

17. Altenaer Triathlon am 18. Juli 2004**Ergebnisliste****Oberliga**

| | <u>Total.</u> | <u>Nr.</u> | <u>Name Vorname</u> | <u>Mannschaft</u> | <u>Endzeit</u> | | <u>Pl. S</u> | <u>Schwimmen</u> | <u>Pl. R</u> | <u>Rad</u> | <u>Pl.n.Rnach Rad</u> | <u>Pl. L Laufen</u> |
|----------|---------------------------------|------------|---------------------|-------------------------|----------------|------|--------------|------------------|--------------|------------|-----------------------|---------------------|
| 1 | Asics Team Witten III | | | Platzziffer: 32 | | | | | | | | |
| | 1 | 416 | Paesler Thomas | Asics Team Witten III | 1:48:55 | 1969 | | 0:16:21 | | 0:57:53 | 1:14:14 | 0:34:40 |
| | 6 | 414 | Pauls Peter | Asics Team Witten III | 1:51:33 | 1981 | | 0:14:48 | | 1:01:35 | 1:16:24 | 0:35:08 |
| | 12 | 413 | Fehrs Jan | Asics Team Witten III | 1:53:39 | 1983 | | 0:14:52 | | 1:01:41 | 1:16:33 | 0:37:06 |
| | 13 | 415 | Sittart Thomas | Asics Team Witten III | 1:53:48 | 1968 | | 0:17:31 | | 0:59:05 | 1:16:36 | 0:37:12 |
| 2 | Kutenhausen Todtenhausen | | | Platzziffer: 68 | | | | | | | | |
| | 5 | 443 | Krietenstein Sascha | Kutenhausen | 1:51:27 | 1973 | | 0:16:09 | | 0:58:25 | 1:14:35 | 0:36:52 |
| | 16 | 444 | Robin Marcel | Kutenhausen | 1:53:58 | 1976 | | 0:16:10 | | 1:00:23 | 1:16:34 | 0:37:24 |
| | 18 | 442 | Klawitter Markus | Kutenhausen | 1:54:35 | 1979 | | 0:15:08 | | 1:01:23 | 1:16:32 | 0:38:03 |
| | 29 | 441 | Funken Jens | Kutenhausen | 1:58:07 | 1973 | | 0:15:34 | | 1:03:38 | 1:19:12 | 0:38:54 |
| 3 | TSVE Bielefeld II | | | Platzziffer: 86 | | | | | | | | |
| | 3 | 430 | Kersten Tobias | TSVE Bielefeld II | 1:50:39 | 1967 | | 0:16:57 | | 0:56:20 | 1:13:17 | 0:37:21 |
| | 10 | 431 | Nickel Thomas | TSVE Bielefeld II | 1:52:41 | 1966 | | 0:16:50 | | 1:00:29 | 1:17:20 | 0:35:21 |
| | 25 | 432 | Leising Willi | TSVE Bielefeld II | 1:57:27 | 1963 | | 0:16:59 | | 1:02:09 | 1:19:08 | 0:38:18 |
| | 48 | 429 | Ollerdisen Stefan | TSVE Bielefeld II | 2:03:39 | 1965 | | 0:19:08 | | 1:03:53 | 1:23:02 | 0:40:37 |
| 4 | SG Spröckhovel TT Witten | | | Platzziffer: 87 | | | | | | | | |
| | 4 | 408 | Schaefer Till | SG Spröckhovel TT | 1:51:21 | 1985 | | 0:14:45 | | 0:59:45 | 1:14:31 | 0:36:49 |
| | 20 | 405 | Roeder Oliver | SG Spröckhovel TT | 1:55:46 | 1975 | | 0:16:05 | | 1:00:18 | 1:16:23 | 0:39:22 |
| | 31 | 406 | Klein Oliver | SG Spröckhovel TT | 1:58:38 | 1969 | | 0:19:35 | | 1:02:27 | 1:22:03 | 0:36:35 |
| | 32 | 407 | Hoter Otto | SG Spröckhovel TT | 1:58:38 | 1953 | | 0:17:56 | | 1:01:54 | 1:19:51 | 0:38:47 |
| 5 | Nonstop Köln | | | Platzziffer: 93 | | | | | | | | |
| | 2 | 453 | Becker Jan-Matti | Nonstop Köln | 1:49:04 | 1977 | | 0:16:11 | | 0:57:32 | 1:13:44 | 0:35:20 |
| | 9 | 455 | Meyke Thomas | Nonstop Köln | 1:52:34 | 1979 | | 0:17:43 | | 0:58:47 | 1:16:30 | 0:36:04 |
| | 28 | 454 | Hüllen Jan | Nonstop Köln | 1:58:02 | 1976 | | 0:19:11 | | 1:02:58 | 1:22:09 | 0:35:52 |
| | 54 | 456 | Schmelz Börge | Nonstop Köln | 2:07:51 | 1978 | | 0:16:19 | | 1:08:28 | 1:24:48 | 0:43:03 |
| 6 | Armada Würselen | | | Platzziffer: 105 | | | | | | | | |
| | 7 | 422 | Logen Stefan | Armada Würselen | 1:52:04 | 1981 | | 0:15:11 | | 0:59:17 | 1:14:29 | 0:37:35 |
| | 15 | 423 | Thele Marc | Armada Würselen | 1:53:58 | 1975 | | 0:15:08 | | 1:00:28 | 1:15:37 | 0:38:20 |
| | 39 | 424 | Vonnohoegen Adrian | Armada Würselen | 1:59:54 | 1973 | | 0:15:15 | | 1:04:48 | 1:20:03 | 0:39:50 |
| | 44 | 421 | Mohren Harald | Armada Würselen | 2:01:18 | 1963 | | 0:17:29 | | 1:05:35 | 1:23:04 | 0:38:13 |
| 7 | SV Blau Weiß Bochum | | | Platzziffer: 107 | | | | | | | | |
| | 8 | 433 | Burghardt Günther | SV Blau Weiß Bochum | 1:52:19 | 1968 | | 0:16:28 | | 0:58:31 | 1:15:00 | 0:37:19 |
| | 23 | 436 | Kroniger Jürgen | SV Blau Weiß Bochum | 1:56:46 | 1965 | | 0:14:51 | | 1:01:42 | 1:16:34 | 0:40:12 |
| | 30 | 434 | Frisch Frank | SV Blau Weiß Bochum | 1:58:17 | 1967 | | 0:16:11 | | 1:05:08 | 1:21:19 | 0:36:57 |
| | 46 | 435 | Geß Marc-Olaf | SV Blau Weiß Bochum | 2:02:09 | 1969 | | 0:15:43 | | 1:03:09 | 1:18:53 | 0:43:16 |
| 8 | Rückenwind Dortmund II | | | Platzziffer: 136 | | | | | | | | |
| | 11 | 404 | Martin Frederik | Rückenwind Dortmund II | 1:53:23 | 1980 | | 0:17:04 | | 1:00:21 | 1:17:26 | 0:35:57 |
| | 17 | 402 | Mandel Michael | Rückenwind Dortmund II | 1:54:04 | 1969 | | 0:16:03 | | 1:01:46 | 1:17:49 | 0:36:14 |
| | 50 | 401 | Fischer Jan Torben | Rückenwind Dortmund II | 2:04:38 | 1984 | | 0:18:17 | | 1:06:15 | 1:24:33 | 0:40:05 |
| | 58 | 403 | Siery David | Rückenwind Dortmund II | 2:11:54 | 1985 | | 0:19:37 | | 1:10:20 | 1:29:58 | 0:41:56 |
| 9 | TSV Bayer Dormagen | | | Platzziffer: 147 | | | | | | | | |
| | 19 | 426 | Hauser Michael | TSV Bayer Dormagen | 1:55:37 | 1974 | | 0:16:59 | | 1:00:42 | 1:17:42 | 0:37:54 |
| | 35 | 428 | Schmitz Markus | TSV Bayer Dormagen | 1:59:06 | 1973 | | 0:16:58 | | 1:04:20 | 1:21:18 | 0:37:48 |
| | 38 | 427 | Meuter Marco | TSV Bayer Dormagen | 1:59:40 | 1969 | | 0:16:49 | | 1:03:40 | 1:20:30 | 0:39:10 |
| | 55 | 425 | Gehring Harry | TSV Bayer Dormagen | 2:08:41 | 1974 | | 0:12:54 | | 1:07:39 | 1:20:33 | 0:48:07 |

* = enthält 2 Minuten Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.d>

17. Altenaer Triathlon am 18. Juli 2004**Ergebnisliste****10 EifelSan Team TVE Netphen Platzziffer: 148**

| | | | | | | | | | |
|----|-----|-------------------|-------------------|---------|------|---------|---------|---------|---------|
| 24 | 409 | Bätzel Torsten | EifelSan Team TVE | 1:56:49 | 1970 | 0:17:03 | 1:00:25 | 1:17:28 | 0:39:21 |
| 36 | 410 | Schlabach Henning | EifelSan Team TVE | 1:59:12 | 1971 | 0:17:07 | 1:02:58 | 1:20:06 | 0:39:06 |
| 43 | 412 | Bleuel Matthias | EifelSan Team TVE | 2:01:07 | 1979 | 0:17:02 | 1:04:43 | 1:21:46 | 0:39:21 |
| 45 | 411 | Bleuel Andreas | EifelSan Team TVE | 2:01:32 | 1979 | 0:17:26 | 1:04:50 | 1:22:16 | 0:39:16 |

11 Tri Sport Team Verl II Platzziffer: 154

| | | | | | | | | | |
|----|-----|-------------------|------------------------|---------|------|---------|---------|---------|---------|
| 27 | 457 | Hawig Oliver | Tri Sport Team Verl II | 1:57:54 | 1981 | 0:15:44 | 1:03:55 | 1:19:39 | 0:38:15 |
| 33 | 459 | Beckhoff Reinhard | Tri Sport Team Verl II | 1:58:50 | 1966 | 0:20:13 | 1:01:31 | 1:21:44 | 0:37:05 |
| 41 | 460 | Ganzer Bruno | Tri Sport Team Verl II | 2:00:05 | 1962 | 0:18:44 | 1:03:28 | 1:22:13 | 0:37:51 |
| 53 | 458 | Nöthling Thorsten | Tri Sport Team Verl II | 2:05:44 | 1976 | 0:17:27 | 1:05:40 | 1:23:08 | 0:42:36 |

12 TV Germania Kaiserau Platzziffer: 155

| | | | | | | | | | |
|----|-----|-----------------|----------------------|---------|------|---------|---------|---------|---------|
| 14 | 417 | Dieckheuer Dirk | TV Germania Kaiserau | 1:53:55 | 1970 | 0:17:36 | 0:59:39 | 1:17:16 | 0:36:39 |
| 37 | 418 | Kaschube Dirk | TV Germania Kaiserau | 1:59:35 | 1969 | 0:18:25 | 1:04:42 | 1:23:08 | 0:36:27 |
| 40 | 419 | Stratmann Uwe | TV Germania Kaiserau | 1:59:57 | 1964 | 0:17:28 | 1:02:28 | 1:19:56 | 0:40:00 |
| 64 | 420 | Dietrich Lars | TV Germania Kaiserau | 0:00:00 | 1969 | 0:17:35 | 1:10:32 | 1:28:08 | 0:00:00 |

13 Tri Minators Voerde Platzziffer: 172

| | | | | | | | | | |
|----|-----|-------------------|---------------------|---------|------|---------|---------|---------|---------|
| 22 | 449 | Henn Frank | Tri Minators Voerde | 1:56:24 | 1966 | 0:16:58 | 0:59:55 | 1:16:53 | 0:39:30 |
| 47 | 450 | Walke Thomas | Tri Minators Voerde | 2:02:37 | 1966 | 0:17:08 | 1:02:11 | 1:19:19 | 0:43:17 |
| 51 | 452 | von Gerkan Oliver | Tri Minators Voerde | 2:04:59 | 1967 | 0:22:27 | 1:02:10 | 1:24:38 | 0:40:21 |
| 52 | 451 | Behnsch Michael | Tri Minators Voerde | 2:05:40 | 1960 | 0:18:49 | 1:07:18 | 1:26:07 | 0:39:33 |

14 TRlandertaler Mettmann II Platzziffer: 184

| | | | | | | | | | |
|----|-----|-----------------|------------------------|---------|------|---------|---------|---------|---------|
| 26 | 438 | Pfaff Björn | TRlandertaler Mettmann | 1:57:51 | 1971 | 0:16:36 | 1:02:58 | 1:19:35 | 0:38:16 |
| 34 | 439 | Maag Michael | TRlandertaler Mettmann | 1:59:00 | 1964 | 0:16:31 | 1:03:06 | 1:19:38 | 0:39:22 |
| 61 | 440 | OpdeLaak Peter | TRlandertaler Mettmann | 2:16:29 | 1967 | 0:19:55 | 1:09:28 | 1:29:23 | 0:47:05 |
| 63 | 437 | Stolte Wolfgang | TRlandertaler Mettmann | 2:24:18 | 1957 | 0:22:22 | 1:14:20 | 1:36:43 | 0:47:35 |

15 SC Altenrheine Platzziffer: 186

| | | | | | | | | | |
|----|-----|-----------------|----------------|---------|------|---------|---------|---------|---------|
| 21 | 447 | Uhlenbruch Ralf | SC Altenrheine | 1:55:58 | 1965 | 0:17:05 | 1:00:31 | 1:17:37 | 0:38:21 |
| 49 | 446 | Närtker Ulrich | SC Altenrheine | 2:04:09 | 1966 | 0:19:18 | 1:05:38 | 1:24:57 | 0:39:12 |
| 57 | 448 | Walker Stefan | SC Altenrheine | 2:09:35 | 1979 | 0:17:06 | 1:09:01 | 1:26:07 | 0:43:27 |
| 59 | 445 | Franke Klaus | SC Altenrheine | 2:12:08 | 1969 | 0:22:36 | 1:09:32 | 1:32:09 | 0:39:59 |

16 PV Triathlon Witten IV Platzziffer: 220

| | | | | | | | | | |
|----|-----|----------------|------------------------|---------|------|---------|---------|---------|---------|
| 42 | 462 | Billig Gerhard | PV Triathlon Witten IV | 2:00:30 | 1958 | 0:15:57 | 1:05:26 | 1:21:23 | 0:39:06 |
| 56 | 464 | Thomsen Arne | PV Triathlon Witten IV | 2:09:26 | 1980 | 0:17:13 | 1:08:01 | 1:25:14 | 0:44:11 |
| 60 | 463 | Rennefeld Marc | PV Triathlon Witten IV | 2:12:48 | 1972 | 0:17:19 | 1:10:24 | 1:27:43 | 0:45:05 |
| 62 | 461 | Böhm Andreas | PV Triathlon Witten IV | 2:18:15 | 1971 | 0:17:33 | 1:11:46 | 1:29:20 | 0:48:55 |

* = enthält 2 Minuten Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.d>

17. Altenaer Triathlon am 18. Juli 2004**Ergebnisliste***Landesliga Süd*

| | <u>Total.</u> | <u>Nr.</u> | <u>Name Vorname</u> | <u>Mannschaft</u> | <u>Endzeit</u> | | <u>Pl. S</u> | <u>Schwimmen</u> | <u>Pl. R</u> | <u>Rad</u> | <u>Pl.n.Rnach Rad</u> | <u>Pl. L</u> | <u>Laufen</u> |
|----------|---------------|------------|------------------------------|-----------------------|----------------|-------------------------|--------------|------------------|--------------|------------|-----------------------|--------------|---------------|
| 1 | | | RC Lüdenscheid | | | Platzziffer: 34 | | | | | | | |
| | 1 | 1.059 | Schmale Dirk | RC Lüdenscheid | 1:50:35 | 1981 | 0:15:25 | | 1:01:06 | | 1:16:32 | | 0:34:03 |
| | 2 | 1.057 | Hanakam Florian | RC Lüdenscheid | 1:50:53 | 1972 | 0:17:18 | | 0:59:12 | | 1:16:30 | | 0:34:23 |
| | 10 | 1.058 | Franke Lars | RC Lüdenscheid | 1:55:28 | 1977 | 0:16:51 | | 1:02:50 | | 1:19:41 | | 0:35:47 |
| | 21 | 1.060 | Sinderhauf Jan | RC Lüdenscheid | 1:59:27 | 1983 | 0:16:40 | | 1:01:52 | | 1:18:33 | | 0:40:54 |
| 2 | | | Kölner Triathlon Team | | | Platzziffer: 55 | | | | | | | |
| | 4 | 1.083 | Glogau Christopher | Kölner Triathlon Team | 1:52:21 | 1972 | 0:16:25 | | 1:00:36 | | 1:17:01 | | 0:35:20 |
| | 7 | 1.081 | Pietrek Thomas | Kölner Triathlon Team | 1:54:20 | 1968 | 0:17:18 | | 0:59:14 | | 1:16:33 | | 0:37:46 |
| | 9 | 1.082 | Leins Sebastian | Kölner Triathlon Team | 1:55:13 | 1982 | 0:18:18 | | 1:01:01 | | 1:19:19 | | 0:35:53 |
| | 35 | 1.084 | Efferts Rene' | Kölner Triathlon Team | 2:04:05 | 1975 | 0:14:39 | | 1:05:16 | | 1:19:55 | | 0:44:10 |
| 3 | | | Tus Xanten | | | Platzziffer: 95 | | | | | | | |
| | 3 | 1.025 | Reinders Yves | Tus Xanten | 1:50:55 | 1971 | 0:14:27 | | 0:59:47 | | 1:14:14 | | 0:36:40 |
| | 12 | 1.026 | Haupt Ringo | Tus Xanten | 1:55:54 | 1965 | 0:15:32 | | 1:02:49 | | 1:18:21 | | 0:37:32 |
| | 39 | 1.027 | Müller Thomas | Tus Xanten | 2:04:48 | 1974 | 0:16:34 | | 1:09:41 | | 1:26:15 | | 0:38:32 |
| | 41 | 1.028 | Radusch Uwe | Tus Xanten | 2:05:03 | 1957 | 0:19:21 | | 1:07:05 | | 1:26:26 | | 0:38:37 |
| 4 | | | ASV Duisburg | | | Platzziffer: 101 | | | | | | | |
| | 13 | 1.033 | Weimann Uwe | ASV Duisburg | 1:56:00 | 1970 | 0:16:32 | | 1:01:11 | | 1:17:44 | | 0:38:16 |
| | 18 | 1.034 | Kwiatkowski Michael | ASV Duisburg | 1:57:45 | 1977 | 0:16:37 | | 1:03:13 | | 1:19:50 | | 0:37:55 |
| | 34 | 1.036 | Hof Matthias | ASV Duisburg | 2:03:51 | 1968 | 0:16:26 | | 1:04:44 | | 1:21:10 | | 0:42:40 |
| | 36 | 1.035 | Birkett Dave | ASV Duisburg | 2:04:15 | 1962 | 0:16:29 | | 1:05:58 | | 1:22:27 | | 0:41:48 |
| 5 | | | Wuppertal II | | | Platzziffer: 112 | | | | | | | |
| | 14 | 1.030 | Bauser Marcus | Wuppertal II | 1:56:12 | 1969 | 0:16:35 | | 1:01:19 | | 1:17:55 | | 0:38:17 |
| | 16 | 1.029 | Eggert Jan | Wuppertal II | 1:57:13 | 1974 | 0:16:36 | | 1:05:01 | | 1:21:37 | | 0:35:35 |
| | 33 | 1.031 | Rexroth Jan | Wuppertal II | 2:03:00 | 1968 | 0:16:45 | | 1:05:58 | | 1:22:43 | | 0:40:16 |
| | 49 | 1.032 | Bitzer Axel | Wuppertal II | 2:08:03 | 1962 | 0:19:59 | | 1:06:38 | | 1:26:38 | | 0:41:24 |
| 6 | | | TG Neuss | | | Platzziffer: 119 | | | | | | | |
| | 8 | 1.087 | Kumpe Rüdiger | TG Neuss | 1:54:29 | 1966 | 0:17:17 | | 1:00:32 | | 1:17:49 | | 0:36:39 |
| | 15 | 1.088 | Neumann Burkhard | TG Neuss | 1:57:04 | 1967 | 0:16:37 | | 1:03:36 | | 1:20:14 | | 0:36:50 |
| | 27 | 1.086 | Karrenberg Michael | TG Neuss | 2:00:13 | 1968 | 0:17:55 | | 1:03:37 | | 1:21:33 | | 0:38:39 |
| | 69 | 1.085 | Boenisch Winfried | TG Neuss | 2:13:36 | 1959 | 0:22:15 | | 1:10:05 | | 1:32:20 | | 0:41:15 |
| 7 | | | Wuppertal III | | | Platzziffer: 132 | | | | | | | |
| | 11 | 1.064 | Rexhausen Thorsten | Wuppertal III | 1:55:45 | 1972 | 0:14:22 | | 1:02:42 | | 1:17:04 | | 0:38:41 |
| | 19 | 1.061 | Anger Chris | Wuppertal III | 1:58:43 | 1970 | 0:16:38 | | 1:03:31 | | 1:20:10 | | 0:38:33 |
| | 29 | 1.062 | Cramer Bernd | Wuppertal III | 2:01:47 | 1960 | 0:19:37 | | 1:03:32 | | 1:23:09 | | 0:38:38 |
| | 73 | 1.063 | Rexhausen Marc | Wuppertal III | 2:14:45 | 1968 | 0:17:54 | | 1:13:51 | | 1:31:45 | | 0:42:59 |
| 8 | | | SG Welper I | | | Platzziffer: 144 | | | | | | | |
| | 23 | 1.014 | Steenmann Ralf | SG Welper I | 1:59:44 | 1967 | 0:17:40 | | 1:03:50 | | 1:21:31 | | 0:38:13 |
| | 24 | 1.016 | Meding Jörg | SG Welper I | 1:59:44 | 1959 | 0:18:20 | | 1:03:17 | | 1:21:38 | | 0:38:06 |
| | 25 | 1.013 | Moch Andreas | SG Welper I | 1:59:45 | 1967 | 0:18:20 | | 1:03:14 | | 1:21:34 | | 0:38:10 |
| | 72 | 1.015 | Döring Falko | SG Welper I | 2:14:40 | 1973 | 0:17:43 | | 1:11:56 | | 1:29:39 | | 0:45:00 |
| 9 | | | Mönchengladbacher TV | | | Platzziffer: 154 | | | | | | | |
| | 5 | 1.065 | Laermann Ralf | Mönchengladbacher TV | 1:53:14 | 1958 | 0:16:39 | | 1:00:58 | | 1:17:38 | | 0:35:36 |
| | 42 | 1.066 | Knein Mario | Mönchengladbacher TV | 2:05:20 | 1979 | 0:17:02 | | 1:05:23 | | 1:22:25 | | 0:42:54 |
| | 53 | 1.067 | Schulze Helmut | Mönchengladbacher TV | 2:08:47 | 1960 | 0:16:48 | | 1:12:37 | | 1:29:25 | | 0:39:22 |
| | 54 | 1.068 | Kremers Sascha | Mönchengladbacher TV | 2:08:47 | 1974 | 0:17:52 | | 1:07:55 | | 1:25:47 | | 0:42:59 |

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17. Altenaer Triathlon am 18. Juli 2004**Ergebnisliste**

| | | | | | | | | |
|-----------|----------------------------------|---------------------------|---------|------|---------|---------|---------|---------|
| 10 | RTC Frechen 80 | Platzziffer: 179 | | | | | | |
| 17 | 1.070 Mittelstädt Ralf | RTC Frechen 80 | 1:57:32 | 1960 | 0:16:49 | 1:03:15 | 1:20:05 | 0:37:27 |
| 46 | 1.069 Koopmann Oliver | RTC Frechen 80 | 2:05:59 | 1980 | 0:18:02 | 1:07:14 | 1:25:16 | 0:40:43 |
| 56 | 1.072 Kayser Bernd | RTC Frechen 80 | 2:09:16 | 1967 | 0:18:32 | 1:08:52 | 1:27:24 | 0:41:52 |
| 60 | 1.071 Langer Christian | RTC Frechen 80 | 2:10:28 | 1978 | 0:18:51 | 1:10:29 | 1:29:21 | 0:41:06 |
| 11 | Krefelder Kanu Klub II | Platzziffer: 194 | | | | | | |
| 32 | 1.089 Schnaß Elmar | Krefelder Kanu Klub II | 2:02:59 | 1971 | 0:16:43 | 1:02:47 | 1:19:30 | 0:43:28 |
| 37 | 1.091 Wilms Christian | Krefelder Kanu Klub II | 2:04:27 | 1978 | 0:16:33 | 1:02:03 | 1:18:37 | 0:45:49 |
| 59 | 1.092 Wimmer Tanja | Krefelder Kanu Klub II | 2:10:18 | 1979 | 0:18:23 | 1:09:18 | 1:27:42 | 0:42:36 |
| 66 | 1.090 Schuster Maik | Krefelder Kanu Klub II | 2:12:41 | 1971 | 0:20:10 | 1:09:19 | 1:29:29 | 0:43:12 |
| 12 | Starlight Team Essen III | Platzziffer: 200 | | | | | | |
| 26 | 1.001 Siwon Daniel | Starlight Team Essen III | 1:59:56 | 1970 | 0:18:16 | 1:05:24 | 1:23:40 | 0:36:15 |
| 48 | 1.003 Schnellmann Jürgen | Starlight Team Essen III | 2:07:20 | 1963 | 0:20:36 | 1:02:49 | 1:23:26 | 0:43:54 |
| 58 | 1.004 Kirmse David | Starlight Team Essen III | 2:10:17 | 1975 | 0:18:10 | 1:10:05 | 1:28:15 | 0:42:02 |
| 68 | 1.002 Holste Alexander | Starlight Team Essen III | 2:13:16 | 1980 | 0:17:41 | 1:13:30 | 1:31:12 | 0:42:04 |
| 13 | Hildener AT | Platzziffer: 207 | | | | | | |
| 20 | 1.037 Beimel Christian | Hildener AT | 1:59:07 | 1968 | 0:14:18 | 1:04:21 | 1:18:39 | 0:40:27 |
| 38 | 1.038 Wucherpfeffnig Sven | Hildener AT | 2:04:45 | 1972 | 0:16:26 | 1:05:37 | 1:22:04 | 0:42:41 |
| 71 | 1.039 Döpper Wolfgang | Hildener AT | 2:14:29 | 1954 | 0:22:28 | 1:11:34 | 1:34:03 | 0:40:25 |
| 78 | 1.040 Buschmann Dirk | Hildener AT | 2:17:12 | 1959 | 0:18:14 | 1:12:46 | 1:31:00 | 0:46:12 |
| 14 | ASV Köln | Platzziffer: 208 | | | | | | |
| 40 | 1.077 Limberg Andreas | ASV Köln | 2:05:02 | 1971 | 0:19:40 | 1:06:48 | 1:26:29 | 0:38:32 |
| 47 | 1.080 Völler Thorsten | ASV Köln | 2:06:33 | 1975 | 0:20:22 | 1:05:42 | 1:26:05 | 0:40:28 |
| 51 | 1.079 Moses Wolfgang | ASV Köln | 2:08:20 | 1968 | 0:20:02 | 1:07:17 | 1:27:19 | 0:41:00 |
| 70 | 1.078 Taleb Thomas | ASV Köln | 2:14:06 | 1968 | 0:21:02 | 1:04:48 | 1:25:51 | 0:48:15 |
| 15 | Post Telekom Köln | Platzziffer: 214 | | | | | | |
| 22 | 1.101 Wattler Wilfried | Post Telekom Köln | 1:59:43 | 1960 | 0:16:29 | 1:04:41 | 1:21:10 | 0:38:32 |
| 43 | 1.104 Brunzel Frank | Post Telekom Köln | 2:05:35 | 1964 | 0:16:18 | 1:08:00 | 1:24:18 | 0:41:17 |
| 45 | 1.103 von Rappard Gerald | Post Telekom Köln | 2:05:50 | 0 | 0:16:29 | 1:08:16 | 1:24:46 | 0:41:03 |
| 16 | TuS Breitscheid II | Platzziffer: 216 | | | | | | |
| 30 | 1.094 Ifang Malte | TuS Breitscheid II | 2:02:05 | 1983 | 0:19:14 | 1:02:35 | 1:21:50 | 0:40:15 |
| 44 | 1.096 Samans Werner | TuS Breitscheid II | 2:05:38 | 1951 | 0:19:21 | 1:04:33 | 1:23:54 | 0:41:43 |
| 65 | 1.093 Brosch Reinhard | TuS Breitscheid II | 2:12:03 | 1964 | 0:16:45 | 1:10:10 | 1:26:56 | 0:45:07 |
| 77 | 1.095 Jerosch Hans-Jürgen | TuS Breitscheid II | 2:16:29 | 1951 | 0:19:16 | 1:12:15 | 1:31:31 | 0:44:57 |
| 17 | Dülkener SV 06 | Platzziffer: 229 | | | | | | |
| 6 | 1.099 Schroers Michael | Dülkener SV 06 | 1:53:27 | 1969 | 0:17:18 | 0:59:09 | 1:16:27 | 0:36:59 |
| 55 | 1.100 Berg Dietmar | Dülkener SV 06 | 2:08:51 | 1975 | 0:17:22 | 1:08:20 | 1:25:43 | 0:43:08 |
| 79 | 1.098 Mikosch Georg | Dülkener SV 06 | 2:17:25 | 1960 | 0:26:05 | 1:08:20 | 1:34:25 | 0:42:59 |
| 89 | 1.097 Goetzie Uwe | Dülkener SV 06 | 2:28:02 | 1958 | 0:17:20 | 1:15:20 | 1:32:41 | 0:55:21 |
| 18 | Tri Power Aegidienberg II | Platzziffer: 267 | | | | | | |
| 31 | 1.073 Drachenberg Arnold | Tri Power Aegidienberg II | 2:02:27 | 1979 | 0:17:58 | 1:03:31 | 1:21:30 | 0:40:57 |
| 63 | 1.074 Freiberg Jürgen | Tri Power Aegidienberg II | 2:11:31 | 1962 | 0:22:10 | 1:08:38 | 1:30:49 | 0:40:42 |
| 83 | 1.075 Hoffmann Gerhard | Tri Power Aegidienberg II | 2:19:29 | 1960 | 0:22:40 | 1:13:29 | 1:36:10 | 0:43:19 |
| 90 | 1.076 Wüster Bernd | Tri Power Aegidienberg II | 2:28:19 | 1959 | 0:16:52 | 1:18:31 | 1:35:24 | 0:52:54 |
| 19 | ASV Süchteln II | Platzziffer: 286 | | | | | | |
| 50 | 1.010 Anhut Michael | ASV Süchteln II | 2:08:04 | 1967 | 0:20:23 | 1:08:01 | 1:28:24 | 0:39:39 |
| 67 | 1.012 Siemes Conny | ASV Süchteln II | 2:12:44 | 1978 | 0:16:57 | 1:09:52 | 1:26:50 | 0:45:54 |
| 84 | 1.011 Heyer Thomas | ASV Süchteln II | 2:20:10 | 1968 | 0:20:56 | 1:13:14 | 1:34:10 | 0:46:00 |
| 85 | 1.009 Groß Michael | ASV Süchteln II | 2:20:46 | 1969 | 0:21:21 | 1:10:45 | 1:32:07 | 0:48:39 |

* = enthält 2 Minuten Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.d>

17. Altenaer Triathlon am 18. Juli 2004**Ergebnisliste**

| | | | | | | | | | |
|-----------|-------------------------------|-------------------------|---------|------|---------|---------|---------|---------|---|
| 19 | Bocholter WSV III | Platzziffer: 286 | | | | | | | |
| 52 | 1.048 van Waasen Thomas | Bocholter WSV III | 2:08:38 | 1963 | 0:19:57 | 1:08:07 | 1:28:05 | 0:40:33 | |
| 61 | 1.047 Winter Maic | Bocholter WSV III | 2:10:31 | 1971 | 0:20:48 | 1:09:46 | 1:30:34 | 0:39:57 | |
| 82 | 1.045 Rottstegge Thomas | Bocholter WSV III | 2:18:59 | 1964 | 0:19:55 | 1:14:08 | 1:34:03 | 0:44:55 | |
| 91 | 1.046 Tebroke Stephan | Bocholter WSV III | 2:29:31 | 1961 | 0:22:27 | 1:16:37 | 1:39:05 | 0:50:26 | |
| 21 | TSG Sprockhövel II | Platzziffer: 287 | | | | | | | |
| 57 | 1.022 Schultes Olaf | TSG Sprockhövel II | 2:10:17 | 1960 | 0:19:40 | 1:08:17 | 1:27:58 | 0:42:19 | |
| 62 | 1.024 Kamphaus Stephan | TSG Sprockhövel II | 2:11:30 | 1964 | 0:19:46 | 1:07:25 | 1:27:11 | 0:44:18 | |
| 64 | 1.023 Willenberg Olaf | TSG Sprockhövel II | 2:11:51 | 1969 | 0:19:53 | 1:08:07 | 1:28:01 | 0:43:49 | |
| 22 | SV Blau Weiß Bochum II | Platzziffer: 294 | | | | | | | |
| 28 | 1.020 Proff Volker | SV Blau Weiß Bochum II | 2:00:27 | 1966 | 0:15:57 | 1:04:52 | 1:20:50 | 0:39:37 | |
| 75 | 1.017 Althaus Frank | SV Blau Weiß Bochum II | 2:15:27 | 1960 | 0:23:23 | 1:10:14 | 1:33:37 | 0:41:49 | |
| 87 | 1.019 Lange Rainer | SV Blau Weiß Bochum II | 2:21:22 | 1957 | 0:19:44 | 1:14:11 | 1:33:56 | 0:47:26 | |
| 23 | SV Hullern | Platzziffer: 337 | | | | | | | |
| 76 | 1.042 Lersch Wilfried | SV Hullern | 2:16:19 | 1961 | 0:20:46 | 1:13:37 | 1:34:23 | 0:41:55 | |
| 81 | 1.044 Wasseveld Jan | SV Hullern | 2:18:58 | 1983 | 0:19:58 | 1:08:04 | 1:28:02 | 0:50:56 | |
| 88 | 1.043 Rockahr Matthias | SV Hullern | 2:23:00 | 1961 | 0:23:52 | 1:13:25 | 1:37:17 | 0:45:42 | |
| 92 | 1.041 Eckhardt Rolf | SV Hullern | 2:35:20 | 1963 | 0:23:49 | 1:22:43 | 1:46:33 | 0:48:47 | |
| 24 | Bayer 05 Uerdingen IV | Platzziffer: 368 | | | | | | | |
| 74 | 1.005 Godoy Javier | Bayer 05 Uerdingen IV | 2:15:23 | 1961 | 0:18:06 | 1:10:19 | 1:28:25 | 0:46:57 | |
| 86 | 1.006 Wiegand Harald | Bayer 05 Uerdingen IV | 2:21:12 | 1964 | 0:20:38 | 1:15:10 | 1:35:49 | 0:45:23 | |
| 25 | SV Sterkrade Nord II | Platzziffer: 392 | | | | | | | |
| 80 | 1.049 Wischmann Frank | SV Sterkrade Nord II | 2:17:42 | 1963 | 0:20:49 | 1:10:39 | 1:31:29 | 0:46:13 | |
| 26 | TS79 Bergisch Gladbach | Platzziffer: 416 | | | | | | | |
| 0 | 0 | | | | | | | | 0 |

* = enthält 2 Minuten Zeitstrafe

timing & results: Frielingsdorf - Datenservice - <http://www.frielingsdorf-datenservice.d>