:20 10:13 10:55 11:28 10:43	11,39 km/h
388	304	Kamender Raphael	Brooks Run Happy Team	0:53:04	M35	47	0:52:07	- 10:40 10:18 10:21 10:31 10:14	11,51 km/h
389	573	Schwennecker Nico		0:53:05	M30	50	0:52:32	- 09:46 10:06 10:39 10:52 11:07	11,42 km/h
390	525	Rump Mario		0:53:07	M40	51	0:52:22	- 10:07 10:01 10:18 11:11 10:42	11,46 km/h
391	303	Kamender Jakob	Brooks Run Happy Team	0:53:10	M35	48	0:52:12	- 10:40 10:18 10:21 10:31 10:20	11,49 km/h
392	757	Wiggermann Christoph		0:53:11	M45	58	0:52:35	- 10:34 10:14 10:31 10:38 10:36	11,41 km/h
393	1350	Haubner Fabian	Blood Fusion	0:53:12	M30	51	0:52:14	- 10:16 10:21 10:33 10:52 10:11	11,48 km/h
394	439	Mucksch Norbert	Hochschulsport Münster-A	0:53:13	M50	36	0:53:00	- 10:01 10:31 10:44 10:57 10:45	11,32 km/h
395	1348	Gems Tobias	SV Bayer 05 Uerdingen	0:53:15	MHK	111	0:52:34	- 09:56 09:51 10:27 10:55 11:23	11,41 km/h
396	624	Thien Christian	HSP Münster Laufteam	0:53:15	M30	52	0:52:49	- 09:47 10:01 11:10 10:57 10:52	11,36 km/h
397	255	Heyder Max	X4TEL RUNNING GAG	0:53:17	MHK	112	0:52:46	- 09:48 10:06 10:34 11:00 11:15	11,37 km/h
398	547	Schlusen Fabian		0:53:25	MHK	113	0:52:44	- 09:28 09:51 10:23 11:47 11:14	11,38 km/h
399	543	Schilling Gregor	Bergziegen	0:53:28	M45	59	0:52:29	- 10:30 10:34 10:37 10:41 10:05	11,43 km/h

Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
400	55	BLANK Willi	1 (GE/NL) Corps	0:53:31	M40	52	0:53:18	- 09:44 10:32 10:55 11:10 10:54	11,26 km/h
401	688	Wessels Andreas	Pascal-Gymnasium	0:53:34	M50	37	0:53:14	- 09:47 09:57 10:52 11:13 11:24	11,27 km/h
401	686	Wesener-Röth Paul	Realschule im Kreuzviertel	0:53:34	MU14	3	0:53:30	- 10:38 11:14 10:57 10:13 10:26	11,21 km/h
403	381	Lenfers Hendrik		0:53:38	M30	53	0:52:50	- 10:26 10:27 10:40 10:52 10:22	11,35 km/h
404	1369	Neumann Bertram	BSG Laufen GAD	0:53:38	M50	38	0:53:29	- 09:31 10:31 11:06 11:12 11:07	11,22 km/h
405	108	Dierkes Holger		0:53:44	M40	53	0:52:47	- 10:20 10:23 10:32 11:06 10:25	11,37 km/h
406	535	Saueressig Jann		0:53:46	M40	54	0:52:47	- 10:19 10:26 10:33 10:51 10:37	11,37 km/h
407	440	Mück-Lichtenfeld Christian		0:53:46	M45	60	0:53:02	- 10:27 10:24 10:29 10:56 10:44	11,31 km/h
408	175	Franek Franz	Laufsportteam WN	0:53:47	M60	9	0:53:10	- 10:04 10:29 10:37 11:04 10:55	11,28 km/h
409	473	Oliver Timmermann	Bergziegen	0:53:50	M40	55	0:52:52	- 10:32 10:35 10:36 10:41 10:27	11,35 km/h
410	454	Naumann Mathias	H. Gautzsch	0:53:55	M55	13	0:53:18	- 10:34 10:40 10:30 10:43 10:49	11,26 km/h
411	711	Zeplichal Yves		0:53:59	MHK	1140	0:53:07	- 09:51 10:07 11:00 11:14 10:55	11,29 km/h
412	583	Siring Gabriel		0:54:01	MU20	3	0:53:55	- 09:21 10:29 11:00 11:20 11:44	11,13 km/h
413	135	Effelsberg Dave		0:54:01	M40	56	0:53:39	- 09:51 10:23 10:47 12:03 10:33	11,18 km/h
414	674	Wecker Guido	LSF Münster	0:54:01	M45	61	0:53:30	- 09:49 10:20 10:47 11:19 11:13	11,21 km/h
415	1449	Klinke Wolfgang	Run 4 fun	0:54:05	M45	62	0:53:08	- 10:30 10:16 10:18 11:02 11:00	11,29 km/h
416	318	Kavermann Martin	Realschule im Kreuzviertel	0:54:10	M50	39	0:53:41	- 10:15 10:38 10:49 11:08 10:49	11,17 km/h
417	593	Springer Felix	Rotaract Club Münster	0:54:10	MHK	1150	0:53:11	- 10:01 10:09 10:37 11:19 11:04	11,28 km/h
418	182	Froning Oliver	TV Wolbeck	0:54:14	M50	40	0:53:24	- 10:25 10:35 11:01 10:54 10:26	11,24 km/h
419	1394	Schemmer Thomas	Reiseagentur Meimberg	0:54:18	M45	63	0:53:26	- 10:35 10:36 10:41 10:51 10:41	11,23 km/h
420	382	Lex Christian	MS-Angelmodde Friends	0:54:20	M35	49	0:53:34	- 10:21 10:40 10:52 10:48 10:51	11,20 km/h
421	436	Moisés Santos	MS-Angelmodde Friends	0:54:20	M35	50	0:53:35	- 10:22 10:40 10:53 10:50 10:49	11,20 km/h
422	356	Kras Cedric	DJK Vorwärts Ahlen	0:54:22	MU20	4	0:53:45	- 10:00 10:06 10:49 11:51 10:58	11,16 km/h
423	526	Rutter Christoph	FI-Sport e.V.	0:54:27	M40	57	0:54:09	- 09:58 10:28 11:04 11:25 11:12	11,08 km/h
424	56	Blick-Veber Matthias		0:54:28	M45	64	0:53:31	- 10:19 10:23 10:32 11:06 11:09	11,21 km/h
425	651	Verneuer Johannes	BSG AGRAVIS	0:54:31	MHK	1160	0:53:42	- 10:14 10:40 11:04 11:06 10:37	11,17 km/h
426	476	Otto Benedikt		0:54:32	MHK	1170	0:53:48	- 11:16 10:56 10:57 10:53 09:44	11,15 km/h
427	1362	Voet Gerald	Nordhorner LT	0:54:43	M50	41	0:53:50	- 10:41 10:36 10:51 10:54 10:45	11,14 km/h
428	1424	Mentrup Dirk	VfL Wolbeck	0:54:46	M40	58	0:53:43	- 10:57 10:55 10:42 10:57 10:10	11,17 km/h
429	1418	Brämer Daniel		0:54:48	M30	54	0:54:17	- 10:10 11:02 10:55 10:58 11:11	11,05 km/h
430	586	Smirek Torsten	Commerzbank Münster	0:54:50	M40	59	0:53:51	- 10:20 10:30 10:47 11:00 11:12	11,14 km/h
431	128	Driesch Georg	Martinischule	0:54:54	M45	65	0:54:29	- 10:48 11:05 11:12 10:44 10:38	11,01 km/h
432	423	Mende Jonathan		0:54:55	MHK	1180	0:53:53	- 10:08 10:33 11:01 11:29 10:40	11,13 km/h
433	67	Bräuning Robert		0:54:56	M30	55	0:54:05	- 10:56 10:48 10:54 11:02 10:22	11,09 km/h
434	767	Schinz Florian		0:54:59	M35	51	0:54:36	- 09:57 10:09 10:58 11:57 11:33	10,99 km/h
435	1315	Abu Shelbayeh Suleimaan		0:55:07	MU16	4	0:55:04	- 08:19 10:18 11:51 12:49 11:46	10,90 km/h
436	677	Weiligmann Manfred	LSF Greven	0:55:08	M45	66	0:54:37	- 10:05 10:25 11:02 11:32 11:31	10,98 km/h
437	468	Nosthoff-Horstmann Norbert		0:55:11	M60	10	0:54:44	- 10:25 10:46 10:57 11:21 11:13	10,96 km/h
438	1410	Wesche Heiner		0:55:16	M45	67	0:54:36	- 10:14 10:37 11:00 11:26 11:17	10,99 km/h
439	77	Bubenitschek Ludger	BSG BK Rheine	0:55:19	M40	60	0:54:56	- 10:32 10:49 11:08 11:25 10:59	10,92 km/h
440	612	Strehlau Sebastian		0:55:21	MHK	1190	0:54:31	- 10:06 09:56 10:48 12:22 11:18	11,00 km/h
441	1386	Schmeing Walter	FreiBier 04	0:55:21	M55	14	0:54:49	- 10:20 10:19 10:50 11:58 11:20	10,94 km/h
442	513	Ristow Dennis		0:55:24	M30	56	0:54:37	- 11:14 11:14 11:05 11:05 09:57	10,98 km/h
443	240	Heidemeyer Matthias	Brooks Run Happy Team	0:55:36	M30	57	0:55:03	- 10:08 10:53 11:09 11:21 11:29	10,90 km/h
444	1321	Waleczek Michael		0:55:37	MHK	1200	0:54:42	- 10:40 11:21 11:10 10:44 10:45	10,97 km/h
445	1422	Möllers Günter	Segelfluggruppe Münster	0:55:38	M55	15	0:55:11	- 10:59 10:35 10:47 11:12 11:37	10,87 km/h
446	339	Köbbing Michael	H. Gautzsch	0:55:47	M40	61	0:55:05	- 10:20 10:48 10:54 11:26 11:35	10,89 km/h
447	362	Kreienbaum Bernhard	Lsf Muenster	0:55:55	M70	2	0:55:32	- 10:33 10:54 11:16 11:31 11:16	10,80 km/h
448	322	Kerkloh Thomas	K.D.St.V Alemannia Münst	0:55:56	MHK	1210	0:55:29	- 09:58 10:18 10:41 12:07 12:22	10,81 km/h
449	625	Thünemann Helmut		0:55:59	M55	16	0:55:23	- 10:46 10:58 11:05 11:26 11:08	10,83 km/h
450	537	Schemmer Jürgen		0:56:00	M45	68	0:55:26	- 10:26 10:58 11:10 11:33 11:16	10,82 km/h
451	673	Wannke Dirk	LC Solbad Ravensberg	0:56:01	M30	58	0:55:16	- 10:31 10:37 10:54 11:41 11:31	10,85 km/h
452	98	Dau Constantin	DAUerläufer	0:56:01	MU16	5	0:55:01	- 10:22 09:44 10:45 12:04 12:05	10,90 km/h
453	791	Seeger Burkhard	Brooks Run Happy Team	0:56:08	M45	69	0:55:26	- 09:57 10:06 10:43 11:03 13:35	10,82 km/h
454	213	Grothues David		0:56:10	MHK	1220	0:55:49	- 10:50 10:49 11:14 11:19 11:35	10,75 km/h
455	353	Korves Thomas		0:56:14	M50	42	0:55:44	- 10:03 10:42 11:08 11:39 12:09	10,76 km/h
456	299	Jürgens Andreas		0:56:15	M45	70	0:55:29	- 10:42 10:51 11:07 11:20 11:28	10,81 km/h



Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
457	636	Trost Christian		0:56:15	M30	59	0:55:29	- 10:42 10:50 11:06 11:20 11:28	10,81 km/h
458	145	Engel Niels	Bahrenberger Laufsportg	0:56:18	MHK	1230	0:55:11	- 10:18 10:51 11:05 11:27 11:28	10,87 km/h
459	672	wanig peter	TV Vreden	0:56:20	M55	17	0:56:05	- 10:05 10:37 11:13 13:42 10:25	10,70 km/h
460	261	Hölter Christian		0:56:22	MHK	1240	0:55:43	- 10:40 10:57 11:24 11:26 11:14	10,77 km/h
461	310	Kappenberg Lars		0:56:28	M40	62	0:55:36	- 11:10 11:08 11:17 11:18 10:42	10,79 km/h
462	604	Stelter Tobias		0:56:30	M30	60	0:55:34	- 10:36 11:00 11:18 11:38 11:00	10,80 km/h
463	89	Clemens Kraus	BS Münster	0:56:55	M45	71	0:55:59	- 10:19 10:46 11:32 11:45 11:35	10,72 km/h
464	1381	Münch Dieter	Marathon Soest	0:56:56	M65	2	0:56:27	- 10:40 11:00 11:35 11:56 11:14	10,63 km/h
465	546	Schlüter Ulrich	Sv Teuto Riesenbeck	0:57:09	M60	11	0:56:04	- 11:10 10:42 11:01 11:28 11:40	10,70 km/h
466	133	Eckardt Jörg		0:57:18	M55	18	0:56:37	- 11:13 11:05 11:22 11:36 11:19	10,60 km/h
467	26	Amichai Korda		0:57:26	MHK	1250	0:57:16	- 09:21 10:34 12:26 13:19 11:34	10,48 km/h
468	461	Nielsen Stephan		0:57:27	MHK	1260	0:56:33	- 09:57 10:34 11:48 12:09 12:04	10,61 km/h
469	1408	Kachorst Antoon		0:57:33	M45	72	0:57:11	- 10:55 11:03 11:20 11:51 12:00	10,49 km/h
470	504	Struchtrup Tim	1 (GE/NL) Corps	0:57:43	M45	73	0:56:52	- 11:14 11:15 11:42 11:19 11:20	10,55 km/h
471	0	unbekannt DG43H2F		0:57:48	M	0	0:57:02	- 09:47 11:22 11:57 12:16 11:39	10,52 km/h
472	739	Steffens Dirk	TV Borgeln	0:57:49	MHK	1270	0:57:02	- 09:53 10:43 12:16 12:33 11:35	10,52 km/h
473	1459	Winkler Roland		0:57:49	MHK	1280	0:57:02	- 09:53 10:43 12:16 12:32 11:35	10,52 km/h
474	265	Holthaus Axel	Martinischule	0:58:08	M45	74	0:57:43	- 10:48 11:05 11:13 11:45 12:50	10,39 km/h
475	748	Rommel Paul		0:58:12	MU16	6	0:57:53	- 10:29 11:52 12:53 11:43 10:54	10,36 km/h
476	1445	Rommel Markus	*Siegen	0:58:14	M45	75	0:57:55	- 10:29 11:52 12:53 11:43 10:56	10,36 km/h
477	391	Löw Marcus	Pascal-Gymnasium	0:58:25	M45	76	0:58:18	- 10:11 10:51 11:57 12:41 12:35	10,29 km/h
478	598	Stanke Claus	Pflegebüro Bahrenberg	0:58:25	M45	77	0:57:22	- 11:13 11:04 11:16 11:54 11:53	10,46 km/h
479	531	Salvador Ingala		0:58:29	M45	78	0:58:02	- 11:02 11:22 11:37 11:54 12:04	10,34 km/h
480	333	Klümper Hans	Fortuna Walstedde	0:58:35	M60	12	0:58:20	- 10:42 11:33 11:52 12:04 12:06	10,29 km/h
481	1312	Hüttermann Patrick		0:58:36	M	0	0:58:01	- 11:05 11:34 12:00 11:55 11:25	10,34 km/h
482	70	Brockhausen Nico	Realschule im Kreuzviertel	0:58:38	MU14	4	0:58:09	- 12:11 12:14 11:24 11:31 10:48	10,32 km/h
483	1450	Merk Lothar	run 4 fun Greven	0:58:52	M45	79	0:57:53	- 10:44 11:02 11:28 12:27 12:11	10,36 km/h
484	579	Siegel Bastian		0:59:00	MHK	1290	0:58:39	- 10:18 10:41 12:17 12:28 12:53	10,23 km/h
485	243	Heinemann-Vechtel Olaf		0:59:07	M55	19	0:58:06	- 11:10 11:34 11:47 11:57 11:36	10,33 km/h
486	1361	Gosen-Voet Fenna	Vorwärts Nordhorn	0:59:18	M50	43	0:58:22	- 10:47 11:09 11:54 12:14 12:16	10,28 km/h
487	545	Schlierkamp Lars	1 (GE/NL) Corps	0:59:20	M30	61	0:58:52	- 11:14 11:24 11:59 12:17 11:57	10,19 km/h
488	602	Steinert Daniel	Brooks Run Happy Team	0:59:21	M40	63	0:58:40	- 10:24 10:49 11:49 12:36 13:00	10,23 km/h
489	760	Koch Jochen		0:59:31	M55	20	0:58:35	- 11:19 11:36 11:56 12:12 11:30	10,24 km/h
490	716	zur Nieden Frank	Brooks Run Happy Team	0:59:33	M40	64	0:58:54	- 11:18 11:20 11:42 12:08 12:24	10,19 km/h
491	608	Steven Minns		0:59:36	M50	44	0:58:55	- 10:55 11:08 11:52 12:23 12:36	10,18 km/h
492	1444	Holthenrich Rainer	TuS Ascheberg	0:59:45	M40	65	0:59:00	- 10:38 10:52 11:35 13:21 12:33	10,17 km/h
493	259	Höggemeier Bernd		0:59:46	M55	21	0:59:12	- 10:46 11:40 12:12 12:37 11:55	10,13 km/h
494	184	Gad Marc		0:59:46	M40	66	0:58:58	- 11:39 11:42 11:52 12:05 11:38	10,17 km/h
495	260	Höggemeier Philipp		0:59:47	MHK	1300	0:59:14	- 10:45 11:46 12:08 12:38 11:56	10,13 km/h
496	76	Brummel Volker		0:59:47	M50	45	0:59:15	- 10:46 11:40 12:13 12:38 11:56	10,13 km/h
497	523	Roth Gundolf	Realschule im Kreuzviertel	0:59:49	M45	80	0:59:38	- 10:09 11:21 12:21 12:56 12:49	10,06 km/h
498	349	Kompa Markus		0:59:50	M40	67	0:58:57	- 11:37 11:38 11:53 12:05 11:42	10,18 km/h
498	450	Mutze Sebastian		0:59:50	MHK	1310	0:59:11	- 10:57 11:18 11:56 12:29 12:29	10,14 km/h
500	451	Mutze Volker		0:59:50	M55	22	0:59:11	- 10:49 10:54 11:44 13:13 12:30	10,14 km/h
501	466	Noczynski Wolfgang	Bergziegen	0:59:52	M50	46	0:58:54	- 11:00 11:47 12:18 12:15 11:33	10,19 km/h
502	406	Maerz Benjamin	Brooks Run Happy Team	0:59:53	MHK	1320	0:59:02	- 10:43 11:06 12:03 13:16 11:52	10,16 km/h
503	639	Tuschen Tobias		1:00:00	M35	52	0:59:07	- 11:37 11:38 11:53 12:05 11:53	10,15 km/h
504	635	Troche Daniel		1:00:05	M55	23	1:00:02	- 11:51 11:52 12:01 12:05 12:11	9,99 km/h
505	626	Thünte Ulrich	Tus Laer	1:01:08	M50	47	1:00:14	- 11:53 11:38 11:56 12:18 12:27	9,96 km/h
506	719	Pristaff André	Brooks Run Happy Team	1:01:12	M35	53	1:00:20	- 12:46 11:46 12:54 11:37 11:15	9,94 km/h
507	1382	Coerdts Ulrich		1:01:19	M55	24	1:01:04	- 11:39 11:48 12:21 12:47 12:27	9,83 km/h
508	66	Brämer Jürgen		1:01:19	M60	13	1:00:19	- 11:29 11:45 12:23 12:31 12:10	9,95 km/h
509	379	Lange Gerd		1:01:30	M60	14	1:00:29	- 12:11 12:14 12:06 12:41 11:14	9,92 km/h
510	695	Wichmann Stefan	Realschule im Kreuzviertel	1:01:41	M55	25	1:01:11	- 12:18 12:24 11:54 12:21 12:12	9,81 km/h
511	119	Dominik Jan		1:01:52	MHK	1331	1:01:03	- 12:22 12:17 12:15 12:11 11:56	9,83 km/h
512	1367	Guse Joachim		1:01:58	M55	26	1:01:00	- 11:11 11:38 12:15 12:52 13:01	9,83 km/h
513	761	Kohaupt Ulrich	LSF Münster	1:02:05	M55	27	1:01:32	- 10:59 11:26 12:17 13:46 13:01	9,75 km/h

Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
514	405	Madeja Michael		1:02:07	M45	81	1:01:40	- 10:22 11:17 12:26 13:49 13:44	9,73 km/h
515	117	Döring Thomas		1:02:18	M50	48	1:01:14	- 11:41 12:03 12:19 12:36 12:35	9,80 km/h
516	327	Kleindiek Hans-Werner	H. Gautzsch	1:02:24	M65	3	1:01:30	- 12:13 12:05 12:15 12:34 12:21	9,76 km/h
517	647	van Schelve Thorsten	Brooks Run Happy Team	1:02:38	M45	82	1:02:07	- 10:26 11:48 13:26 13:57 12:28	9,66 km/h
518	217	Guerra Duque Julian	Realschule im Kreuzviertel	1:02:41	MU16	7	1:01:59	- 11:28 12:21 12:16 15:16 10:36	9,68 km/h
519	500	Rawers Thomas	Realschule im Kreuzviertel	1:03:00	M45	83	1:01:56	- 11:12 11:58 12:41 13:01 13:02	9,69 km/h
520	1322	Klapper Christoph		1:03:06	M45	84	1:01:59	- 11:54 12:12 12:51 12:59 12:01	9,68 km/h
521	100	Dau Jan	DAUerläufer	1:03:30	M45	85	1:02:30	- 11:21 11:48 12:47 13:52 12:39	9,60 km/h
522	181	Froesa Andreas		1:03:34	M30	62	1:03:00	- 11:32 12:12 13:06 13:50 12:17	9,52 km/h
523	226	Hahn Günter	LSF Münster	1:03:39	M55	28	1:02:44	- 11:14 12:06 12:50 13:14 13:19	9,56 km/h
524	143	Ellerkamp Jürgen		1:03:45	M45	86	1:02:57	- 11:33 12:07 12:52 13:34 12:48	9,53 km/h
525	1364	Landwehr Dirk		1:03:46	M35	54	1:03:02	- 12:15 12:27 12:34 12:49 12:55	9,52 km/h
526	430	Michael Mikus	Adolph-Kolping-Berufskoll	1:03:52	M50	49	1:02:48	- 11:22 12:18 12:58 13:24 12:45	9,55 km/h
527	549	Kautz Holger		1:04:00	M45	87	1:03:04	- 11:54 12:02 12:48 13:34 12:45	9,51 km/h
528	295	Jochmann Klaus	LG Emsdetten	1:04:17	M50	50	1:03:18	- 11:23 11:34 12:26 13:39 14:14	9,48 km/h
529	709	Wübken Mats-Luca	Realschule im Kreuzviertel	1:04:30	MU16	8	1:04:26	- 10:38 11:15 12:36 14:21 15:34	9,31 km/h
530	35	Balke Christoph		1:04:41	M40	68	1:03:55	- 11:29 12:13 12:53 13:38 13:41	9,38 km/h
531	90	Clewemann Ulrich		1:04:48	M45	88	1:03:54	- 12:47 12:43 12:47 12:49 12:46	9,39 km/h
532	95	Dahmen Ole	Realschule im Kreuzviertel	1:04:59	MU18	6	1:04:18	- 11:28 12:22 12:18 15:18 12:49	9,33 km/h
533	1396	Hagemann Horst	*Münster	1:05:02	M60	15	1:03:56	- 12:23 12:32 12:52 13:16 12:51	9,38 km/h
534	1454	Berger Bodo	Realschule im Kreuzviertel	1:05:08	M50	51	1:04:31	- 11:27 11:41 12:20 12:50 16:11	9,30 km/h
535	1452	Wübken Frank	Realschule im Kreuzviertel	1:05:09	M40	69	1:04:32	- 11:27 11:41 12:21 12:49 16:12	9,30 km/h
536	795	Hagedorn Sven	Brooks Run Happy Team	1:05:19	M40	70	1:04:39	- 12:44 13:04 13:32 13:20 11:57	9,28 km/h
537	403	Lux Rainer	H. Gautzsch	1:05:26	M40	71	1:04:48	- 12:40 12:43 13:05 13:26 12:51	9,26 km/h
538	489	Pohlmann Josef	SG DJK Dyckburg Münst	1:05:55	M60	16	1:05:27	- 11:23 12:17 13:10 13:58 14:36	9,17 km/h
539	781	Reyer Sven	Brooks Run Happy Team	1:06:03	M	0	1:05:08	- 12:08 12:25 13:22 13:49 13:22	9,21 km/h
540	1309	Mbemba Nathan	Realschule im Kreuzviertel	1:06:13	MU16	9	1:05:52	- 09:54 12:57 13:34 16:15 13:10	9,11 km/h
541	769	Helios Yannick	Realschule Kreuzviertel	1:06:14	MU16	10	1:05:53	- 09:54 12:56 13:34 16:14 13:12	9,11 km/h
542	589	Sokolowski Sebastian		1:06:27	M30	63	1:05:25	- 12:05 12:32 13:12 13:57 13:37	9,17 km/h
543	496	Rautenberg Jens	Laufsportteam WN	1:06:30	M35	55	1:05:34	- 13:08 13:18 13:56 13:35 11:35	9,15 km/h
544	189	Gelhard Yves		1:06:34	M35	56	1:05:41	- 11:50 12:27 13:29 13:55 13:58	9,13 km/h
545	499	Rawers Lukas	Realschule im Kreuzviertel	1:06:50	MU18	7	1:05:45	- 12:24 13:03 12:49 14:01 13:27	9,12 km/h
546	614	Sumowski Klaus	Realschule im Kreuzviertel	1:06:51	M45	89	1:05:45	- 12:23 13:04 12:49 14:00 13:27	9,12 km/h
547	150	Everding Aljoscha Marcel		1:08:22	M35	57	1:07:55	- 11:28 12:36 14:17 15:25 14:07	8,83 km/h
548	595	Stadelmann Guido		1:08:32	M40	72	1:07:32	- 12:57 13:26 13:57 13:37 13:34	8,88 km/h
549	407	Mahler Christoph	TSG Münster	1:09:24	M65	4	1:08:27	- 12:41 13:12 13:51 14:23 14:19	8,76 km/h
550	131	Dütschke Marc André		1:15:03	M40	73	1:14:02	- 13:02 14:03 15:28 15:58 15:30	8,10 km/h
551	343	Körper Christian		1:20:18	M40	74	1:19:25	- 13:14 14:33 16:03 17:31 18:03	7,55 km/h
552	779	Fabri Markus	Brooks Run Happy Team	1:20:18	M45	90	1:19:22	- 13:11 14:35 16:07 17:25 18:02	7,56 km/h

Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
1	1311	Biwott Gladys	Brooks Run Happy Team	0:34:59	WHK	1	0:34:58	- 06:48 07:02 07:06 07:05 06:56	17,15 km/h
2	653	Viebahn Christl	LAZ Puma Rhein-Sieg	0:36:18	W35	1	0:36:17	- 07:00 07:09 07:20 07:28 07:19	16,53 km/h
3	509	Rellensmann Johanna	LSF Münster	0:37:24	WHK	2	0:37:22	- 07:10 07:23 07:36 07:38 07:32	16,06 km/h
4	186	Galuschka Julia	LG Teils Finanz Regensburg	0:37:39	W30	1	0:37:38	- 06:59 07:25 07:45 07:48 07:38	15,94 km/h
5	532	Salzwedel Sophia	HSP Münster Laufteam	0:38:47	WHK	3	0:38:39	- 07:20 07:33 07:55 07:58 07:52	15,52 km/h
6	660	Vogt Sonja	Brooks Running Team / LG	0:39:10	W35	2	0:39:08	- 07:26 07:38 08:00 08:01 08:01	15,33 km/h
7	212	Großkopf Isabelle	LAV Stadtwerke Tübingen	0:40:03	WHK	4	0:39:58	- 07:47 07:59 08:04 08:06 08:01	15,01 km/h
8	768	Wilson Susanne	Knox Athletics Club	0:40:23	W45	1	0:40:20	- 07:34 07:58 08:03 08:15 08:28	14,88 km/h
9	1328	Fanslau Ute	OSC Waldniel	0:41:27	WHK	5	0:41:20	- 07:57 08:13 08:21 08:24 08:24	14,51 km/h
10	741	Rossano Rivero Sue		0:41:39	WHK	6	0:41:30	- 08:22 08:10 08:26 08:24 08:06	14,45 km/h
11	650	Vergin Stefanie	Post SV Gütersloh	0:42:01	W35	3	0:41:55	- 07:47 08:14 08:31 08:47 08:35	14,31 km/h
12	236	Hauertmann Katharina	LSF Münster	0:42:09	W35	4	0:42:04	- 08:00 08:12 08:19 08:46 08:44	14,26 km/h
13	235	Hauck Carolin	LSF Münster	0:42:21	WHK	7	0:42:10	- 08:20 08:10 08:30 08:38 08:31	14,22 km/h
14	211	Große Leusbrock Julia	LSF Münster	0:42:31	WHK	8	0:42:21	- 08:21 08:17 08:33 08:42 08:25	14,17 km/h
15	231	Hampel Laura	LSF Münster	0:42:54	WU16	1	0:42:52	- 08:22 08:16 08:24 08:56 08:52	14,00 km/h
16	374	Kussmann Karen		0:43:18	WHK	9	0:42:57	- 08:14 08:29 08:39 08:50 08:42	13,97 km/h
17	109	Dieterle Franziska		0:43:20	WHK	10	0:43:12	- 08:15 08:33 08:47 08:46 08:49	13,89 km/h
18	194	Gerpott Fenja	HSP Münster Laufteam	0:43:30	WHK	11	0:43:18	- 07:55 08:30 08:46 09:15 08:50	13,86 km/h
19	490	Postert Christiane	LG Ems Warendorf	0:43:39	W35	5	0:42:51	- 08:32 08:33 08:34 08:46 08:24	14,00 km/h
20	533	Sandkühler - Daniel Dorothea	LV Oelde	0:43:54	W45	2	0:43:47	- 08:20 08:37 08:47 09:00 09:01	13,70 km/h
21	431	Michels Stephanie	LSF Münster	0:43:58	WHK	12	0:43:48	- 08:21 08:25 08:52 09:15 08:52	13,70 km/h
22	258	Höfeler Freya	HSP Münster Laufteam	0:44:02	WHK	13	0:43:44	- 08:37 08:52 08:55 08:39 08:40	13,72 km/h
23	750	Altefrohe Jannika	LSF Münster	0:44:16	WHK	14	0:44:05	- 08:24 08:41 08:58 09:05 08:55	13,61 km/h
24	773	Schröder Lisa	Brooks Run Happy Team	0:44:18	WHK	15	0:44:11	- 08:20 08:22 08:56 09:25 09:06	13,58 km/h
25	554	Schönefeld Eva	LSF Münster	0:44:19	W45	3	0:44:09	- 08:24 08:41 08:57 09:06 08:58	13,59 km/h
26	344	Körner Carolin	HSP Münster	0:44:30	WHK	16	0:44:13	- 08:38 08:52 08:55 09:05 08:41	13,57 km/h
27	244	Henke Gudrun	Montagsschluffen	0:44:53	W40	1	0:44:36	- 08:57 08:52 09:01 08:54 08:49	13,45 km/h
28	1306	Waschnewski Cornelia		0:45:02	W45	4	0:44:56	- 08:21 08:51 09:07 09:18 09:16	13,35 km/h
29	352	Kortmann Sonja	LG Ems Warendorf	0:45:03	WHK	17	0:44:51	- 08:47 08:52 09:03 09:09 08:58	13,37 km/h
30	160	Fels Anika	LG Coesfeld	0:45:18	WU20	1	0:44:57	- 08:48 08:54 09:01 09:12 08:59	13,35 km/h
31	754	Medici Francesca	SFD 75	0:45:45	WHK	18	0:45:33	- 09:21 09:08 09:02 09:06 08:54	13,17 km/h
32	678	Weimar Sonja	androGym Münster	0:45:58	W40	2	0:45:47	- 08:27 09:11 09:23 09:26 09:18	13,10 km/h
33	363	Krell-Witte Delia	LSF Münster	0:46:01	W50	1	0:45:49	- 08:38 09:07 09:24 09:27 09:12	13,09 km/h
34	158	Feikus Anna	HSP Münster Laufteam	0:46:13	WHK	19	0:45:55	- 08:31 09:03 09:22 09:33 09:23	13,07 km/h
35	1440	Essing Nicole	LSF Münster	0:46:23	W40	3	0:46:07	- 08:38 09:06 09:32 09:31 09:19	13,01 km/h
36	1360	Möse Kristin	HSP Münster Laufteam	0:46:44	WHK	20	0:46:25	- 08:33 09:19 09:30 09:32 09:28	12,93 km/h
37	332	Kloppenborg Petra	Lg Emsdetten	0:47:15	W45	5	0:47:02	- 08:49 09:42 09:28 09:39 09:21	12,76 km/h
38	54	Bitthöfer Tatjana	Max-Planck-Gymnasium D	0:47:17	W35	6	0:47:11	- 08:56 09:17 09:37 09:48 09:31	12,71 km/h
39	596	Stallmeyer Andra		0:47:20	W45	6	0:47:06	- 09:11 09:14 09:23 09:43 09:34	12,74 km/h
40	62	Bombien Julia	Brooks Running Team / LG	0:48:05	WU20	2	0:48:01	- 08:33 09:19 09:49 10:17 10:01	12,50 km/h
41	792	Hussmann Claudia	Brooks Run Happy Team	0:48:20	W40	4	0:48:08	- 09:01 09:27 09:45 10:02 09:51	12,46 km/h
42	443	Müller-Ehrenberg Lisa		0:48:50	WHK	21	0:48:22	- 09:27 09:31 09:44 09:53 09:45	12,40 km/h
43	340	Köhne Helga	H. Gautzsch	0:49:11	W50	2	0:48:33	- 09:42 09:40 09:44 09:48 09:36	12,35 km/h
44	633	Trécul Béatrice	ESV Münster	0:49:21	W45	7	0:49:00	- 09:30 09:36 09:43 09:59 10:09	12,24 km/h
45	384	Lipsky Stefanie	THC Münster	0:49:30	W30	2	0:48:50	- 09:28 09:40 10:00 09:55 09:45	12,28 km/h
46	687	Wesselmann Sylvia		0:49:34	W40	5	0:49:18	- 09:16 09:50 09:51 10:16 10:03	12,17 km/h
47	178	Frey Nina	Ving Tsun Kung Fu Münste	0:49:37	WHK	22	0:48:53	- 09:51 09:45 09:46 09:50 09:38	12,27 km/h
48	248	Herrmann Linn		0:49:43	WHK	23	0:49:31	- 09:48 10:17 10:03 09:55 09:27	12,11 km/h
49	29	Arens Kathrin	HSP Münster	0:49:45	WHK	24	0:49:21	- 09:34 09:36 09:50 09:45 10:34	12,16 km/h
50	346	Kösterke Anja		0:49:58	W40	6	0:49:30	- 10:10 09:55 09:50 09:53 09:40	12,12 km/h
51	13	Aertker Carolin	Ludwig-Erhard-Berufskolle	0:50:00	WHK	25	0:49:44	- 09:15 09:40 10:04 10:24 10:20	12,06 km/h
52	27	Anna Sophie Eckers		0:50:00	WHK	26	0:49:33	- 09:12 09:32 09:59 10:20 10:28	12,11 km/h
53	1353	Gomes Rosa	LSF Münster	0:50:11	W45	8	0:50:06	- 08:59 09:51 10:15 10:31 10:28	11,97 km/h
54	10	de Lange Louisa	Brooks Running Team / LG	0:50:25	WU18	1	0:50:21	- 08:43 10:11 10:33 10:42 10:09	11,91 km/h
55	536	Schäfer Isabell	TC Rinkerode	0:50:29	WHK	27	0:50:08	- 09:24 09:51 10:15 10:21 10:15	11,96 km/h
56	419	Matzke Juliane	BSG AGRAVIS	0:50:36	W45	9	0:49:47	- 09:38 09:43 10:06 10:14 10:04	12,05 km/h
57	1375	Friese Christina	HSP Münster	0:50:41	WHK	28	0:49:53	- 09:41 09:31 09:53 10:26 10:20	12,03 km/h



Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
58	1319	Laumeier Marion		0:50:56	WHK	29	0:50:06	- 09:40 09:52 10:02 10:17 10:13	11,97 km/h
59	756	Leimbach Imke	LSF Münster	0:51:47	WU16	2	0:51:19	- 09:56 10:10 10:19 10:44 10:08	11,69 km/h
60	348	Koleff Ilona		0:51:47	W40	7	0:51:27	- 09:31 10:09 10:38 10:40 10:27	11,66 km/h
61	308	Kania Sabine		0:51:56	W45	10	0:51:22	- 10:05 10:05 10:25 10:25 10:21	11,68 km/h
62	280	Ilgen Barbara	Realschule im Kreuzviertel	0:52:03	W40	8	0:51:39	- 09:24 10:09 10:35 10:50 10:38	11,62 km/h
63	690	Westermann Linda	TB Burgsteinfurt	0:52:25	WHK	30	0:51:50	- 09:51 10:16 10:27 10:33 10:41	11,57 km/h
64	263	Hoffmann Isabel		0:52:38	WHK	31	0:52:27	- 09:42 10:27 10:46 10:56 10:34	11,44 km/h
65	42	Becker Laura	Brooks Run Happy Team	0:52:46	WHK	32	0:51:55	- 10:17 10:02 10:14 10:46 10:33	11,56 km/h
66	569	Schulze Bisping Agnes	Billerbecker Läufer	0:52:50	W50	3	0:52:00	- 09:55 10:08 10:25 10:42 10:47	11,54 km/h
67	351	Korte Franziska	Brooks Run Happy Team	0:52:51	WHK	33	0:51:59	- 10:17 10:03 10:14 10:46 10:37	11,54 km/h
68	447	Münsterkötter Stefanie	Lauftreff Nottuln	0:52:53	W45	11	0:52:09	- 10:16 10:20 10:30 10:39 10:22	11,51 km/h
69	389	Loeser Kerstin	LSF Münster	0:52:54	W50	4	0:52:22	- 09:58 10:19 10:38 10:44 10:41	11,45 km/h
70	1432	Laubrock Barbara	TuS Altenberge 09	0:52:58	W55	1	0:52:50	- 09:38 10:31 10:48 11:03 10:48	11,36 km/h
71	1421	Eckey Melanie		0:53:02	W30	3	0:52:27	- 10:08 10:24 10:30 11:03 10:22	11,44 km/h
72	467	Nosthoff-Horstmann Laura		0:53:27	WHK	34	0:53:00	- 09:39 10:15 10:53 11:21 10:51	11,32 km/h
73	771	Calluso Elisabeth	LSF Münster	0:53:32	W45	12	0:52:50	- 10:35 10:27 10:34 10:41 10:30	11,35 km/h
74	162	Fels Lisa	Billerbecker Läufer	0:53:49	W45	13	0:52:59	- 09:56 10:21 10:47 10:55 10:58	11,32 km/h
75	1307	Müller Kristina		0:53:54	WHK	35	0:53:15	- 09:52 10:24 11:04 11:27 10:26	11,26 km/h
76	291	Jasper Lioba		0:53:56	WHK	36	0:53:43	- 09:23 10:09 11:01 11:21 11:47	11,17 km/h
77	376	Lammerding Ines	H. Gautzsch	0:53:57	W45	14	0:53:19	- 10:35 10:36 10:39 10:45 10:42	11,25 km/h
78	1400	Berse Maike	Spiridon Haltern	0:54:02	W35	7	0:53:42	- 10:02 10:33 11:01 11:04 11:01	11,17 km/h
79	743	Regel Andrea		0:54:11	WHK	37	0:53:08	- 10:11 10:07 10:37 11:06 11:05	11,29 km/h
80	317	Kaup Charlotte	Brooks Run Happy Team	0:54:12	WHK	38	0:53:10	- 10:11 10:06 10:38 11:06 11:06	11,29 km/h
81	578	Sewing Doris	SRH	0:54:23	W35	8	0:53:26	- 10:21 10:33 10:40 11:00 10:49	11,23 km/h
82	138	Eggert Martha	BSG AGRAVIS	0:54:31	WHK	39	0:53:44	- 10:15 10:41 11:04 11:05 10:37	11,17 km/h
83	643	Ulla Leuer	LSF	0:54:32	W45	15	0:53:49	- 10:25 10:36 10:42 10:59 11:05	11,15 km/h
84	204	Gosen Carmen		0:54:38	WHK	40	0:53:44	- 10:40 10:38 10:54 10:54 10:36	11,17 km/h
85	1441	Witte Karina	*Münster	0:54:49	W30	4	0:54:09	- 10:53 10:52 10:50 10:57 10:35	11,08 km/h
86	208	Gregg Sophia		0:54:50	WHK	41	0:54:06	- 11:15 10:56 10:57 10:53 10:03	11,09 km/h
87	527	Sabine Wiemann		0:54:52	WHK	42	0:54:08	- 11:15 10:56 10:57 10:54 10:04	11,08 km/h
88	693	Weygardt Sabine	BSG LVM-Versicherung	0:54:59	W50	5	0:54:22	- 10:44 10:49 10:57 11:05 10:46	11,03 km/h
89	416	Martin-Rosin Sabine	Marathon Soest	0:55:23	W45	16	0:54:58	- 10:13 10:38 11:03 11:36 11:26	10,91 km/h
90	125	Drews Kathrin	Marathon Soest	0:55:26	W40	9	0:54:56	- 10:40 10:58 11:01 11:20 10:56	10,92 km/h
91	341	König Miriam	Realschule im Kreuzviertel	0:55:44	W35	9	0:55:05	- 10:49 10:31 11:02 11:24 11:16	10,89 km/h
91	1304	Navratil Frida		0:55:44	WU18	2	0:54:56	- 10:43 10:50 11:20 11:22 10:39	10,92 km/h
93	707	Wolff Jennifer		0:55:53	W30	5	0:55:15	- 11:12 10:55 11:06 11:05 10:55	10,86 km/h
94	107	Denecke Lisa		0:55:53	WHK	43	0:55:15	- 11:12 10:55 11:06 11:06 10:55	10,86 km/h
94	207	Graap Martin		0:55:53	W50	6	0:55:03	- 10:44 10:46 11:06 11:20 11:05	10,90 km/h
96	417	Maßmann Helen		0:55:56	WHK	44	0:55:00	- 10:42 11:13 11:03 11:04 10:56	10,91 km/h
97	192	Gerdau Inga		0:56:03	WHK	45	0:55:13	- 10:52 11:00 11:06 11:21 10:53	10,86 km/h
98	712	Zerrer Nicole		0:56:14	WHK	46	0:55:36	- 10:49 10:57 11:12 11:20 11:17	10,79 km/h
99	491	Probst Mirjam		0:56:14	W35	10	0:55:34	- 10:57 10:56 11:08 11:19 11:13	10,80 km/h
100	25	Althoff Heike	Oelde	0:56:14	W40	10	0:55:36	- 10:58 10:56 11:08 11:19 11:13	10,79 km/h
101	190	Gepp Brigitte		0:56:17	WHK	47	0:56:04	- 09:30 10:59 11:43 12:05 11:45	10,70 km/h
102	191	Gepp Sabine		0:56:19	WHK	48	0:56:05	- 10:14 10:48 11:34 11:58 11:29	10,70 km/h
103	324	Kionke Maria		0:56:24	WHK	49	0:55:47	- 10:50 10:57 11:13 11:26 11:19	10,76 km/h
104	798	Borgmann Christiane	Brooks Run Happy Team	0:56:28	W35	11	0:56:19	- 09:51 11:17 11:44 11:48 11:37	10,65 km/h
105	759	Beese Lena		0:56:33	WHK	50	0:55:50	- 10:37 10:52 11:21 11:30 11:28	10,75 km/h
106	281	Ilgner Andrea		0:56:40	W45	17	0:55:58	- 10:49 10:56 11:18 11:28 11:26	10,72 km/h
107	164	Fender Valerie	Radclub Münster	0:56:56	WHK	51	0:56:31	- 11:03 11:11 11:26 11:38 11:12	10,61 km/h
108	783	Richter Manuela	Brooks Run Happy Team	0:56:56	W40	11	0:56:30	- 10:05 11:34 11:45 12:02 11:03	10,62 km/h
109	86	Clasing Christina	Marathon Soest	0:57:07	W50	7	0:56:37	- 10:41 11:06 11:28 11:52 11:29	10,60 km/h
110	766	Lunter Johanna		0:57:12	W40	12	0:56:22	- 11:00 11:09 11:32 11:27 11:13	10,64 km/h
111	1379	Münch Marlene	Marathon Soest	0:57:45	W60	1	0:57:15	- 10:41 11:01 11:35 11:56 12:01	10,48 km/h
112	252	Heuer Barbara	LSF-Münster	0:57:45	W50	8	0:56:49	- 10:45 10:56 11:18 11:45 12:03	10,56 km/h
113	91	czech christiane	-	0:57:50	W45	18	0:57:18	- 10:42 11:23 11:48 11:50 11:32	10,47 km/h
114	448	Mulder-Seiger Petra	LSF Münster	0:57:52	W50	9	0:56:57	- 11:08 10:54 11:26 11:43 11:43	10,53 km/h

Total.	Nr.	Name Vorname	Verein/**Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
115	167	Finter Rose		0:58:13	W40	13	0:57:41	- 10:28 10:59 11:43 12:05 12:23	10,40 km/h
116	52	Berg Margret	H. Gautzsch	0:58:14	W50	10	0:57:37	- 10:34 10:41 11:19 12:18 12:44	10,41 km/h
117	763	Klümper Linda		0:58:35	WHK	52	0:58:19	- 11:10 11:28 11:58 12:10 11:31	10,29 km/h
118	412	Mantke Elke		0:58:36	W45	19	0:57:48	- 11:33 11:37 11:37 11:33 11:26	10,38 km/h
119	665	Vorreiter Christina		0:58:39	W35	12	0:57:46	- 11:16 11:44 11:33 11:52 11:19	10,39 km/h
120	14	Ahmann Nele		0:59:00	WHK	53	0:58:40	- 10:19 10:41 12:17 12:28 12:53	10,23 km/h
121	503	Reh Mechthild	Martinischule	0:59:02	W40	14	0:58:01	- 11:00 11:11 11:33 12:02 12:13	10,34 km/h
122	522	Roters Sabine		0:59:04	W40	15	0:58:18	- 10:35 11:08 11:58 12:20 12:15	10,29 km/h
123	538	Schenk-Oemus Martina		0:59:05	W35	13	0:58:11	- 11:16 11:57 12:59 00:00 00:00	10,31 km/h
124	22	Almering Christiane	Brooks Run Happy Team	0:59:08	W35	14	0:58:36	- 10:47 11:06 11:47 12:36 12:19	10,24 km/h
125	123	Drauschke Maren		0:59:14	WHK	54	0:58:45	- 11:23 11:31 11:44 12:01 12:05	10,21 km/h
126	355	Kraft Nicole		0:59:14	WHK	55	0:58:45	- 11:22 11:31 11:44 12:01 12:06	10,21 km/h
127	470	Nussbaum Katrin-Stefanie	Roter Freitag e.V.	0:59:20	W35	15	0:58:52	- 11:14 11:23 11:58 12:18 11:57	10,19 km/h
128	250	Hesper Jutta	Billerbecker Läufer	0:59:25	WHK	56	0:58:34	- 11:35 11:33 11:42 11:56 11:44	10,24 km/h
129	1334	Mancera Gabino	LG Oelde Wadersloh	0:59:26	W60	2	0:58:24	- 11:12 11:19 11:43 12:07 12:02	10,27 km/h
130	717	zur Nieden Ute	Brooks Run Happy Team	0:59:34	W40	16	0:58:54	- 11:17 11:20 11:42 12:08 12:25	10,19 km/h
131	157	Feige Anke	Realschule im Kreuzviertel	0:59:38	W45	20	0:58:39	- 10:33 11:28 12:07 12:45 11:43	10,23 km/h
132	364	Kretschmer Daniela		0:59:39	WHK	57	0:58:50	- 11:16 11:09 11:43 12:14 12:27	10,20 km/h
133	506	Reinholz Sarah		0:59:41	W30	6	0:58:58	- 10:35 10:58 11:54 12:55 12:34	10,17 km/h
134	482	Pekala Lidia	Realschule im Kreuzviertel	0:59:49	W40	17	0:59:37	- 10:08 11:21 12:21 12:56 12:49	10,06 km/h
135	575	Seggemann Sandra		1:00:04	W35	16	0:59:11	- 11:36 11:38 11:53 12:06 11:56	10,14 km/h
136	276	Hüttermann Claudia		1:00:06	W35	17	0:59:31	- 11:06 11:33 12:10 12:10 12:30	10,08 km/h
137	136	Effner Nadine	LSF Münster	1:00:07	W35	18	0:59:08	- 11:32 11:38 11:53 12:05 11:59	10,14 km/h
138	508	Reisener Meike		1:00:09	W35	19	0:59:11	- 11:32 11:38 11:53 12:05 12:01	10,14 km/h
139	124	Drewes Christin	Brooks Run Happy Team	1:00:16	WHK	58	0:59:13	- 11:57 11:37 12:29 12:11 10:57	10,13 km/h
140	370	Kuchta Katharina		1:00:27	W30	7	0:59:31	- 10:42 11:23 12:14 12:44 12:27	10,08 km/h
141	345	Körner Yvonne	saracus consulting GmbH	1:00:29	W40	18	0:59:54	- 11:00 11:32 12:09 12:41 12:30	10,02 km/h
142	426	Merckens Luise	Running Gag	1:00:41	WHK	59	0:59:47	- 10:38 12:31 12:44 12:27 11:26	10,03 km/h
143	558	Schräder Marianne		1:00:43	W60	3	1:00:00	- 11:49 11:53 11:59 12:04 12:12	10,00 km/h
144	180	Frissie Petra	Lauftreff Nottuln	1:00:58	W40	19	1:00:07	- 11:45 11:44 11:51 12:16 12:29	9,98 km/h
145	1363	Erdmann Nicola		1:01:02	W45	21	1:00:19	- 11:36 11:51 12:09 12:37 12:04	9,95 km/h
146	1425	Braun Eileen		1:01:07	W30	8	1:00:48	- 10:41 11:40 12:32 13:22 12:31	9,87 km/h
147	408	Maibaum-van Schelve Mart	Brooks Run Happy Team	1:01:25	W40	20	1:00:55	- 10:35 11:53 12:59 12:48 12:39	9,85 km/h
148	1305	Schiebach Pia		1:01:32	WHK	60	1:00:25	- 10:56 12:05 12:23 12:27 12:32	9,93 km/h
149	39	Baune Petra	Realschule im Kreuzviertel	1:01:33	W40	21	1:00:26	- 10:27 11:09 13:40 13:00 12:08	9,93 km/h
150	380	Laumann Leonie	Realschule im Kreuzviertel	1:01:40	WU18	3	1:00:39	- 11:17 11:25 11:49 13:52 12:13	9,89 km/h
151	19	Aline Bartholmai		1:01:42	WHK	61	1:01:26	- 10:11 11:42 14:07 12:37 12:47	9,76 km/h
152	587	Söbbeke Marie-Sophie		1:01:52	WHK	62	1:01:02	- 12:21 12:17 12:15 12:11 11:56	9,83 km/h
153	669	Walkemeier Birgit		1:01:54	W50	11	1:01:13	- 11:47 12:07 12:17 12:53 12:06	9,80 km/h
154	514	Rodzis Indra		1:01:54	W40	22	1:01:12	- 11:47 12:07 12:17 12:53 12:06	9,80 km/h
155	487	Pieper Vera		1:02:02	W40	23	1:01:07	- 11:59 11:58 12:10 12:32 12:26	9,82 km/h
156	566	Schulte Alexandra		1:02:05	W50	12	1:01:31	- 11:48 11:49 12:16 12:40 12:55	9,75 km/h
157	659	Vogt Kathrin	Hundefreunde Lengerich e	1:02:51	W35	20	1:02:01	- 11:11 11:47 12:29 13:29 13:04	9,67 km/h
158	1323	Heymann Louisa		1:03:05	WU18	4	1:01:59	- 11:55 12:12 12:52 12:59 12:00	9,68 km/h
159	1351	Lange Brigitte	VfL Ahaus	1:03:16	W65	1	1:02:20	- 12:06 12:18 12:29 12:47 12:38	9,62 km/h
160	520	Roosmann Jennifer		1:03:22	WHK	63	1:02:33	- 11:16 11:57 12:53 12:59 13:27	9,59 km/h
161	99	Dau Ilka	DAUerläufer	1:03:30	W40	24	1:02:29	- 11:22 11:49 12:47 13:52 12:38	9,60 km/h
162	603	Steinkemper-Lange Brigitte		1:03:34	W55	2	1:02:32	- 12:11 12:13 12:06 12:59 13:00	9,59 km/h
163	675	Weege-von Heesen Julia		1:03:34	W30	9	1:02:59	- 11:32 12:12 13:06 13:50 12:17	9,52 km/h
164	563	Schründer Katharina	Pa de Trö	1:03:34	W30	10	1:02:59	- 11:32 12:12 13:06 13:50 12:17	9,53 km/h
165	465	Nina Kohl		1:03:39	W30	11	1:02:44	- 11:14 12:05 12:49 13:14 13:20	9,56 km/h
166	474	Ortmann Lena	TSVE Bielefeld	1:03:47	WHK	64	1:03:02	- 11:22 11:30 13:10 14:14 12:44	9,52 km/h
167	498	Rauwolf Kerstin		1:04:12	WHK	65	1:03:51	- 11:04 12:41 13:11 13:47 13:07	9,40 km/h
168	311	Karatassios Monika		1:04:17	W50	13	1:03:18	- 11:23 11:35 12:27 13:38 14:13	9,48 km/h
169	418	Mathmann Nina		1:04:23	W30	12	1:03:25	- 12:12 12:07 13:04 13:09 12:50	9,46 km/h
170	694	Wichmann Gerhild	LuG Rheine	1:04:48	W55	3	1:03:51	- 12:17 12:35 12:47 13:06 13:04	9,40 km/h
171	293	Jelen Katrin	Realschule im Kreuzviertel	1:05:10	W45	22	1:04:40	- 12:19 12:49 13:06 13:14 13:10	9,28 km/h



Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-PIN	Nettozeit	Rundenzeiten	Geschwindigkeit
172	47	Becker-Schwier Yvonne		1:05:43	WHK	66	1:04:57	- 12:04 12:40 13:08 13:42 13:21	9,24 km/h
173	38	Baumgarte Steffi		1:06:08	W30	13	1:05:12	- 11:45 11:55 13:04 14:33 13:53	9,20 km/h
174	610	Storck Dagmar		1:06:25	WHK	67	1:05:21	- 11:49 12:38 13:08 13:41 14:03	9,18 km/h
175	497	Rautenberg Lea	Laufsportteam WN	1:06:30	WU14	1	1:05:34	- 13:08 13:18 13:56 13:35 11:35	9,15 km/h
176	385	Lischo Jessica		1:06:34	W35	21	1:05:41	- 11:50 12:27 13:28 13:56 13:58	9,13 km/h
177	1326	Uphaus Judith	Realschule im Kreuzviertel	1:06:51	W30	14	1:05:49	- 12:27 12:59 12:54 14:00 13:27	9,12 km/h
178	1324	Krökel Jenny	Realschule im Kreuzviertel	1:06:51	WHK	68	1:05:49	- 12:27 12:58 12:54 14:00 13:28	9,11 km/h
179	599	Stefanie Niestert		1:06:54	W45	23	1:06:20	- 11:52 12:35 13:30 14:18 14:02	9,04 km/h
180	357	krasemann birgit		1:06:54	W40	25	1:06:20	- 11:52 12:35 13:30 14:18 14:02	9,04 km/h
181	286	Jacobs Eva-Marie		1:07:23	W30	15	1:06:27	- 12:18 13:04 13:38 13:43 13:42	9,03 km/h
182	366	Krumb Nicole		1:09:14	WHK	69	1:08:25	- 12:28 13:21 14:10 14:23 14:01	8,77 km/h
183	234	Hartung Elisabeth		1:09:58	W30	16	1:09:02	- 12:58 13:32 14:18 14:33 13:39	8,69 km/h
184	585	Slonina Natalia	Realschule im Kreuzviertel	1:13:39	WU18	5	1:12:38	- 11:46 13:39 16:18 15:22 15:31	8,26 km/h
185	386	Lißeck Esther	Pascal-Gymnasium	1:13:58	W40	26	1:13:14	- 12:29 14:05 15:12 15:50 15:37	8,19 km/h
186	316	Kauczor Madeleine	Sportfreunde Klein Reken	1:14:05	WHK	70	1:13:32	- 13:20 14:08 14:58 15:35 15:30	8,16 km/h
187	126	Dreyer Anna-Sophie	TV Jahn Welsede	1:14:41	WHK	71	1:13:34	- 12:50 13:36 14:36 15:41 16:48	8,16 km/h
188	314	Kaszemek Anke		1:20:06	W35	22	1:19:11	- 13:11 14:36 16:07 17:25 17:50	7,58 km/h