

10 km - Gesamtwertung

6. Sparkassenlauf Aurich - 15. Juni 2013

Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	905	Hasanaj Meriton	LG-Harlingerland	0:34:19	0:34:19	1	M20	1989	08:19 08:38 08:41 08:40
2	699	Heinken Matthias	TV Norden	0:35:36	0:35:37	2	M20	1993	08:32 08:56 09:07 09:00
3	491	Fleißner Hermann	MTV Aurich	0:35:50	0:35:50	1	M35	1974	08:44 08:53 09:03 09:09
4	676	Folkers Andreas	Ihlowerfehn	0:36:05	0:36:06	2	M35	1976	08:46 08:58 09:08 09:12
5	822	Schneider Axel	LSF Oldenburg	0:36:10	0:36:11	1	M50	1961	08:43 09:03 09:14 09:09
6	648	Deters Henning	ATS Buntentor	0:37:40	0:37:40	1	M30	1982	09:05 09:20 09:40 09:33
7	740	Kisch Johannes	Fortuna Logabirum	0:37:57	0:37:57	1	M45	1966	09:07 09:23 09:38 09:47
8	742	Kisch Wenzel	Fortuna Logabirum	0:38:43	0:38:44	1	MU18	1996	09:05 09:30 09:55 10:11
9	855	Vlaardingerbroek Kurt	LG-Ofriesland	0:38:47	0:38:49	2	M45	1968	09:08 09:30 09:53 10:15
10	907	Jansen Hans-Jürgen	Vrees	0:39:08	0:39:12	3	M35	1975	09:46 09:41 09:46 09:55
11	801	Röber Carsten	*Großefehn	0:39:25	0:39:28	3	M45	1964	09:46 09:47 09:51 09:59
12	498	Köhler Jan-Aiko	Emder LG	0:39:49	0:39:51	2	MU18	1997	09:47 09:51 10:08 10:01
13	494	Alves Holger	TSV Großenkneten	0:40:06	0:40:07	1	M55	1958	09:18 10:02 10:15 10:29
14	488	Schoneboom Kevin	Emder LG	0:40:54	0:40:55	3	M20	1992	09:58 10:00 10:24 10:30
15	497	Wolf Marko	LG Harlingerland	0:40:52	0:40:55	4	M35	1976	09:47 10:09 10:27 10:28
16	603	Alberts Thomas	Loppersum	0:41:26	0:41:28	2	M30	1981	10:03 10:17 10:32 10:32
17	849	Van der Kamp Hans Jürgen	Emder LG	0:42:15	0:42:17	2	M55	1956	10:00 10:29 10:46 10:57
18	961	Klose Christian		0:42:31	0:42:32	4	M20	1984	09:35 10:38 11:02 11:15
19	781	Ostermoor Frank	Concordia Versicherungen	0:42:32	0:42:34	1	M40	1971	09:49 10:44 10:55 11:01
20	685	Gerdas Helmut	*Rechtsupweg	0:43:02	0:43:05	2	M40	1972	10:26 10:40 10:52 11:03
21	775	Müller Thorsten	TG Wiesmoor	0:43:14	0:43:16	5	M35	1976	10:26 10:50 10:55 11:01
22	577	Witte Daniel	LT Spaß mit Sport	0:43:20	0:43:27	5	M20	1986	10:41 10:58 11:14 10:25
23	810	Schäfer Marco Julian	Manitowoc Runners	0:43:39	0:43:40	6	M20	1992	10:18 10:58 11:16 11:07
24	786	Poguntke Martin	Norder TV	0:43:28	0:43:40	2	M50	1963	11:34 10:54 10:34 10:25
25	835	Stramann Matthias	TSV Großenkneten	0:43:42	0:43:44	4	M45	1967	10:32 11:06 11:03 11:00
26	640	Cassoli Jair	*Aurich	0:43:44	0:43:57	6	M35	1977	10:48 10:50 11:13 10:52
27	965	Asche Tobe	SV Wiesede	0:43:55	0:43:57	3	M50	1959	10:34 11:02 11:11 11:07
28	635	Busch Detlef	*Bad Oldesloe	0:43:59	0:44:04	4	M50	1961	10:51 11:01 11:04 11:01
29	630	Brüling Cord	*Südarle	0:43:52	0:44:07	3	M30	1979	10:39 10:50 11:11 11:11
30	583	Lübbers Jochen	LG Bunde	0:44:07	0:44:12	3	M40	1970	10:30 11:01 11:14 11:21
31	790	Pree Wolfgang	TC Esens	0:44:08	0:44:12	5	M50	1962	10:44 10:58 11:14 11:10
32	668	Feldmann Ralf	Aurich	0:44:10	0:44:16	4	M40	1972	10:36 11:02 11:22 11:09
33	725	Janssen Stefan	LG-Ostfriesland	0:44:11	0:44:21	4	M30	1979	10:32 10:57 11:16 11:25
34	613	Berghaus Wilfried	Fortuna Logabirum	0:44:15	0:44:22	1	M60	1953	10:40 10:58 11:15 11:21
35	837	Theesfeld Christoph	Team Rückenwind	0:44:29	0:44:32	5	M40	1973	10:26 11:06 11:28 11:28
36	602	Akkermann Horst	SV Dornum	0:44:28	0:44:38	7	M35	1976	11:19 11:08 11:00 11:00
37	709	Honczech Michael	TSV Riepe	0:44:53	0:44:57	6	M40	1971	10:44 11:10 11:27 11:31
38	492	Ludwig Helmut	LG Ostfriesland	0:44:58	0:45:01	3	M55	1958	10:58 11:15 11:20 11:24
39	580	Ringena Take	LSF Münster	0:45:00	0:45:05	8	M35	1974	11:13 11:21 11:17 11:07
40	620	Böse Matthias	SV Stikelkamp	0:45:38	0:45:41	7	M40	1970	10:59 11:16 11:41 11:41
41	486	Maibaum Lars	Staatsanwaltschaft Aurich	0:45:44	0:45:49	8	M40	1971	10:45 11:20 11:44 11:52
42	867	Engelhardt Eike	Sparkasse Aurich	0:45:56	0:45:58	7	M20	1989	09:43 11:47 12:03 12:22
43	686	Götz Hartmut	TSV Holtrop	0:45:59	0:46:04	9	M40	1972	10:50 11:28 11:18 12:23
44	604	Alex Simon	LG Haifischbar Norderney	0:46:15	0:46:18	5	M30	1980	10:46 11:46 11:56 11:45
45	706	Hinrichs Hermann	WT Loppersum	0:46:13	0:46:23	6	M30	1979	10:31 11:28 12:01 12:12
46	948	Alberts Torsten	Aurich Tannenhäusen	0:46:24	0:46:28	10	M40	1971	10:59 11:33 11:46 12:04
47	695	Hanssen Dr. Snuggles Heyo	SC Wiesens	0:46:36	0:46:41	6	M50	1961	11:15 11:40 11:52 11:49
48	484	Tertilt Rainer	LT TUS Aurich-Ost	0:47:19	0:47:22	5	M45	1968	11:16 11:50 12:04 12:08
49	912	Saathoff Eric	Emder LG	0:47:19	0:47:23	6	M45	1968	11:10 11:51 12:10 12:07
50	772	Müller Frank	Sparkasse Aurich-Norden	0:47:23	0:47:30	11	M40	1972	11:32 11:54 12:01 11:55
51	829	Spannhoff Rainer	Emder-LG	0:47:52	0:47:56	7	M45	1964	11:09 11:52 12:15 12:35
52	618	Börchers Bernd	Aurich	0:47:54	0:47:59	8	M45	1964	11:23 11:53 12:07 12:29
53	836	Tabbert Frank	*Aurich	0:47:50	0:48:03	9	M45	1965	11:51 11:55 12:01 12:02
54	576	von Kentzinsky Roland	TG Wiesmoor	0:48:05	0:48:10	1	M65	1948	11:44 12:02 12:06 12:12
55	858	Welling Torsten	MTV Wittmund	0:48:19	0:48:29	10	M45	1964	11:39 11:38 12:17 12:43
56	493	Meinen Gerold	*GER	0:48:28	0:48:30	7	M50	1963	11:00 11:21 13:29 12:37
57	866	Reise Lars	Sparkasse Aurich	0:48:33	0:48:35	8	M20	1990	10:36 12:03 12:56 12:56
58	904	Grübner Tim	Sparkasse Aurich	0:48:27	0:48:35	9	M35	1975	11:44 11:48 12:11 12:43
59	930	Janssen Hayo		0:48:26	0:48:37	12	M40	1971	11:51 12:05 12:19 12:10
60	582	Harms Joachim	Traba-Team	0:48:28	0:48:42	8	M50	1961	11:41 12:03 12:24 12:19
61	944	Zänker Peter	Zukunft	0:48:40	0:48:42	9	M50	1959	11:31 12:12 12:33 12:23
62	802	Rößing Hermann	WfbM Aurich Wittmund	0:48:36	0:48:43	11	M45	1965	11:35 12:11 12:30 12:18

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6. Sparkassenlauf Aurich - 15. Juni 2013

Männer

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-PI	AK	Jahr	Runden
63	825	Schomerus Niklas	Emder LG	0:48:57	0:49:00	1	MU16	1999	11:45 12:19 12:35 12:16
64	870	Gebhardt Dieter	Sparkasse Aurich	0:48:58	0:49:10	10	M50	1961	11:31 11:54 12:30 13:02
65	605	Baalmann Josef	LT TUS Aurich-Ost	0:49:14	0:49:16	11	M50	1961	10:45 12:43 13:01 12:43
66	656	Duhnke Stephan	*Wilhelmshaven	0:49:08	0:49:20	13	M40	1969	12:06 12:13 12:28 12:19
67	901	Alberts Bernd	Sparkasse Aurich	0:49:22	0:49:27	10	M35	1975	11:51 12:27 12:39 12:22
68	626	Brauer Siegfried	WfbM Aurich Wittmund	0:49:18	0:49:28	4	M55	1958	11:49 12:14 12:33 12:41
69	774	Müller Steffan	*Ihlow	0:49:33	0:49:43	1	MU20	1995	11:40 12:15 12:54 12:43
70	784	Paul Sascha	SpVg Aurich	0:49:51	0:49:57	7	M30	1981	11:22 12:24 13:05 12:58
71	826	Schulz Michael	LT TUS Aurich-Ost	0:49:57	0:50:10	12	M50	1962	12:05 12:20 12:40 12:50
72	730	John Detlef	BSC Burhufe	0:49:56	0:50:10	14	M40	1969	12:02 12:17 12:45 12:51
73	962	Brouer Markus		0:50:05	0:50:12	8	M30	1981	11:27 12:20 13:16 13:01
74	852	Van Thai Anh	WfbM Aurich Wittmund	0:50:09	0:50:16	15	M40	1972	12:02 12:21 12:42 13:02
75	674	Fluß Bernd	WfbM Aurich Wittmund	0:50:09	0:50:16	16	M40	1973	12:02 12:21 12:43 13:02
76	601	Adloff Stephan	*Großefehn	0:50:07	0:50:19	11	M35	1976	12:04 12:19 12:44 13:00
77	808	Saueressig Jann	Borromäus Hospital Leer	0:50:22	0:50:36	17	M40	1970	12:30 12:30 12:49 12:31
78	745	Kößler Hans-Joachim	RSV-Schalbe-Oelde	0:50:30	0:50:41	13	M50	1959	12:06 12:19 12:48 13:17
79	758	Melzer Carsten	*Krummhörn	0:50:36	0:50:42	18	M40	1969	11:51 12:41 13:01 13:02
80	639	Cassens Michael	Taebo Nord	0:50:48	0:50:52	12	M45	1964	11:12 12:31 13:26 13:38
81	771	Müller Christian	*Westerende	0:51:02	0:51:12	3	MU18	1997	11:40 12:22 13:22 13:36
82	691	Hahs Ralf	*Leer	0:51:11	0:51:22	14	M50	1960	12:25 12:44 12:57 13:05
83	818	Schmidt Jochen	WfbM Aurich Wittmund	0:51:17	0:51:26	19	M40	1971	12:00 12:47 13:10 13:19
84	913	Willing Rainer	*Aurich	0:51:16	0:51:29	13	M45	1966	12:02 12:04 12:55 14:13
85	693	Hamacher Henning	*Aurich	0:51:37	0:51:50	12	M35	1974	12:14 12:40 13:01 13:41
86	964	Sporre Jürgen	Ev.-ref. Kirche	0:51:57	0:52:03	5	M55	1955	12:12 13:08 13:37 12:59
87	963	Tscherney Bernd-Ulrich	MTV Hooksiel	0:51:58	0:52:07	2	M65	1948	12:08 12:47 13:10 13:52
88	799	Ripken Markus	EWE-Wattloopers	0:51:56	0:52:11	9	M30	1981	12:46 12:58 13:01 13:09
89	496	Stanke Detlef	TSG Westerstede	0:52:19	0:52:27	6	M55	1954	12:34 12:47 13:25 13:31
90	797	Reich René	IT-Sektor 4	0:52:34	0:52:40	9	M20	1987	11:39 13:21 13:44 13:49
91	911	Lohre Peter	Sparkasse Aurich	0:52:45	0:52:53	15	M50	1962	12:00 13:01 13:37 14:06
92	609	Begitt DR Kurt	SV Dornum Wattn Looper	0:52:51	0:52:55	3	M65	1947	12:21 12:59 13:39 13:50
93	716	Janssen Christoffer	*Barkholt	0:52:55	0:53:10	10	M30	1981	12:55 13:13 13:18 13:27
94	755	Lüken Heiko	SC Wiesens	0:53:05	0:53:18	20	M40	1969	12:53 13:15 13:26 13:30
95	614	Blenk Michael	*Emden	0:53:12	0:53:24	14	M45	1966	12:45 12:55 13:37 13:54
96	770	Mühlenbrock Ralf	*Aurich	0:53:24	0:53:37	15	M45	1967	12:50 13:18 13:26 13:49
97	704	Hesse Boris	Pura Vita	0:53:40	0:53:45	21	M40	1973	12:08 13:02 14:02 14:26
98	865	Wolters Karsten	Sparkasse Aurich	0:53:51	0:54:03	16	M45	1968	12:25 13:09 14:04 14:12
99	499	Densow Detlef	TuS Aurich-Ost	0:53:58	0:54:04	17	M45	1965	12:45 13:17 13:43 14:12
100	814	Schlecht Michael	WfbM Aurich Wittmund	0:54:04	0:54:14	10	M20	1989	13:45 13:20 13:19 13:38
101	701	Herfurth Oliver	*Aurich	0:54:29	0:54:36	22	M40	1973	12:27 13:28 14:08 14:25
102	610	Behrends Michael		0:54:48	0:55:02	0	MHK		12:55 13:35 14:13 14:04
103	672	Fleißner Marc	LGLN RD Aurich	0:54:51	0:55:06	11	M20	1993	12:42 13:47 14:12 14:09
104	861	Wildemann Martin	WfbM Aurich Wittmund	0:55:12	0:55:20	16	M50	1960	12:59 13:49 14:04 14:18
105	765	Meyer Mario	VffL Berumbur	0:56:47	0:56:55	23	M40	1970	12:58 14:00 14:39 15:08
106	756	Mammen Stephan	SF Larrelt	0:56:50	0:57:01	13	M35	1974	13:00 13:59 14:40 15:09
107	843	Trauernicht Jens	LG Die Trauernichts	0:57:29	0:57:38	17	M50	1963	13:08 14:01 14:50 15:28
108	621	Bohlen Heinrich	*Schortens	0:57:42	0:57:50	4	M65	1947	14:09 14:36 14:41 14:15
109	663	Engelke Thomas	Laufftreff Dosensonne	0:58:37	0:58:45	24	M40	1971	12:51 14:27 15:37 15:41
110	624	Brandt Henning	Fortuna Logabirum	0:58:57	0:59:14	14	M35	1977	14:11 14:32 15:12 15:01
111	717	Janssen Friedhelm	KBV Langefeld e.V.	0:59:13	0:59:29	18	M45	1966	14:25 14:59 15:12 14:35
112	762	Meyburg Frank	*Aurich	0:59:31	0:59:45	25	M40	1969	14:22 14:23 15:11 15:34
113	657	Duis Hartmut	DUIS IMMOBILIEN	0:59:39	0:59:55	19	M45	1968	13:47 14:48 15:38 15:24
114	787	Pohl Ismail	DUIS IMMOBILIEN	0:59:38	0:59:55	12	M20	1988	13:28 15:00 15:47 15:22
115	617	Boelsen Dr. Snuggles Johan	Blau Weiss Filsun	0:59:54	1:00:06	18	M50	1962	14:06 15:06 15:24 15:17
116	862	Wilken Helge	LG Ostfriesland	1:00:07	1:00:16	19	M50	1961	14:05 15:07 15:43 15:09
117	726	Janßen Gerold	SV Fulkum	1:00:21	1:00:34	20	M45	1968	13:12 14:56 16:16 15:55
118	832	Steinke Dietrich	SV Concordia Neermoor	1:01:26	1:01:34	1	M70	1941	14:36 15:21 15:45 15:42
119	661	Eilers Berthold	TSV Riepe	1:01:40	1:01:50	15	M35	1974	14:00 15:28 16:26 15:44
120	688	Groß Sven	WfbM Aurich Wittmund	1:04:27	1:04:37	13	M20	1991	14:33 16:20 17:45 15:47
121	702	Hertz-Kleptow Heinz-Herman	*Aurich	1:05:58	1:06:13	16	M35	1978	14:47 15:36 17:08 18:25
122	680	Frerichs Dennis	WfbM Aurich Wittmund	1:06:06	1:06:16	14	M20	1993	14:34 16:20 17:45 17:26

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6. Sparkassenlauf Aurich - 15. Juni 2013

Frauen

Platz	Startnr	Name	Verein*/Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	579	Joraus Inga	LG Harlingerland	0:40:37	0:40:39	1	W30	1982	09:48 09:57 10:18 10:33
2	581	Hoogestraat Sonja	LG Harlingerland	0:40:52	0:40:55	1	W35	1976	09:47 10:10 10:27 10:26
3	490	Romberg Petra	MTV Aurich	0:43:31	0:43:34	1	W40	1970	10:18 10:52 11:12 11:08
4	780	Nordmann Silke	SG Athletico Büdelsdorf	0:43:34	0:43:36	2	W40	1970	10:12 11:05 11:16 10:59
5	578	Böhme Linda	Emder LG	0:44:51	0:44:54	2	W30	1982	10:48 11:17 11:14 11:30
6	751	Lauri Kadre	*Bonn	0:46:59	0:47:10	1	W20	1985	11:05 11:37 12:02 12:14
7	908	Janssen Claudia	Sparkasse Aurich	0:48:53	0:48:54	3	W30	1980	11:16 12:16 12:31 12:49
8	795	Reemts Ramona	LG Harlingerland	0:48:52	0:48:55	2	W20	1984	11:20 11:52 12:35 13:03
9	495	Untied-Passmeier Anke		0:48:56	0:49:00	3	W40	1969	11:44 12:18 12:35 12:17
10	754	Löschen Veronique	Schützenverein Ger.Middelburg	0:48:53	0:49:01	4	W30	1980	11:34 12:14 12:34 12:30
11	831	Steffens Viola	Emder LG	0:49:13	0:49:15	2	W35	1975	11:45 12:18 12:35 12:33
12	760	Mennenga Anja	Emder LG	0:50:33	0:50:37	1	W45	1966	12:02 12:36 13:01 12:52
13	909	Janssen Engeline	LG Ostfriesland	0:51:00	0:51:07	2	W45	1964	12:05 12:35 12:57 13:22
14	768	Michel Sara	Emder LG	0:51:09	0:51:13	3	W35	1974	12:10 12:56 13:04 12:57
15	629	Broer Heide	Fortuna Wirdum	0:51:28	0:51:40	1	W55	1957	12:16 12:50 13:11 13:09
16	750	Laubrock Martje	*Aurich	0:52:08	0:52:12	4	W40	1972	12:07 13:03 13:07 13:49
17	707	Hoffmann Luise	Emder LG	0:52:55	0:53:00	2	W55	1958	12:13 13:09 13:38 13:54
18	959	Gebhardt Kristina		0:53:34	0:53:46	1	WU18	1996	12:58 13:16 13:37 13:41
19	662	Engelbart Sarah	Gymnasium Ulricianum Aurich	0:54:52	0:55:05	1	WU16	1998	12:58 13:29 14:25 13:59
20	616	Bode Sandra	Heidmühler FC LA	0:55:06	0:55:10	3	W45	1968	13:20 13:50 14:05 13:51
21	692	Hallenga Gunda	Tannenhäuser	0:55:22	0:55:31	5	W30	1983	13:43 14:32 13:30 13:37
22	789	Pospisil Kristina	Dreamteam Egels	0:57:30	0:57:41	5	W40	1971	13:27 14:09 14:49 15:03
23	853	Vespermann Sandra	MTV Aurich	0:57:38	0:57:52	3	W20	1985	13:39 14:14 15:03 14:41
24	651	Doden Ina	Völkerball läuft	0:59:33	0:59:45	6	W40	1972	14:24 14:23 15:11 15:34
25	694	Hanssen Dr. Snuggles Anke	SC Wiesens	0:59:43	0:59:53	4	W20	1991	14:31 14:36 15:18 15:16
26	842	Trauer Doerthe	Tannenhäuser	1:00:03	1:00:12	4	W35	1977	13:45 14:40 15:29 16:08
27	703	Hertz-Kleptow Traute	*Aurich	1:01:16	1:01:32	6	W30	1982	14:47 15:37 15:26 15:25
28	823	Schöbel Marie- Luise	BW Borssum	1:01:40	1:01:49	1	W65	1948	14:16 15:08 15:52 16:22
29	869	Teiwes Marion	Sparkasse Aurich	1:03:17	1:03:30	3	W55	1958	14:52 15:38 16:12 16:34
30	769	Mickelat Denise	Berumerfehn	1:05:51	1:06:02	5	W35	1976	14:46 15:53 17:23 17:47